

**Issue 86 August September 2024** 

www.bridgemag.com.au

Pt. Leo, Red Hill, Shoreham, Somers and Tuerong



1<sup>st</sup> Balnarring Venturer Rylee diving with new friends in Fiji. More info and photos of what the Cubs, Scouts and Venturers have been enjoying on pages 36-39. *Photo supplied by Andrew Taylor*.

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**Gratitude to our fantastic co-GOLD SPONSORS!** 

### Hello Everyone!

Welcome to Issue 86 of your community magazine! Grab a steaming cuppa of your choice and settle in – there's a lot to read!

I've been enjoying some early budding on trees, daffodils popping up here and there and a few sunny windows on a grey day... spring is on its way!

Our thanks to everyone who has contributed to this issue, and to our wonderful sponsors, Coast Real Estate and our Balnarring and District Community Bank who cover all our website and printing costs, thus enabling all advertising to be FREE. A win-win, wouldn't you say?! ©

Here's something good to keep in mind: *Happiness is not born from what we receive, but from what we give.* (Master Taisen Deshimaru)

Have an abundant August and sparkling September!

Love, Jen and Ali xx

### **WILDLIFE RESCUE Contacts**

Koala rescue Jenny Bryant 0417 395 883
WHOMP (Wildlife Help On Mornington Peninsula) 0417 380 687
Klarissa Gaunaut 0488 494 667

#### **ACKNOWLEDGEMENT**

We would like to acknowledge the traditional owners of this land, the Boon Wurrung and Bunurong language groups of the Kulin Nation. We would like to pay our respects to their elders, past, present and future.

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The Bridge Magazine www.bridgemag.com.au

Email: <u>info@bridgemag.com.au</u> Address: PO Box 248 Balnarring VIC 3926

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Content:
Our wonderful community! You!

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## Happy Birthday!

### August

3rd Edie MacGowan
4th Angie Roach
9th Georgia Murphy
11th Tash Miller
13th Nathan Wainwright
16th Rupert Steiner
18th Steve Weller
20th Bernie Dobson
24th Kurtis Murphy
Zoe Robinson
27th Simone Fennell
30th Ava Cooke
30th Eva Haylock
30th Connie Smith
31st Jai Seales



To add a name to community birthdays, email info@bridgemag.com.au

### September

1st Amber Haslem 3rd Stuart Pryde 4th Monica Colic 8th Paul Saunders 9th Marty Williams 13th Peter Allsop; Richard Hepworth 20th Bree Lovell: Pedro Fortuyn 21st Kate Wilson; Anna Rose McLean 22nd Lincoln Dee-Bradbury; Minnie Trigger 23rd Josh Wharton 24th Sarah Park 26th Tricia Williams 28th Sarah D'Astoli 29th Shane Miller: Reade Smith: Melanie McLean 30th Pip Ransome

Aug Sept 2024 Inspirational Angel Cards for the Community:

Calm Contentment

How can you weave these into your day to support and empower you?

Who do you appreciate in our community and why?

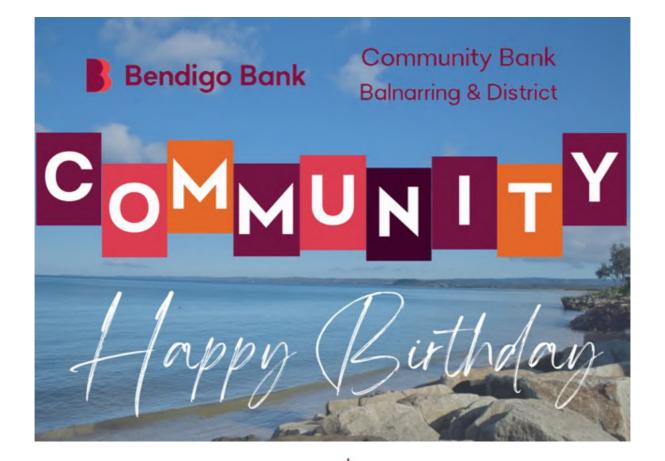
Email submissions of appreciation, & birthdays in our community, to:

info@bridgemag.com.au or

Post to: The Bridge, PO Box 248, Balnarring 3926

Would you like to receive a digital copy of The BRIDGE in your email inbox? Email info@bridgemag.com.au "subscribe" in the subject line.

Want to contribute to The Bridge? For deadline reminders, email info@bridgemag.com.au with "deadline reminders" in the subject line.



#### Hello!

To show our appreciation for the support you have given your community by banking with Community Bank Balnarring & District, we'd like to say thank you and send our warmest birthday wishes.

To celebrate have a coffee or shop at any one of our love local partners.

Tag us enjoying your birthday gift!
Facebook @communitybankbalnarringanddistrict
Instagram @communitybankbalnarring

\*Love Local Partners can be found on our website or look for the Love Local decal in our partners windows





Community Bank Balnarring & District

Community members celebrating a birthday can visit the Community Bank Balnarring & District branch (proof of D.O.B required) and our staff will present them with a birthday card. The birthday card includes a \$6 LoveLocal card which recipients can use at any participating business.

Terms, conditions and a list of participating businesses can be located on our webpage:

https://www.bendigobank.com.au/branch/vic/community-bank-balnarring-district/love-local/



### **BALNARRING TENNIS CLUB**

### FEEL LIKE A GOOD HIT OF SOCIAL TENNIS?

#### DO YOU HAVE A COUPLE OF HOURS SPARE

#### MONDAY, TUESDAY OR THURSDAY MORNINGS?

Our group of men and women enjoy playing doubles together every Monday and Thursday between 8.45am and approximately 11.30am. Players are of different levels but all sets are great fun and good exercise in a very friendly atmosphere.

Tuesday mornings ladies play from 9am to 11am and enjoy a coffee/tea together afterwards in the clubhouse.

Members pay \$2 each time you play to cover cost of balls and coffee/tea. Let your friends, family, neighbours know that if they are not members they can play social tennis at a casual cost of \$5 each time.

To parents of all junior club members we would love you to join the social tennis at the casual rate whenever you play.

You are most welcome to visit our social tennis to see how flexible and fun it is. Racquets are available to borrow if needed.

# LOOK FORWARD TO SEEING YOU SOON WE PLAY ALL YEAR ROUND



Contributor is Margaret Rees

0408 271 059

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# News from your elected advocate for Red Hill Ward, Cr. David Gill.

- We are a step closer to removing the constant changing of speed limits along Frankston Flinders Road with general acceptance of Council's position by the State Government Ministry of Transport.
   Hopefully we will also remove the unnecessary speed signs.
   The Merricks Beach Road intersection continues to cause much concern with a further request from the Merricks Beach Community Association to VicRoads for double lines along this section of Frankston-Flinders Road.
- With 40 koalas and many more kangaroos and other wildlife killed on our roads in the last 7 months we need an action plan to help prevent these incidents. Of course, these collisions are also very dangerous to occupants of vehicles.

VicRoads and MPs do not talk about wildlife and there is rarely money to address management issues.

Hotspots are well known and there are preventatives such as virtual "fences" reactive to headlights and providing passage under or over roads as used in other wildlife areas.



 Council Grants for Volunteer projects and services opened recently for the new budget year. Do you have any community capital infrastructure works in mind? This includes three grant streams available up to \$50,000. • Concerns have been raised about maintenance of the historic Foxey's Hangout on Balnarring Road and the state of the iconic heritage listed Chicory Kiln just off the Balnarring end of Stanleys Road. These projects were initiated by the Balnarring and District Historical Society. We are very lucky to have this dedicated group of volunteers to help preserve and value our Heritage and local history. This Historical Society retells our fascinating stories from first nations and colonel times through firsthand accounts. Don't miss reading local "snippets" lovingly published in this community magazine by Ilma Hackett. If you have an interest in helping in any way, please contact Ilma or myself.



This was sent as a recent suggestion to help protect our remnant indigenous roadside vegetation.

- Council is about to kick off the development of the Integrated Transport
  Updated Strategy (which will incorporate the Ride Safe Strategy) and as
  part of that we'll be reaching out to our cycling stakeholders to help
  inform the development of the Strategy.
  - If you are a cyclist or involved with a cycling group, please let me know so that Council can contact you for your valuable feedback.
- Concerns have been raised about house break-ins and theft from cars.
  In particular there has been a recent spate of sophisticated robberies in
  Balnarring Beach. Apparently, they are watching for people to leave and
  using a look out. Local police tell me that often houses and cars robbed
  have been left unlocked. Unfortunately, we should ensure that we take
  extra care.

Also, if possible, security alarms and CCTV should be considered.

- I have heard lots of discussion about the planter boxes in the walkway at the privately owned Balnarring Village Shopping Centre. Most people, though appreciating the seating, would like to see some shelves for the **Book Swap "Library".**
- The long talked about Mobile Library Bus is fitted out and ready; your feedback about the route and stops has been much appreciated.
- I am also interested in feedback about the potential use of **bollards** to protect people from cars parking close to outdoor spaces and seating near shops. Please let me know about any spots that concern you.

Please contact me about any local matters or concerns. david.gill@mornpen.vic.gov.au

Regards, David.





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Shirley Cameron – Founder

### **Western Port Uniting Church Parish**



(consisting of Balnarring, Crib Point and Hastings congregations)

### Service Locations and Times for August – September 2024

Balnarring - 10 Balnarring Beach Road, Balnarring	10.45 am
Crib Point - 382 Stony Point Road, Crib Point.	9.00 am
Hastings - Cnr Marine Parade and Hodgins Road, Hastings.	10.45 am

On the 29<sup>th</sup> September, a Parish Service will be held at the Hastings Uniting Church commencing at 10.45 am. This is the only service to be conducted in the Parish on this day.

A communion service is held on the first Sunday of both months at each church.

Use this Parish Zoom link <a href="https://zoom.us/j/6688830489">https://zoom.us/j/6688830489</a> to participate in the 10.45 am service.

If you wish to contact a Uniting Church or confirm our service arrangements, please phone a Parish Contact as listed below.

### **Parish Contacts**

Parish Minister:	Rev. Nigel McBrien	0456 298 267
Parish Chairperson:	Margaret Baker	0400 096 669
Parish Secretary:	Colin Watt	0427 379 815

### Parish Opportunity Shop - 149 Disney Street, Crib Point

Op Shop trading times:

Tuesday to Friday – 10.00 am to 3.30 pm. Saturday 9.30 am to 1.00 pm.

Volunteering opportunities exist for those wishing to contribute to a community group.

Please call in to obtain an Application Form.

Clean, presentable, and saleable donations are accepted during these hours - Thanks.

## On behalf of the Parish, a Community Encouragement Message Isiah Chapter 26 verse 4.

Trust in the Lord forever, for the Lord, the Lord himself, is the Rock eternal.

Crib Point Community House Presents

An Exhibition of Contemporary Art and Sculpture

**Opening Night Friday 23 August 2024** 

Time: 7pm to 9pm

\$15 - Admittance with Wine and Light Refreshments

Bookings Essential

Exhibition Dates 24 & 25 August 2024

Time: 10am to 4pm

\$5 - Admittance • Children Under 18 Free

Last Weekend in August

Contact Us

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Facebook and Instagram

7 Park Road, Crib Point, Vic. 3919





#### WE NEED TO BE BETTER

WE NEED TO BE BETTER

There are droughts and peril to plants, animals and the land.

WE NEED TO BE BETTER

Some need to heal.

Some need to help.

We all need healers to heal the wounds and scars we've inflicted.

WE NEED TO BE BETTER

Our future is pale.

So we link arms to heal the damage we gave.

WE NEED TO BE BETTER

To rebuild our Earth,

Our Planet,

Our Ecosystems,

Our Land.

WE NEED TO BE BETTER

To heal our forests and lakes.

We Protest.

Place Laws

And work together as much as we will.

We need to say YES.

YES to mend the scars and tears that we have inflicted.

YES to work together to mend the destruction.

WE NEED TO BE BETTER

This poem was written by Arthur Bicknell, age 11 from Red Hill Primary School, 2024

#### Acknowledgement from Arthur

Arthur wants his friend Charlie Eagle to be acknowledged as the editor, as he told Arthur to repeat the lines "We Need to be Better". They both go to the Red Hill Consolidated Primary school.

### Cafe Deja Vu at the Probus Club of Red Hill

Probus Clubs provide opportunities for seniors to meet new people and extend themselves through new interests. Come along to meet the members of the Red Hill Probus Club at their open day event 'Cafe Deja Vu'.

Enjoy a Devonshire tea and the smooth sounds of Deja Vu, two peninsula locals performing classic hits from the 60's, 70's and 80's.

After morning tea, the guest speaker is Andrea McCall, former Victorian MP, who will talk on "Shakespeare: fabulous or fake?" Andrea will examine the current thinking and challenge the traditional wisdom.



Where: Main Ridge Community Hall, 441 Main Creek Rd., Main Ridge When: Tuesday 22 October starting at 10.00 am and finishing at 12.00

noon

Cost: Free

Contact: Text Tom Jeavons on 0407 817 072 to secure your place



### **2024 SCHEDULE**

### YOGA WITH EUGENIE

SATURDAYS 9.00 - 10.30 AM TUESDAYS 9.00 - 11 AM

SUGGESTED DONATION \$20

MORE INFO: EUGENIE 0429 092 331

### **MEDITATION**

**MONDAYS 7.30 - 8.30 PM** 

MORE INFO: SIMON 0415 729 579

### SALSA DANCE

WEDNESDAYS SESSION 1: 6.30-7.30 PM WEDNESDAYS SESSION 2: 7.30-8.30 PM

SUGGESTED DONATION \$20

MORE INFO: SIMON 0415 729 579

### **AFRICAN PERCUSSION**

MONDAYS 6.30-7.30 PM THURSDAYS 5 -6 PM

### **ACTING FOR YOUTH**

8-12YOS SATURDAY 11AM-12NOON 13-18 YOS FRIDAY 4.30- 5.30PM

SUGGESTED DONATION \$20 MORE INFO: JO 0409976454

### THURSDAYS 5 -6 PM MORE INFO: PETER 0432 043 547

### **BUDDHIST MEDITATION**

**TUESDAYS 1.30-3PM** 

**GOLD COIN DONATION** 

MORE INFO: JUDITH 0408 632 714

### **BALNARRING PLAYGROUP**

**FRIDAYS** 

**asaltbush** 

MORE INFO: KIRSTEN 0421 564 439

# WOMEN'S MUSICAL JAM SATURDAYS (FORTNIGHTLY) 3PM-5PM

**FREE** 

MORE INFO: JACKIE 0480 173 357

### BALNARRING COMMUNITY HUB COMMITTEE

**COMMITTEE MEETING** 

**1ST TUESDAY MONTHLY 6PM-7.30PM** 

MORE INFO: BALNARRINGHUB@GMAIL.COM

## Music on the Hill turns ten

The peninsula hinterland community music event celebrates ten years in early September with two sold out Birthday Shows.

Music on the Hill (or MOTH) founder and curator Robin Griffiths has been bringing singer-songwriters and bands to listening audiences on the Mornington Peninsula since 2014.



"Red Hill local Anthony Egan and I plotted MOTH over coffees at a local café during the summer of 2014. Says Robin.

We sought to create a music event that we would want to attend on a Friday night. Where the music is the focus, and the audience respects the artists in a comfortable, intimate and respectful environment. Where you don't have to hang around waiting until 10.30pm for the headline act."



Robin now organises bookings, staging, production, and supervises volunteers and crew. His background in design and event production came in handy as he handles all promotions and marketing and even designs the gig posters.

"I'm often asked if I can play an instrument or sing – but I don't have a musical bone in my body – I've always been a music nerd and have been buying records and attending gigs on a regular basis for over 45 years."

The Red Hill Community Pavilion has been the venue for many shows over

the years. The local sports clubs were good enough to host the gigs and ran the bars with funds going back into the clubs and the community.

"We themed the room with drapes, lamps and candles so the atmosphere resembled a 60s or 70s folk joint or jazz club. We've also hosted MOTH events at wineries, halls and galleries in the area.

16



More recently The Shed Theatre at the Pig and Whistle in Main Ridge has been their home.

The monthly community music event regularly sells out its capacity of 100 patrons - plus volunteers, crew, and guests.

They have hosted over 110 shows to more than 11,000 ticketholders. 330 acts have graced the stage and over 120 local musicians have showcased their music as support spots. Music on the Hill has also been nominated twice for the Age/Music Victoria Awards for best small venue.

MOTH have attracted artists such as Archie Roach, Dyson Stringer Cloher, Dan Sultan, Ella Hooper, David Bridie, Gretta Ray, Steph Strings and Olympia.

"The popular soul and blues band 'The Teskey Brothers' played a memorable set at MOTH on a Friday night in 2017 and on the following Saturday they played at The Sidney Myer Music Bowl to a crowd of 14,000.

We've experienced many memorable nights at MOTH including when Archie Roach performed to an audience which included members of his family in the front row encouraging him to tell stories. Blues legend Chris Wilson played to a packed room (not long before he passed away) – he had everyone up dancing by the end of the night."



MOTH continues into its eleventh year with Georgia Moonie and band (All Our Exes Live in Texas) playing on Friday 4 October and Claire Anne Taylor and band (TAS) on Friday 1 November.

Bookings and more info at musiconthehill.com.au





17 June 2024 FOR IMMEDIATE RELEASE

### Fundraiser will help save native species

The Western Port Biosphere Foundation and Moonlit Sanctuary Wildlife Conservation Park are urging public support for a three-year joint project to ensure healthier and more resilient wildlife populations.

The two organisations aim to achieve this by building a network of naturelinks within the UNESCO Biosphere Reserve. These are corridors of native habitat, which provide safe pathways for native animals through and between significant remaining areas of native ecosystems. These corridors continue to build on the extensive work done by the Mornington Peninsula Koala Conservation group, the Mornington Peninsula, Western Port and Bass Coast Landcare Networks and other Landcare and Friends groups and local Councils whom we seek to collaborate with and support throughout this project.

Naturelinks help native flora and fauna to maintain more diverse and healthy gene pools and reduce the risk of animal injury and death from navigating human infrastructure and activities like roads.

The project will turn important genetic research on local koala populations conducted over the past year by the Biosphere Foundation's Kelly Smith, who will play an integral role in ensuring her findings translate into effective prioritisation and planning for the naturelink developments.

Western Port Biosphere CEO, Mel Barker, said the collaboration with Moonlit Sanctuary was an exciting new phase in the partnership, which began with contributions from the Biosphere Foundation to Moonlit Sanctuary's successful program to save the Orange Bellied Parrot.

"As science-based organisations, we are committed to ensuring our research translates into tangible outcomes for the maintenance of biodiversity and the restoration of healthy habitat and the populations of native animals it supports.

"While we have some core funding, public donations through our 'Join the Dots for Nature' campaign will enable us to construct a more extended network of naturelinks," she said.

Moonlit Sanctuary's Founder and Director, Michael Johnson, said the science and methods for saving species was well developed and being proven by projects already under way, such as the steady recovery of threatened Orange Bellied Parrot populations.

"This type of project requires long-term vision and commitment, including community support. This can be financial, but also take the form of informed selection of plants and habitat development in our own backyards.

"Everyone can own and contribute to naturelinks in their own way, which is what makes this a truly grass roots community effort," he said.

The Western Port Biosphere embraces the entire Mornington Peninsula and overlaps the cities of Frankston and Casey, the shires of Cardinia and Bass Coast, as well as the entire Western Port marine zone, including French Island, Phillip Island and internationally acclaimed Ramsar wetlands.

Ultimately, this and other partnerships with local Landcare Victoria divisions, aim to establish a naturelinks network connecting the entire Biosphere Reserve.

#### For more information:

Mel Barker CEO P: 0466 235 611

Western Port Biosphere Reserve E: ceo@biosphere.org.au

Foundation

Michael Johnson Director E: Michelle@moonlit-sanctuary.com

Moonlit Sanctuary

The Western Port Biosphere Reserve is one of 748 places in 134 countries recognised by the United Nations for the uniqueness and importance of its biodiversity. Biosphere reserves promote solutions to enable people to enjoy and live in harmony with the environment. They advocate for the protection of our most important environmental assets and for sustainable development through research, education, which informs discussion and solutions aligned with society's ability to cope with change. The UN Sustainable Development Goals (SDGs) now form a centrepiece of the advocacy and programs undertaken for the Western Port Biosphere Reserve. These programs include partnering with industry and government on projects to achieve better environmental outcomes while maintaining or improving their performance.

For more information: www.biosphere.org.au



### Somers Combined Probus Club

Somers Combined Probus Club has introduced a number of new activities – lunch after the general meeting and a regular monthly Happy Hour and a Half. Both have been well supported.

The idea behind these new activities, says new President Judy Alsop, is to get people to mix and hopefully help create new friendships.

The new activities coupled with a wide-ranging program of activities means the club is an ideal way to make new friends and integrate into the local community. The range of interests is wide and most people find at least one group that fits their interests.

Some of the more popular activities include: A book group, cycling, bridge, gardening, family history, singing, movies, outings and long trips. The club has a trip to Canberra booked for October which is already sold out and day outings includes such destinations as a Dandenong Market tour, Ballam Homestead in Frankston, Como House and the Queenscliff ferry and lunch.

Regular speakers are also one of the highlights of the club's meetings. Some of our recent speakers have included State MP Paul Mercurio, the chair of Wine Victoria, Geoff Bransbury on his motorcycle trip from Argentina to Los Angelis and Kelly Smith Mornington Peninsula Koala Conservation group.

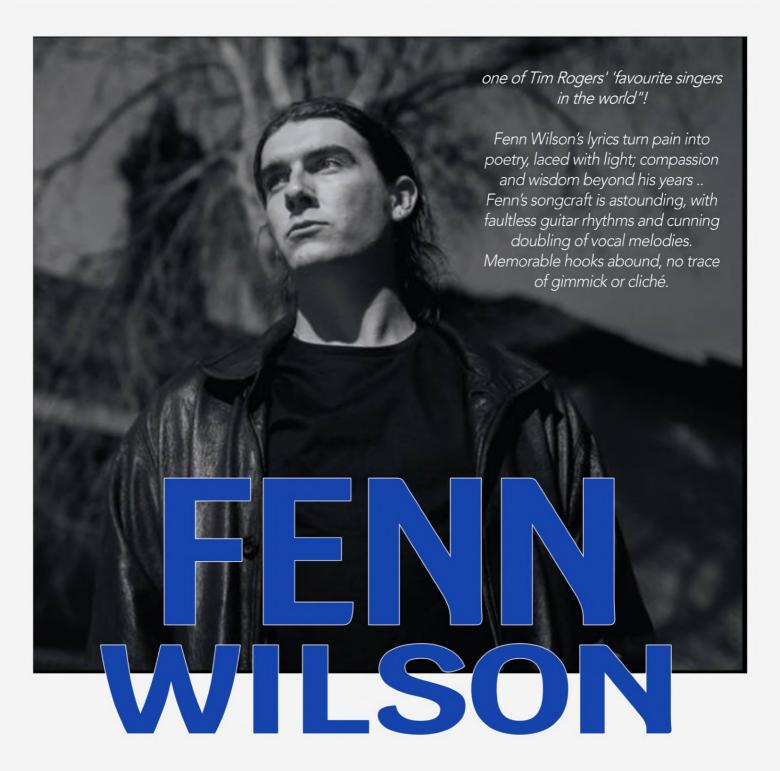
The club meets at Somers Yacht Club the second Friday each month at 10am. New members are always welcome and will find plenty of friendly faces.

For more information contact our membership secretary Pat Pringle on 0418 311 889 or the President Judy Alsop on 0418 313 099.



Members enjoying a recent Happy Hour and a Half.

# peninsula SongRiderS proudly presents

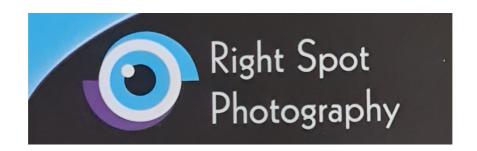


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### Hi there!

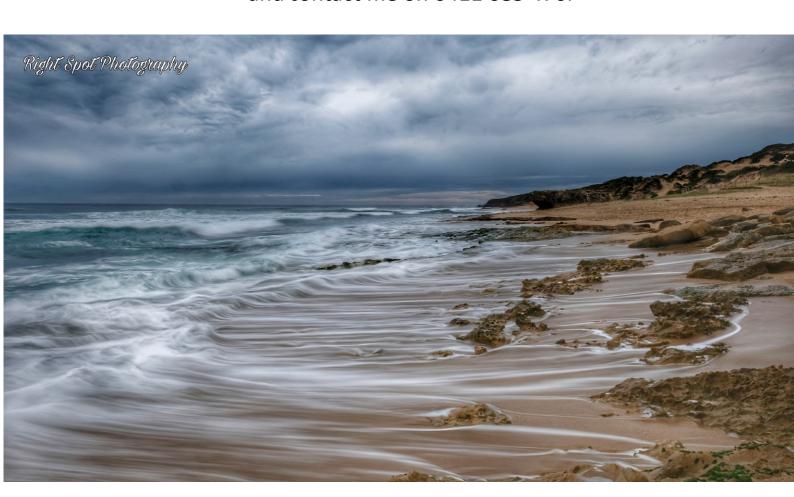
My name is José Zandveld.

I'm a local photographer sharing images of the area I grew up in, the beautiful Mornington Peninsula.

I am passionate about our amazing surroundings and enjoy capturing inspiring moments they produce.

I offer prints for sale as well as doing family and pet portraiture, small intimate weddings, sporting events and business photos for websites.

You can follow my pages on: Facebook or Instagram under Right Spot Photography and contact me on 0411 685 476.





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## LITERARY FESTIVAL 6-8 SEPTEMBER 2024

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Dvorak, Vivaldi, Caroline Shaw

# A musical mixture of old favourites and something new

Somers Chamber Music Society will present a mix of traditional and new at its concert on 27 October, 2.30pm, at Saint Marks Church, Balnarring.

The newly formed Atari Quartet will present a thrilling mix of works starting with a performance of Caroline Shaw's Blueprints, a new piece commissioned by the famous American Azuri string quartet.

This will be followed by two of Vivaldi's Seasons (Spring and Winter).

After an intermission, the Atari Quartet will complete the concert with the string quartet No. 14 by Dvorak.

The president of Somers Chamber Music Society, Dan Hourigan, said that the society was excited to have been able to engage Atari.

"The quartet is made up of very talented and rising young stars and I am sure that they all have big futures and will continue to grow in stature."

For more information contact the Society's Secretary Roger Price on 0403 592 195 or email rolyn42b@bigpond.com

# Local Kiln Firing Service Available

Phone Tanya 0408 540 785

### Attention Creative potters!

Bring in your creative clay pieces and we can fire them.

Available in Balnarring

Pottery/Kiln firing

General firings currently available-

Bisque 960 - 1000c (cone 06) Midfire Glaze firing 1220c (cone 06)

Our firing service is a pre-paid service, based on per kilo.

\*Stoneware glaze firing 1290c (cone09/10)
\*to follow shortly

For more details contact Tanya 0408 540 785

#### General Firings available:

Bisque firing  $960 - 1000^{\circ}C$  (Cone 06)

Earthenware Glaze firing 1090°C (Cone 03)

Midfire Glaze firing 1200°C (Cone 5)

Stoneware Glaze firing 1280°C (Cone 9/10)

### <u>Unsure about what type of firing you need?</u>

All types of clay go through a minimum of **TWO** firings.

### 1st Firing



Once your work is completely dry, bring it in for a BISQUE firing.

This is the first firing for all types of clay.

Bisque firings are designed to dry out and harden the clay to create an even surface for decorating and glazing.

You might see online that some artists only fire their work once. This is a very risky method that increases the chance of clay explosions, so we require all work to be fired twice in our service.

Once you have collected your work and decorated it with glazes or other materials, you are ready for the second firing.

This firing is designed to set the glazes and harden the clay to its most solid form.

For a second firing **YOU MUST** select the type of firing that matches the clay you used. Eg. If you used stoneware clay and glazes you select stoneware firing, if you used earthenware clay and glazes, you select earthenware firing.

This is very important, because if you put the wrong clay into the wrong firing temperature, it can melt damaging the kiln and other people's work. You will also be liable to pay for any damaged equipment.

# If you are not sure about what type of firing you need, please ask our staff in store.

Once you have submitted your form, you can come in store to drop off your work! You do not need to wait for an email confirmation from us.

Our firing service takes 7-14 days.

You will be sent an email when your pieces are available for pick-up. For daily kiln updates you can also follow our firing service @NPSkilns on Instagram.

Sunday August 4, 2024 11:00 am - 4:00 pm





### **FUNDRAISER TO SAVE HISTORIC FENTON HALL**

### Merricks North & Red Hill Mornington Peninsula

















https://www.instagram.com/friends\_of\_fenton\_hall/ https://www.facebook.com/fentonhallmerricksnorth/ fentonhallfriends@gmail.com



# Join us for an extraordinary cause!

Friends of Fenton Hall (FOFH) proudly presents our inaugural fundraising event, dedicated to the restoration of Fenton Hall in Merricks North.

Date: Sunday, August 4th, 2024

Time: 11:00 am - 4:00 pm

Event: Experience exclusive access to boutique estates for exquisite wine tastings in the picturesque locales of Merricks North and Red Hill.

Cost: Secure your spot with a \$50 per person ticket, encompassing tastings at 4 out of the 9 participating wineries listed below. Additionally, each person receives a delightful gift pack and other surprise gifts.

Participating Wineries:

- 1. AVANI WINERY
- 2. FENIAN WINES
- 3. MERRICKS CREEK WINERY
- 4. MERRICKS ESTATE
- 5. MONT ROUGE ESTATE
- 6. PARADIGM HILL
- 7. OUEALY WINEMAKERS
- 8. SCORPO VINEYARD AND WINES
- 9. STONIER WINES

For more details and to purchase tickets, visit

Facebook: <a href="https://www.facebook.com/fentonhallmerricksnorth">https://www.facebook.com/fentonhallmerricksnorth</a> Instagram: <a href="https://www.instagram.com/friends">https://www.instagram.com/friends</a> of fenton hall

Questions? Don't hesitate to reach out via email: fentonhallfriends@gmail.com

Come be a part of this wonderful endeavour and help us restore the charm of Fenton Hall!

FRIENDS OF FENTON HALL

San for Ticker BALNARRING PRESCHOOL TRIVIA NIGHT ( 31 AUGUST 2024 6.30PM -11.00PM IL PADRINO **Tanglewood Estate** CANAPÉS & WOOD DANCING 60 Bulldog Creek Rd, FIRED PIZZA MERRICKS NORTH For dietary requirements, reply to your ticket email. Drinks at bar prices. SILENT RAFFLE AUCTION **PRIZES** 

### **Balnarring Pre-School Report**

Well hasn't Winter set in in Balnarring! Kinder kids' (and grown-ups) gumboots, wet weather gear, beanies, gloves and resilience have been getting good wear on these cold but beautiful mornings on Balnarring Beach.

Over June and July, one of the kinder groups decided they wanted to immerse themselves in the 'Restaurant experience'. They set up a café outside and served each other all sorts of cuisines ranging from salad wraps to crumbed chicken and hand cut chips. Once they had learned the ins and outs of the hospitality industry, the parents were then invited and treated to a 'restaurant experience' being served on beautifully set tables. On the menu was egg and bacon muffins with all the extras and fancy lemon water followed by ice cream and sprinkles.





To celebrate the end of term, the

group were lucky enough to be treated to a hot lunch at The Heritage where the staff there were very generous with their service and the kids were extremely well mannered and respectful. Thank you to Paula at The Heritage for giving the kids this experience.

With winter, comes Mud Day. Mud Day was a great success

with *most* people having a great time getting mud where you didn't know you could get mud. Even though the repercussions of Mud Day involved me having to buy a new washing machine part... I'd do it all again tomorrow!

Finally, our major fundraiser for 2024 is just around the corner. A country Hoedown themed Trivia Night is in the works. Dust off those cowboy boots, hats and fringed denim, add a little Tay Tay glitter and get yourself a ticket for what is shaping up to be a great night! Be quick! This event WILL sell out.



Every year we rely on our incredible community and local businesses for donations to auction off on the night to raise money for Balnarring Kinder. We are so very grateful for this generosity and are so humbled by each and every donation. If you think you have the means to donate any goods or services for our silent or live auction, please contact me on 0431 331 182 or <a href="minnahaz@gmail.com">minnahaz@gmail.com</a>

Stay warm.

Minna Harrison, Historian – Balnarring Kinder Committee

## Somers Ladies Probus Club

Somers Ladies Probus Club welcomes ladies looking for interesting activities, outings, thought-provoking speakers and new friends to join us at our monthly meetings at the Stone Pavilion, Somers at 10 am on the first Friday of each month.

We are all looking forward to improving weather after what has seemed a particularly cold winter and as we slowly edge towards Spring, enjoying occasionally beautiful sunshine - between the wind and rain squalls. Blossom, daffodils, jonquils and hyacinths colour our gardens, providing a lift to our spirits.



Our July speaker was the delightful **Jackie** from Postie Fashions, who does such a marvellous job of showcasing and styling locally made, good quality fashions. The shopping was very enthusiastic.

Our Club hosts a variety of activities including Mah Jong, Canasta, Music, Walking, Knit and Natter, Fireside Films, a regular Happy Hour, a Lunch Group and a range of outings.

Contact Lis (0407 713 211) or June (5983 5321) for more information.

### BALNARRING MEN'S PROBUS CLUB

Our Club was founded in 1985 to provide opportunities for retired and semi-retired local men to engage in a variety of activities in a congenial environment which encourages fellowship and fun. We currently have 60 members with ages ranging from 65 to 97.

We meet at the **Balnarring Bowls & Social Club** on the last Friday of each month, except December, commencing at 10:00 am. Our regular features include photographic exhibitions, morning tea and guest speakers who are invariably a source of information and entertainment. Meetings will usually be followed by a light lunch at the club.

The Club also hosts a variety of activities including a book group, bridge, wine appreciation, photography, gardening, cycling, outings and dine-outs.

Our Gardening Group recently visited the Merricks Nursery followed by lunch at the Merricks Store.





Our speaker for the August 30th meeting will be Mark Hopkinson who will speak on the Australian Mining Industry. Our speaker for the September 27<sup>th</sup> meeting will be Ray Beagley who will talk about Marine Engineering.

As this September 27<sup>th</sup> meeting falls on the AFL Grand Final Eve we invite all our members to wear their footy colours of any code. As usual our morning tea will have a "footy" flavour.

New members are always welcomed. For further information please contact our President **Dennis Paskins** on 0409 480 306 or check out our website by typing "Balnarring Men's Probus" into your web browser.



### **Balnarring CFA News**



### **ONLY WORKING SMOKE ALARMS SAVE LIVES**

### Pretty simple really!



When you're asleep you lose your sense of smell. A working smoke alarm will alert you if there is smoke from a fire. A small fire can grow to involve an entire room in two to three minutes. A working smoke alarm provides early warning and time to escape safely.

Have you tested your alarm recently?

If you, or anyone you know, needs a hand in testing your smoke alarm, please call your local CFA Brigade for assistance.

### A Big Thanks

We acknowledge our generous community for supporting us with your donations during our annual appeal. Without the ongoing support we receive, we wouldn't be able to provide the highest level of service. **Thank-you!!** 



#### **Turn-Outs**

18 Mar	Fire/Smoke: Bittern Railway Station (assist Bittern).
11 May	<b>Car Crash</b> : Frankston-Flinders Rds, Balnarring (assisted by Bittern & Dromana Rescue).
12 May	Fire: Frankaton Flindara Dda (againted by Dad Hill 9

13 May **Fire**: Frankston-Flinders Rds (assisted by Red Hill & Shoreham).

Fire: Balnarring Beach Rd (assisted by Somers). 13 May

14 May **Alarm**: Balnarring Rd, Balnarring (assisted by Bittern).

18 May **Fire**: Boundary Rd, Dromana St (assist Red Hill).

Alarm: Balnarring Rd, Balnarring (assisted by Bittern & 26 May Somers).

6 Jun Fire: Balnarring Beach Rd, Balnarring (assisted by Somers & Bittern).

8 Jun Car Crash: Frankston-Flinders Rds, Merricks North (assisted by Red Hill & Dromana Rescue).

11 Jul **Alarm**: Bittern-Dromana Rds, Merricks North (assisted by Bittern & Red Hill).

Alarm: Balnarring, Balnarring (assisted by Bittern). 11 Jul

#### **More Volunteers Wanted**

If you're interested in helping the community, please feel free to give us a call or pop into the station at our regular training times to see what we do.

Training: 2<sup>nd</sup> & 4<sup>th</sup> Monday 7:30pm-9:30pm & Sunday 10am - 12pm.

Byron SEDGWICK

M: 0419 313 413

E: byron@ianreid.com.au

Lieutenant – Balnarring CFA

Community Engagement Officer

Station Ph No: 5983 5379



## 1<sup>St</sup> Balnarring Cubs (aged 8-13)









Top Left: Climbing

Top Right: Cubs, on a local navigation exercise,

drop in on our friends at Heritage. Above: At the skatepark, skating and

scooters.

Left: Practising to be builders.

Photos supplied by Andrew Taylor.

Photos of 1<sup>st</sup> Balnarring Scouts and Venturers on the following pages.

### 1st Balnarring

It's been a sensational first half-year for Balnarring Scouts. Some highlights ...

Our Venturers (aged 15-17) enjoyed the two-week Venture in January with 1000 others from around Australia. Rylee opted for the SCUBA camp in Fiji while Will, Brodie and Max did an intensive MasterChef "camp" (based at a school with industrial kitchens).

Later, Rylee and Brett enjoyed and learned lots at a Scouting leadership weekend. They claim to be better people now.

Our Scouts (11-14) have completed their canoeing qualifications, had a caving weekend with expert guides under the lava flows of Budj Bim in western Victoria, camped, hiked, and done lots more outdoors. They've also enjoyed fun indoor stuff like a night of serious pizza competition. And outings to a Sikh temple and Melbourne Gang Show.

Our Cubs (8-10) have also been busy with outdoor programs including camping, plus lots of creative stuff. A highlight has been the range of young-led programs where Cubs fashion a night based on their personal skills and interests.

A highlight in January is the 25th Australian Jamboree in Queensland. 1st Balnarring is sending 16 Scouts and Venturers, and a Leader. Look for us fundraising at Heritage each Sunday afternoon!

We welcome visitors who'd like to check out Cubs, Scouts or Venturers. Email our Group Leader, Tom, at gl.1stbalnarring@scoutsvictoria.com.au to set a date and time.

We're also very keen to open a Joey Scout (aged 5-7) program. There is no shortage local young people who'd like to join, and there is plenty of support. But we need a couple of parents who are prepared to lead this Unit, at least for 12 months. Like to find out more? gl.1stbalnarring@scoutsvictoria.com.au

 1st Balnarring meets weekly in school term at St Mark's, Balnarring, on the traditional lands of the Bunurong people.

### 1st Balnarring Scouts (aged 11-14)





Above: 1st Balnarring Scouts caving at Budj Bim in western Victoria



Left: Green Ride: 1<sup>st</sup> Balnarring Scouts enjoy the carnival at their March camp.

Right: Pennant: 1<sup>st</sup> Balnarring Scouts were pennant winners At their March camp.



Photos supplied by Andrew Taylor.

### 1<sup>st</sup> Balnarring Venturers (aged 15-17)



1st Balnarring VENTURER Rylee (in red) parties with new Scouting friends in Fiji after a day's diving.

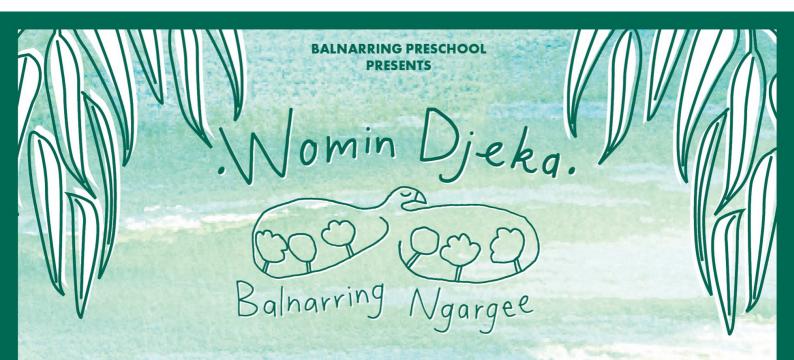
Diving: 1st Balnarring Venturer Rylee diving with new friends in Fiji



Shopping: 1st Balnarring Venturers Will, Brodie and Max go shopping with the Chief Commissioner of Scouts Australia, Brendan Watson OAM

Food: 1st Balnarring Venturers Will, Max and Brodie with some of the banquet they helped make.





### SATURDAY 1ST MARCH, 2025

**EMU PLAINS RESERVE, COOLART ROAD BALNARRING** 



### **COMMUNITY FESTIVAL**

HONORING AND CELEBRATING FIRST PEOPLES CULTURES

ENTERTAINMENT • FOOD STALLS • CRAFT STALLS
CULTURAL WORKSHOPS • CHILDREN'S ACTIVITIES

SO... RRE YOU COMING?

We acknowledge Boon Wurrung peoples as the traditional custodians of the land on which the festival is being held and recognise the continuous relationships they have with the land, waterways, sky, creatures and plants. We recognise the strength of First Peoples in maintaining their cultures over thousands of years.

We pay our respects to Elders: past and present. We welcome and acknowledge all First Peoples from across Australia.

Please contact us if you require any support to access the festival.

FOR MORE DETAILS CONTACT:

womindjeka.balnarring.ngargee@gmail.com

f facebook.com/Bundjil2018

instagram.com/womindjekabalnarring





### Womin Djeka Balnarring Ngargee will be held on Saturday the 1st of March 2025!

SAVE the DATE! We are thrilled to announce that the 8<sup>th</sup> Womin Djeka Balnarring Ngargee will be held on the 1<sup>st</sup> of March, 2025! The Ngargee planning committee returned to our first meeting, after a few months of rest, more enthusiastic than ever to curate this fantastic day of celebration and connection to Balnarring. Join us again as we gather together to celebrate and learn with and from First Peoples



under the Stringybark gums at Emu Plains Reserve on Boon Wurrung Country.

We are thrilled that the 2024 festival was a resounding success. You may have seen that there have been several music festivals cancelled recently due to spiralling costs and the cost of living crisis. We were worried that the Womin Djeka Balnarring Ngargee may have ended too, however we were all over joyed at the way our community rallied to support us and



we were incredibly appreciative that it was fully funded with a mixture of grants, donations from local businesses and the incredible generosity of our community



members. Thanks to you, the festival was able to proceed and WE ARE

BACK, energised and ready to do it again!!



So, are you coming?



The Ngargee planning committee are excited to curate another festival where the community can gather to share, begin conversations and walk with First Peoples. We stay committed to the original vision of the festival to

- Honour and celebrate First Peoples cultures
- Involve the whole community caring for and learning with Country
- Demonstrate a commitment to reconciliation



This event is presented by Balnarring Preschool and is committed to creating learning opportunities for children and their families and building connections with the community and First Peoples. This is a non-profit event, run by volunteers where entry is by donation. We are in the midst of applying for grants and seeking sponsors for 2025. If you are in a position to sponsor the

festival, or have skills with grant applications, please **contact us** at: womindjeka.balnarring.ngargee@gmail.com.

Are you a First Peoples' run business or artist and you want to be involved in 2025? Please get in touch with us at <a href="womindjeka.balnarring.ngargee@gmail.com">womindjeka.balnarring.ngargee@gmail.com</a>.

The Mornington Peninsula Shire Council is seeking feedback on their Reconciliation Action Plan. Let them know that reconciliation is important to you, give your feedback and add suggestions here: <a href="https://shape.mornpen.vic.gov.au/draft-rap-24">https://shape.mornpen.vic.gov.au/draft-rap-24</a>.



Happy NAIDOC week all! This year's theme was Keep the Fire Burning! Blak, Loud and Proud. So many great events locally and around Naarm (Melbourne). Hopefully you got involved and celebrated First Peoples' Cultures. If you want to learn more have a look at NITV here: <u>Celebrating NAIDOC week | SBS NITV</u>.

# MEDITATION and MINDFULNESS at BALNARRING

### A WEEKLY GROUP

Offered by Jacqui Winstanley who has over 30 years of experience practising and teaching buddhist methods for wellbeing. An opportunity to learn and practice with others, to make friendships as we meditate together

Suitable for beginners and experienced meditators.

Meditation and mindfulness have been proven beneficial for health of mind and body, memory, focus, sleep, calmness and creativity, and for exploring your own exciting inner journey.

### ALL WELCOME.

Tuesday during school terms at 1.30 - 3.00pm Balnarring Hall (Rear Room), 3035 Frankston Flinders Rd, Balnarring VIC 3926



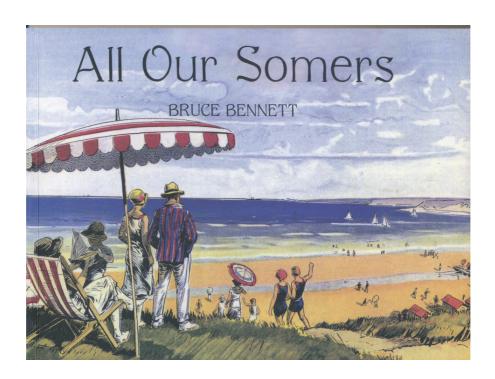
Gold coin donation.

To register your interest email buddhatalk9@gmail.com

buddhatalk.com.au offers a clear, concise overview of the Buddha's teachings.

With Thanls to the Balnarring Community Hub Team for their support. Photo- Elaine Larsonn

### AGAIN AVAILABLE



at: Community Bank, Balnarring, Balnarring Newsagency.

Somers General Friends of Coolart shop, (Coolart, Somers)

Petersen's Bookshop Hastings;

Peninsula Mapping (19 Star Point Place, Hastings)

Balnarring Historical Society (ph. 5983 5326)

\$20

Bruce Bennett's well-researched and very readable history of the coastal village of Somers introduces you to the events, influences and, above all the people, who shaped this unique community.

reprint sponsored by

Community Bank Balnarring & District



published by



### **HISTORY THROWN AWAY**

"Robbie" Roberts worked for many years as the manager of Coolart for Tom Luxton, then after Tom's death, for his daughter, Margaret Roffey. When Coolart was bought by the Victorian government he stayed on as caretaker/advisor for a number of years. Robbie had many, many stories about the property and its history. The following is one he related.

"In the paddock near the big well there used to be parts of a shipwreck from a Norwegian sailing ship that broke up at Palmer's Bluff at Balnarring Beach sometime between the 1840s to 1850s. Remnants of 'The Barque' as it was known, were visible near the Bluff. In the early 1900s a reporter from 'The Age' newspaper came to Coolart to write up a story about Grimwade's country property. Grimwade was a wealthy, well-known public figure who bred racehorses at Coolart. He told the reporter about the wreck and the reporter mentioned it in his article.

There uses to be a capstan here and depth markers. During one 'cleanup' a scrap metal man came and bought up some of the stuff. I remember there used to be part of the wooden decking rail from the old barque too. A lot of dole workers used to come to work in groups. Some of them were clearing and they got rid of stuff without knowing what it was they were throwing out. A lot of history probably got thrown away."

The interview that Robbie referred to was given on 21 April, 1904 and was for the magazine "Punch', not 'The Age' It was one of a series of articles, the theme of which was 'Victorian Representatives' at home. The journalist, who wrote as "Lauderdale", spent the day with the Honourable F.S. Grimwade at his country residence, 'Coolart', detailing the property and lifestyle for the magazine's readers. Lauderdale wrote ...to the right of us was Palmer's hill close to which lies the remains of a wreck of a Norwegian barque which went ashore some forty years ago.

During the 1990s a section of wood, the remnants of an old ship, was uncovered near Palmer's hill, retrieved and given to the Historical Society. It was thought to be another remnant from the barque. It lay in the front yard of the home of the society's secretary until her death. From there it . . . disappeared. Another piece of history thrown away?

### open path meditation



Open Path is run by Bill Genat and Kathryn Shain. We offer meditation and Dharma teaching sessions, workshops and retreats from our unique teaching space located within Shoreham's beautiful natural bushland and beach setting.

### The following sessions are offered through June 2024:

• **Peaceful Living in a Chaotic World** - a two-hour session, twice-a-month, on a Saturday morning:

These sessions explore practices that enable us to live a more easeful life in the midst of the seeming chaos of the surrounding world. Using very gentle meditative movements (mostly done lying on the floor), with practice, a deeper sense of inner calm becomes readily available. These sessions include other meditative and contemplative practices and, collaborative learning through shared experience and discussion.

• **Finding Sanctuary in the Natural State** - one and two-day retreats monthly on a Saturday and/or Sunday:

These retreats provide time for a deeper exploration of cultivating refuge/sanctuary in daily life. We explore specific practices for enhancing our interconnectedness, interbeing and alignment with the natural world. Gentle movement work, calm abiding practice and contemplative walking practice are explored alongside other complementary teachings from the Buddhist tradition.

• Cultivating Naturalness - a nine-day residential retreat in Shoreham: Saturday May 11 to Sunday May 19, 2024.

Details of all the workshops and retreats, along with further details about Open Path, can be found at: <a href="www.openpathmeditation.com.au">www.openpathmeditation.com.au</a>
email: <a href="contact@openpathmeditation.com.au">contact@openpathmeditation.com.au</a>

# Give your teenager confidence through Martial Arts





### Friends of Woolleys Beach

### Join us!

Why? The Crib Point Stony Point Foreshore Reserve is one of the few remaining places along the Western Port coastline that has many species of plants, birds and animals. It is a significar area within the **Western Port Biosphere** and thus has global importance for the conservation of nature under the RAMSAR wetland convention and for developing the science of sustainable land use under the UNESCO man and biosphere program.

<u>Unfortunately many of the plant communities of the reserve are under threat from weeds,</u> which left unchecked can replace these important ecosystems.

Where? Woolleys Beach North carpark near Crib Point jetty (Just a short walk opposite the Victorian Maritime Centre at 220 The Esplanade, Crib Point).

When? First Sunday of the month from 9:00am – 11:00am.

How? We will target Bluebell creeper found in a specific area of the foreshore reserve. This will be done by hand weeding young plants and cutting larger ones with loppers. Bring your own safety glasses and gardening gloves.

Tools and Hi-Viz vests provided. Sign In and Acknowledge Job Safety required.

Register: <u>ranger@cribpointstonypointforeshore.com.au</u> Further info: <u>https://cribpointstonypointforeshore.com.au/</u>

### THANK YOU!



### Crib Point Action Group Inc.

Seeking to advance the social, environmental and economic interests of the Crib Point Community

CPAG is a group of local volunteers that started in 2006 with a focus to work with the community to address issues and build on their vision for the future of Crib Point.

Initially - Worked tirelessly over 6 years to stop the construction of the Boral Bitumen Transport and Storage Facility on the foreshore near Crib Point Jetty – organising community protests, writing submissions, attending and presenting at Planning Panel hearings. Boral eventually shelved plans for the development at Crib Point.

Since that time members of CPAG have:

- Completed a series of plaques recognising the contribution of prominent families in Crib Point. These are on display opposite Café 202
- Made submissions representing the community to Mornington Peninsula Shire Council on the Crib Point Township Plan
- Made submissions on behalf of the community expressing our views on the Coastal Villages and Neighbourhoods Strategy
- Worked with the community of Crib Point and the Mornington Peninsula in the fight against AGL's proposed gas import jetty and pipeline project
- Commissioned local artist Philip Philippou to take on the project of the murals at Crib Point Cellars and amenities area in Arthur Petersen Reserve
- Liaised with MP Shire to undertake refurbishment of the streetscape in front of the Australia Post office and Café 202 on Stony Point Road
- Made submissions to MP Shire, local members of parliament and VicRoads to improve road safety seeking the installation of new traffic lights at the intersection of Disney Street and Stony Point Road in Crib Point

As with all volunteer committees, we are always looking for people willing to put in some time to help their community. If you are interested, please contact us.

We meet on the first Wednesday of every second month at 7:00pm at Crib Point Community House – located at 7 Park Road, Crib Point. Upcoming meetings will be held on 3 April 2024 and 5 June 2024.

Contact Cecelia Witton at info@cribpointonline.org

Please scan this QR code to fill in the 2024 Crib Point Community Survey or visit <a href="https://www.cribpointonline.org/">www.cribpointonline.org/</a>





### Paul's Art and Frame

... closed on 28<sup>th</sup> September 2023. But hold those tears!

Paul has re-opened in Hastings...

at 19 Star Point Place on Frankston-Flinders Rd Hastings

Telephone: 0439 718 281

So, you can continue to get all your art and crafts materials, custom framing and laminating, precut frames, maps (overseas and Hema), paper carry bags, candles, cards, and other treasures from Paul - Easy!!

### THE COAST

### AFFINITY SERVICE TRUST

Fundamental values embedded in everything we do.

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We warmly welcome the opportunity to be that partner, bringing you the insider's know-how, The Coast Advantage.

thecoast.com.au • 5983 1980 Property Sales & Management

### Pilates Matwork Lomi Lomi Hawaiian Massage One-to-One Postural Pilates Stretch and Release Class

### with Neil Adams

Pilates Matwork: Small group classes to improve core strength, coordination, and flexibility

Lomi Lomi Hawaiian Massage: Relaxation, rejuvenation and healing through the experience of Lomi Lomi Hawaiian massage

One-to-One Postural Pilates: based on Pilates principles and designed to address specific postural concerns of individual clients

Stretch and Release class: A 45-minute session of gentle stretching to limber and relax your entire body

Please call Neil on 0418 638 589 for class times and more information

@Warrawee Wholistic87 Warrawee Rd. Balnarring, Vicwww.warraweewholistic.com

Community Bank · Balnarring & District

# Better banking. Big impact.

It's a win-win when you bank with us.





# Crib Point Community Market

August 10 \* September 14 \* October 12 9am to 1pm

Lots of Stalls Inside and Out Handmade Goods, Up-Cycled Items, Plants, Gifts,

Community Stalls,

Coffee Van, Devonshire

Tea & BBQ,

Cribby Koala Treasure

Hunt and much more....

Inside and Outside Stalls
Available
Stall Fees Paid on the Day

7 Park Rd Crib Point, 3919 Ph:(03)5983 9888

Email: market@cpch.org.au

Website: www.cpch.org.au ///





### **NEWSLETTER - August 2024**



Don't let the chilly weather put you off coming to the Crib Point

Community House, it's always warm and toasty inside and the water is always on
the boil ready for a cuppa and someone's always there to have a chat with.



Last term we had 2 great trips. We sailed across the bay to Queenscliff and did some sightseeing to Point Lonsdale and Barwon Heads with lunch at Rip View Bistro. We also did a bit of retail therapy in Queenscliff before returning via the ferry. The weather was perfect. Our other trip was to San Remo doing all the Op shops on the way down and some on the way home. We lunched at the Westernport

Hotel and visited Bassine Cheese on the way home.

This term our trips are to the **Tulip Festival** and the **Op shop trip** is to Seaford and Carrum downs and lunch at the Seaford RSL. If you are interested, give us a call, you might be lucky to get a seat on the bus.

It's not too late to book in for the **First Aid** courses on 17<sup>th</sup> August and 6<sup>th</sup> September. Book online at <a href="https://ioet.com.au/courses-list/">https://ioet.com.au/courses-list/</a> but don't leave it too late. If you missed the **Carer's Info session**, there will be another one on Tuesday 29<sup>th</sup> October.

We had great fun at the July market with a Beanie Parade, some of which will be donated to Mums Supporting Families in Need. The August market will be our **Father's Day market**. There's a raffle to win Dad a Footy Knee Rug in the AFL team of your choosing. Of course, there'll be the Cribby Koala Treasure Hunt and a FREE raffle for the kids to win a present for Dad too.



The August Art Attack exhibition. Opening night on Friday 23<sup>rd</sup> 7 – 9pm \$15pp (Bookings and payment are essential) Exhibition, Saturday 24<sup>th</sup> and Sunday 25<sup>th</sup> August, 10am to 4pm, \$5 admission, under 18s FREE. If you would like to enter your painting or sculpture, go to the website, <a href="https://augustartattack.com/">https://augustartattack.com/</a> Entries close on Monday 12<sup>th</sup> August.



One good thing about Winter?



It's officially Hot Chocolate's time to shine!

### **Combined Probus Club of Balnarring**

Our Club welcomes couples and singles to enjoy the friendship and fellowship of like-minded people.

We meet at the Balnarring Hall on the third Friday of each month at 10.00am. Our meetings consist of a brief coverage of the business of the previous meeting, morning tea, then a Speaker or other organised activity.

We organise day trips and a four-day Spring and Autumn trip. Our interest groups include Theatre Lovers, Book Club, Singing for Fun, Gardening, Cards: Hand & Foot, and "500", Scrabble, Walking, Dine Out, Cinema, Movie discussion group, Camera Crew, Backgammon, Bocce, Carpet Bowls, and a Book Exchange.

Membership Enquiries to: balnarringcomprobus@gmail.com



### SWEETLEAF BOTANICAL

### Farmgate Herb Shop

open 7 days 9.00 - 5.00

Come in to browse!



Herbal Tinctures, Teas, Organic Skincare products
Flower essences, Plants
Moonbird Vintage Jewellery

### **WARRAWEE**

87 Warrawee Rd. Balnarring Contact Jane 0411399212

sweetleafbotanical.com.au warraweewholistic.com



87 Warrawee Rd Balnarring

www.warraweewholistic.com





Kayley provides a thorough and gentle treatment. Treating everything from a nail trim to postural issues.

20% OFF for August and September, when you mention this ad.

Book online at www.balnarringpodiatry.com.au or call 0438 174 179



Erika has over 16 years experience as a massage therapist and carefully tailors each treatment to reduce chronic pain and improve mobility.

She specialises in:

- Seniors massage
- Remedial massage
- Reiki
- Relaxation/therapeutic massage

\$20 OFF initial 60 or 90 min appointment!
For August and September

Book online at www.easeretreat.com or call 0417 533 064



### Jane McDonell Natural Therapist

- Pranic Healing
- Herbal Medicine Consults and Workshops
- Lomi Lomi Massage
- Tai Chi Classes

For bookings contact Jane on 0411 399 212



**Neil Adams** has over 40 years experience working practically and creatively with various forms of human movement and physiology.

- Small Pilates Matwork classes,
- One-to-One Postural Pilates,
- Whole Body Stretch classes
- Lomi Lomi Hawaiian Massage.

Contact: 0418638589 / neiladams0@gmail.com



**Elizabeth Brew** provides a personalised, wholistic approach to treat the cause of pain, not just the symptoms. She is particularly experienced with older clients.

**Karen Buckingham** uses subtle touch and movement supporting the body's natural process of change and repair. She is particularly talented at working with babies, toddlers, children and women (pre and post pregnancy).

Book online at www.thepeninsulaosteopath.com or call 0483 812 165

### **BALNARRING BOOMERANG BAGS**

Our Boomerang Bag group has been meeting together and sewing bags since 2017. Since then, we've sewn over 7 000 bags for shoppers and dozens of headphone bags, chair bags, BEAT bags and costumes for Balnarring Primary School.

The school were very generous in allowing us to work out of 'The Shack' (a freestanding portable building in the school grounds).

You may be familiar with our Boomerang Bag stand in Ritchies IGA. You may even own a Boomerang Bag or two yourself. You may ask 'Are they still sewing bags?'

YES!!!! We are still sewing bags from recycled fabric received from St Marks Op Shop and general donations.

Now that the state government has banned single-use plastic bags, you may be wondering *why* we continue to sew bags.

### A few reasons.....

- 1. People still forget to take a bag into the supermarket (though they don't forget their wallet or their phone).
- 2. Fabric bags are so much stronger than the brown paper bags that have replaced the plastic bags.
- 3. Fabric bags assist in keeping unwanted fabric from ending up in landfill.
- 4. Fabric bags look FABULOUS!!!!
- 5. The sewing of these bags has helped strengthen community ties with Balnarring PS.
- 6. Sewing sessions have introduced and fostered many new friendships.
- 7. Boomerang Bags is part of a huge global initiative raising awareness of the plastic problem.
- 8. Balnarring Boomerang Bags has made donations to a number of local charities and organisations eg.
  - -Willum Warrain
  - Sikh Volunteers Kitchen
  - Jenny Bryant's animal shelter
  - Balnarring Primary School

Our two main outlets are Ritchies IGA and the Tulum Store.

We are always looking for new volunteers who would like to sew bags (machines provided), cut fabric, iron or simply meet for a chat and a cuppa.

Join our group of about 6-8 regular sewers and meet in The Shack at Balnarring Primary School on Thursdays from about 1:30pm (finishing in time for school pick-up).

Or... you may prefer to pick up some pre-cut kits and sew in the comfort of your own home.

(Balnarring Boomerang Bags will also pay for your sewing machine to be serviced by the wonderful Rick Wise.)

Marnee and Cheryl

balnarringboomerangbags@gmail.com

https://facebook.com/groups/BoomerangBagsBalnarring/





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### Have you visited the friendly Op.Shop in Crib Point?





### Open 9am-4pm Weekdays

Willum Warrain is a 100% Aboriginal community-owned bush nursery specialising in local indigenous plants from the Mornington Peninsula. Many of the plants we sell have cultural uses and meanings for Aboriginal peoples in South East Australia.

We are the only Aboriginal-run nursery retail and wholesale nursery south of Melbourne open to the public. We are very keen to take on larger orders (with warning) from businesses and agencies seeking to achieve Reconciliation Action Plan goals and meet procurement targets.

We really appreciate the support of friends, allies and corporate clients who have been so keen to support our local Aboriginal mob developing this important social enterprise, creating employment opportunities for our Aboriginal community.

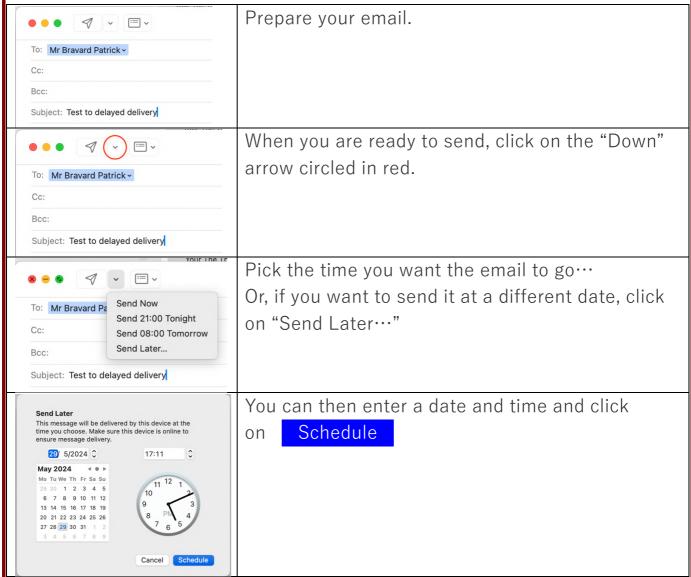
You can drop in weekdays throughout the school term and purchase plants. – we are currently growing over 100 species. Please see our exciting range of top 5 Deadly Plants (murnong, lomandra, chocolate lily, appleberry, karkalla) and our top 5 wetland and top 5 bush flower selections.

Thank you for supporting our efforts to heal country. For more information, please visit -

### Pat The Mac: Delayed emails

One of the new additions of Apple Mail version 16 is the possibility to delay sending emails.

Why would you do that? One reason could be that you have friends OS in a different time zone, and you would like them to receive the mail in the morning and not during the night. Another example is to ensure that mail arrives at the opening of business. Here is how to do it:



When you have finished with your selection, click on the Send arrow. Make sure that your computer is on or asleep when the expected send time is reached.

If you need further help, contact me using the details below.

Pat The Mac on 0419 330 497 or by email via pat@patthemac.com



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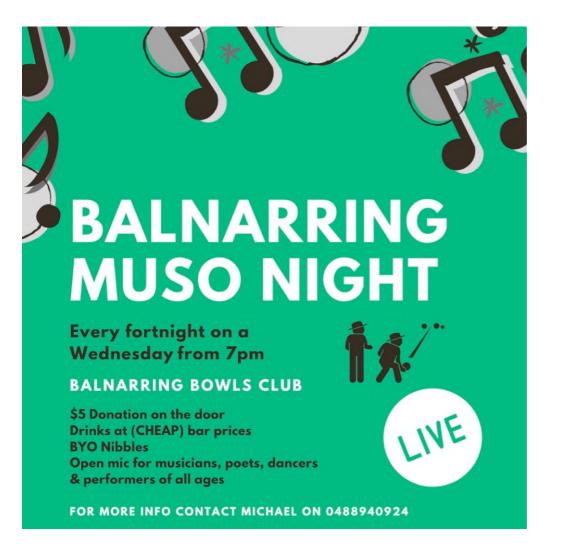
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For Muso Night dates over Aug and Sept,

please check out:

**Balnarring Muso Night** 

on Facebook.

Hint: it's the same week as recycle bin week in Balnarring

### Working Bee at Balnarring Beach: All Welcome!

A dedicated group of Balnarring Beach ratepayers and members of the Foreshore Committee are inviting anyone with a heart for the environment to take part in our monthly working bee.

Our hard-working group meets at 10 am on the <u>last Sunday</u> of the month (excepting December and January) at the rotunda next to the beach store at Balnarring Beach.

Our next 2 working bees are on:

Sunday August 25<sup>th</sup> and Sunday September 29<sup>th</sup> at 10am at the rotunda. We usually work till 12 noon and enjoy a free cup of coffee or a drink afterwards at the Balnarring Beach shop, 'Tulum Store'.

It is always a great opportunity to have a chat.

Paul, our Ranger always has some important work for us to do, be that weeding or planting freshly cleared terrain with new plants. Some of these plants are propagated and raised over many months in our nursery.

If you can make it, please bring gloves and wear sturdy footwear.

We hope to see many of you there.

Cheerio and many thanks to all who attend.

Rupert Steiner, for the Balnarring Beach Foreshore Committee working bee.





#### **CONTRIBUTING TO THE BRIDGE**

The Bridge is a bi-monthly independent community magazine for Balnarring and surrounding areas. The views expressed within are those of the writers and not necessarily those of the Editor, Community or any organisation. Financial contributions are welcomed.

#### **GUIDELINES FOR THE BRIDGE CONTRIBUTIONS**

The contributor's name must appear with the article and contact information is recommended. If emailing, please use A4 page format with 1.5cm margins, 14 point font size and single spacing. Headings with a font of 18. Send as a Word or Pages format file to <a href="mailto:info@bridgemag.com.au">info@bridgemag.com.au</a> or PO Box 248 Balnarring VIC 3926. Ideally, file sizes no bigger than 1.5MB please.

#### **Deadlines for submissions are as follows:**

January 10<sup>th</sup> (February/March issue)
March 10<sup>th</sup> (April/May issue)
May 10<sup>th</sup> (June/July issue)
July 10<sup>th</sup> (August/September issue)
September 10<sup>th</sup> (October/November issue)
November 10<sup>th</sup> (December/January issue)

Our number of pages is limited so "first come, first served". Submissions for multiple issues must be made each issue unless otherwise agreed. Acronyms to be written in full at first mention followed by the acronym in brackets, e.g. "Community Centre (C.C.)".

The primary focus of The Bridge is to promote free community events. Volunteer organisations are encouraged to submit up to one page per issue and will not be charged. All entries that create income, including employment and housing, count as adverts. Personal words from individuals are also free to enter. Businesses holding events, workshops, etc. in the coming months are encouraged to contribute.

Content that speaks negatively of any individual or group will not be published. Groups should comment on their own activities only, unless in appreciation. The editorial review team reserve the right to edit and/or refuse contributions where necessary. Copyright on images used remains the responsibility of the contributor, and photographers must be credited.

Website: <a href="www.bridgemag.com.au">www.bridgemag.com.au</a>
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