Issue 85 June July 2024

Bi-monthly community magazine for Balnarring, Bittern, Crib Point, Flinders, French Island, Main Ridge, Merricks, Pt. Leo, Red Hill, Shoreham, Somers and Tuerong

www.bridgemag.com.au



Peninsula SongRiders presents Joseph Tawadros for their monthly night of extraordinary music. See the full-page version of this poster on page 11.

Made possible by the customers of Balnarring & District



Made possible by...

THE COAST

Big hugs to our fantastic co-GOLD SPONSORS!!

Hello Everyone!

We hope you are all enjoying the shorter, cooler, mellower (?) days and the unique experiences this time of year brings... carpets of orange, yellow and red leaves, socks on all day, stoking the fire, steaming soups, scarves/gloves, etc. And moving the car out from its normal shelter to be washed by the next rain shower! And how was that stunning light show from the heavens?!!

Thanks to all who have contributed their stories/reports/ etc to this edition of your magazine, *The Bridge*, Number 85: Great things are happening in all directions. We also thank The Coast and Balnarring and District Community Bank for their wonderful support for the Bridge, and therefore all the community. Also, to Galaxy Printing, a huge Thank You for your ongoing support and wonderful service – always a delight to deal with your team.

We wish you all a jubilant June and jazzy July. Happy reading!!

Love, Jen and Ali xx info@bridgemag.com.au

WILDLIFE RESCUE Contacts

@Koala rescue Jenny Bryant 0417 395 883

@WHOMP (Wildlife Help On Mornington Peninsula) 0417 380 687

@Klarissa Gaunaut 0488 494 667

ACKNOWLEDGEMENT

We would like to acknowledge the traditional owners of this land, the Boon Wurrung and Bunurong language groups of the Kulin Nation. We would like to pay our respects to their elders, past, present and future.

CONTENTS

Birthdays/Angel Card 3

How to Contribute last page

The Bridge Magazine www.bridgemag.com.au

Email: <u>info@bridgemag.com.au</u>
Address: PO Box 248 Balnarring VIC 3926

The Bridge volunteers

Editorial & layout team:
Ali Hoelzer, Jen Atherton
Website: John Ashton (Ikoniq)
Accounts: Jen Atherton
Subscriptions: Robyn Agg

Distribution team:
Robyn Agg, Celia Sexton,
Faye Poll, Ed & Meg Pawlik
Jimmy & Daisy
@Balnarring Post Office
Jen Atherton, Ali Hoelzer

Content:
Our wonderful community! You!

Making good things happen



When you bank with us, profits pour into the community. **\$3.4M** so far. Here's who we've helped lately:

Balnarring P	rimary School
--------------	---------------

Peninsula Home Hospice

RDAV Carriage Driving for Disabled

Balnarring Tennis Club

Westernport Secondary College

Somerville Football Netball Club

Story Dogs

Friends of Bill Carroll Reserve

Merricks Coolart Landcare

Crib Point Football Netball Club

Flinders Golf & Bowls Club

Shoreham Community Association

Balnarring Primary School

Flinders Community Association

Balnarring Social Bowls Club

Carriage driving for the disabled

Saltbush

Balnarring Pre-school

Merricks Yacht Club

Western Port Bay Toastmasters

Find out more. Call 5983 5543 or search Bendigo Bank Balnarring & District.





Happy Birthday!

June

3rd Melissa Thompson

6th Jenny Atherton

10th Nicole Greenwood

11th Ali Hoelzer

14th Felicity Balfour

16th We remember

Susannah Field

19th Pea Saunders

19th Nev Morehu

24th Thomas Hoelzer

26th Beau Alfrey

27th Winnie O'Neil

28th Laura Alfrey



2nd Mark Heffernan

4th Sean Willmore

6th Maureen & Ged Roach

8th Lynda Clark

9th Mary-Jo Hanley

12th Jacinta Van Stek

15th Adele Clemens

16th Sarah Vaughan

20th Mandy Nelson

24th Stan Maine &

Jonah Van Stek

27th Bob McGaughey

29th Mery Roach

To add a name to community birthdays, email info@bridgemag.com.au

June July 2024 Inspirational Angel Cards for the Community: Strength Vibrant

How can you weave these into your day to support and empower you?

Who do you appreciate in our community and why?

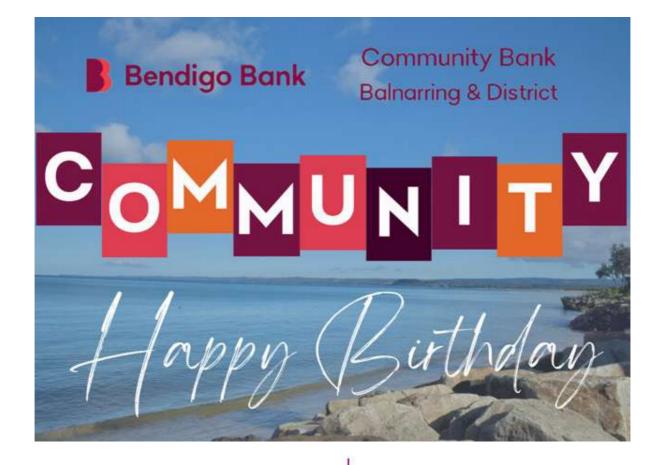
Email submissions of appreciation, & birthdays in our community, to:

info@bridgemag.com.au or

Post to: The Bridge, PO Box 248, Balnarring 3926

Would you like to receive a digital copy of The BRIDGE in your email inbox? Email info@bridgemag.com.au "subscribe" in the subject line.

Want to contribute to The Bridge? For deadline reminders, email info@bridgemag.com.au with "deadline reminders" in the subject line.



Hello!

To show our appreciation for the support you have given your community by banking with Community Bank Balnarring & District, we'd like to say thank you and send our warmest birthday wishes.

To celebrate have a coffee or shop at any one of our love local partners.

Tag us enjoying your birthday gift!
Facebook @communitybankbalnarringanddistrict
Instagram @communitybankbalnarring

*Love Local Partners can be found on our website or look for the Love Local decal in our partners windows





Community Bank Balnarring & District

Community members celebrating a birthday can visit the Community Bank Balnarring & District branch (proof of D.O.B required) and our staff will present them with a birthday card. The birthday card includes a \$6 LoveLocal card which recipients can use at any participating business.

Terms, conditions and a list of participating businesses can be located on our webpage:

https://www.bendigobank.com.au/branch/vic/community-bank-balnarring-district/love-local/

Red Hill Op Shop

Winter is coming...

Remember Red Hill Op Shop for local shopping in the coming months.

The shop always has an amazing array of quality clothing for women, men and children and the range on offer changes every week without fail. There is always something new to see.

The Shop is well supported by you the locals, and also customers who travel from afar searching for something a bit special at a fraction of the price of buying new. There is nothing like the excitement of finding a super bargain at an Op Shop and that happens all the time at ours!

We give to Peninsula Home Hospice ("PHH") every month. PHH celebrates its 40th birthday this year and we have been an active partner with them since their inception in 1984.

We are also proud to donate to local service organisations. If you have a local service funding idea, write to us at redhillopshop@gmail.com.

We wish to thank all the people who donate to us, who visit us regularly and who like to shop for bargains. We love you all and are very grateful. Collectively we are reducing landfill and making a difference.

If you have not yet visited us, we would love to see you. Our friendly counter staff will be happy to assist you.

We are located at 33 Mechanics Road Red Hill South and are open 10.00 am – 1.00 pm Tuesday, Wednesday, Friday and Saturday.

Follow us on www.facebook.com/redhillopshop or email us at prredhillopshop@gmail.com

THE COAST

AFFINITY

Knowing what people love about this place we call home. We understand and care for people, property, place and planet.

SERVICE

Being a dedicated team committed to your best interests.

You benefit from our focused attention to detail and our diligence.

TRUST

Doing things right the first time, as your future depends on it. You get peace of mind with our reliable, evidence-informed advice.

> thecoast.com.au • 5983 1980 Property Sales & Management



News from your elected advocate for Red Hill Ward, Cr. David Gill.

 I met recently with local Police Inspector Terry Rowlands and Senior traffic Police to discuss our advocacy about the speeds and conditions of our roads including Frankston-Flinders Road and Bittern-Dromana Road.

Shire officers provided statistics of traffic issues including accidents and councillors discussed the proliferation and changes of speed on signs. As first responders' police are helping with Council advocacy to help improve the high accident rate on the Mornington Peninsula. Department of Transport and Planning (DTP) were present online but didn't have much to say and left early.

- Some facts from the last Council Quarterly Review:
 - Pets for Adoption Council Website, views 22,000
 - Find your bin day 50,000 website views
 - Foreshore Parking e-permit applications 45,000
 - Aquatic Centre 227,000 on line visits
 - 450kms of unsealed roads graded
 - 250,000 library loans
 - 3.300kms of roads swept
 - 4,500 potholes filled (though some not for long!)

Also we now have:

- 15 Shire electric vehicle charger sites
- 182 hectares of bio links with 55,600 trees planted
- 155 playgrounds in the Shire with 24 in the Red Hill Ward. A playground review is underway.

Mobile Library Bus Update.

Following significant delays, the new mobile Library Bus has been delivered to the Shire and a refit completed. A roster and timetable will run as a trial for 6 months to include stops at Aged Care facilities, community halls and even at some Village café precincts.

Welcome your feedback.

Ward Boundary Changes.

Red Hill Ward, soon to be called Coolart Ward, will be 60% Of the Mornington Peninsula after the Local Government Minister's unilateral decision to create 11 wards here and also change ward names. This leaves 10 wards with 10 councillors sharing just 40% of the Shire after the October election.

• Everyone deserves access to public transport.

The State Government declaration that we are a metropolitan area should mean that the Mornington Peninsula has a reasonable public transport system. At the last state election promises were made about cross Peninsula bus services that would greatly assist the travel needs of our young people, the elderly and those with disabilities.

A connection to Mornington at the very least has long been the aim with pick up points in Somers, Balnarring, Merricks Beach and Shoreham part of the strategy. We have the worst public transport system in Victoria and shouldn't have to wait any longer for basic services.

 Our Heritage Review area 4, Westernport and Hinterland covers the villages in Red Hill Ward. There has been consultation with property owners with some deletions and changes made after 65 submissions were received about the 101 Draft Heritage Citations. After authorisation from the Planning Minister there will be a formal exhibition period with unresolved submissions heard by an independent Planning Panel.

The Planning Minister makes the final decisions on whether to include Heritage Citations in the Planning Scheme in order to help ensure protections for our most prized buildings and landscapes.

• I have sought assurances that our playgrounds are safe from contaminated mulch. The Shire already checks mulch before distribution and contractors are obligated to provide their own test results to ensure safety standards are met. To this date no asbestos or other dangerous substances have been found in our playgrounds or other public places where mulch is used.

 The incredible work of volunteer groups and individuals in protecting our endangered wildlife includes the Mornington Peninsula Koala Conservation Group and the Save our Kangaroos volunteers as well as those dedicated to helping injured wildlife need Government and Council support.

One way authorities can help is to keep our wildlife away from roads as much as possible or at least warn motorist of roadkill hotspots is by using Virtual (high pitch sound fences) to scare wildlife away - digital signage helps keep us more aware and saves people as well as wildlife from accidents.



Our **volunteer animal rescuers** report a huge increase in koala roadkill this year with 17 koalas and many echidnas among the victims in our part of the Peninsula. Please contact our politicians and ask for more support before our endangered species are gone forever.

As always, your feedback is very welcome.

Email: david.gill@mornpen.vic.gov.au

Regards,

David.

proudly presents





A Fabulous AGM



Save Westernport held its Annual General Meeting for the 2022/23 financial year on Saturday 20th of April at the beautiful Coolart Homestead, Somers. After several years of AGMs held online we decided it was time to meet in-person, and given the crowd it was the right way to go.

More than 80 people joined us at the Coolart auditorium to hear presentations from our two guest speakers: Dr Laura Brearley from Phillip Island, and Somers artist Jo Lane, whose sculptural installation *The Listening Stones* was on display.

Jo spoke about the power of art in activism, and her creative sculpture *The Listening Stones*: a piece inspired by the success of our community's fight to stop AGL and their gas processing plant at Crib Point. *The Listening Stones* represent the ears of all those who stood up to stop AGL – 'our ears to our place'.

Laura's heartfelt presentation addressed concepts of Deep Listening— to country, to Indigenous wisdom, and each other, reminding us that We Are All Connected. Jo and Laura's collaborative art project, *Across the Waters* was introduced with a performance of Laura's song 'Across the Waters', with plenty of audience participation — a beautiful and uplifting piece of music for Warn Marrin, Westernport Bay.

Catherine Watson joined Laura with an impromptu talk about Save Western Port Woodlands' work to secure an important bio-link on the Bass Coast. Details of their ongoing campaign are available below.

After three years in the role, Candy Van Rood gave her final report as President of Save Westernport, announcing her decision to step down as president to focus on reconnecting with her art and her creative self. But Candy demonstrated her strong commitment to caring for Westernport Bay, by agreeing to stay on as a Member of the SWP Steering

Committee. Candy was wholeheartedly thanked for her amazing work, commitment, energy and passion in her role as President of Save Westernport since mid 2019.

The elections for the Committee were held and all existing Committee members were reelected unopposed. Jane Carnegie was elected as the new President of Save Westernport and spoke about the key issues and actions that we've been focussing on: the horrendous Coal to Hydrogen project (HESC); the Windfarm Assembly project; and the Strategic Framework, a collaboration between SWP, Vic National Parks Association and the WP Biosphere Foundation. For details visit https://www.actforwesternportbay.au/

The SWP Steering Committee thanks our guest speakers, members and supporters for their attendance, as well as our local MP: Paul Mercurio, MPSC Mayor: Cr Simon Brooks, and Councillors Gill, Roper & Dixon.

We also thank our friends from sister organisations for supporting our AGM, including the WPPC, the Progressives of the Peninsula, the Westernport Biosphere, Friends of the Earth, The Phillip Island Conservation Society and Save Westernport Woodlands. Our thanks also go to Marnee Wills from Friends of Coolart for her help organising the venue, and to everyone who helped make the day such a success.

Given the many comments to committee members afterwards, and the lively chat of the many who stayed for afternoon tea, it was a wonderful afternoon and the day's themes of listening to our environment, community collaboration and art as a medium for Caring for Country seemed to really connect with people.

There was so much energy from everyone, and a real sense of community in our shared love of Warn Marin, Westernport Bay, in protecting its wetlands and coastlines from ever present threats.

During the meeting we screened SWP's video on the Hydrogen Energy Supply Chain, or HESC, and WPPC's video 'Jump into Westernport Bay' played as people arrived. Both videos can be viewed on our websites – please share widely and spread the word about HESC's ill-considered plan to make Hydrogen from Coal.

Actions you can take:

The AGM was a chance to provide details of various actions that you can take on the issues facing Westernport Bay. We urge you to please take the time to send your messages on the following:

- 1. **The HESC Coal to Hydrogen project**: Visit https://savewesternport.org/ to watch our short video. Open our article on Friends of the Earth's **HESC NO!** campaign and click "Go here to read more and say NO!"
- 2. Write your own letter to the Japanese Ambassador and tell him their Coal to Hydrogen project is not welcome here. Use our letter as a guide and cc the various Ministers listed here: https://shorturl.at/cquBE

3. The Old Holden Proving Ground

Send an email to Environment Minister Steve Dimopoulos, urging him to act swiftly to secure the eastern half of the Holden Proving Ground as an area of high conservation value.

For more about this opportunity visit <u>Save Western Port Woodlands</u> or scroll down here https://www.savewesternportwoodlands.org/

Help keep up the pressure, read Save Western Port Woodlands' letter to the Environment Minister, and then write your own: https://shorturl.at/dgqvw

In the coming weeks and months, we'll be planning more actions and activities with our various allies. Sign up to receive our newsletters and stay in the loop. https://savewesternport.org/get-our-newsletter/#

Thanks again for supporting Save Westernport, from the Members of SWP's Steering Committee.

Top Left Photo: L to R: former and present Save Westernport presidents, Candy van Rood and Jane Carnegie, and guest speakers Laura Brearley and Jo Lane pictured with Jo's sculpture *The Listening Stones*



MORNING TEA

With Balnarring Community Hub and Western Port Community Support

THURSDAY 13 JUNE

10AM-12PM

BALNARRING HALL

SMALL HALL (BACK DOOR)

Discover the range of services available to you and your neighbours at Western Port Community Support over a friendly cuppa and chat.

Western Port Community Support will be running a series of popups through the Balnarring Community Hub.

The current schedule is:

- · Thursday 13 June
- · Thursday 27 June

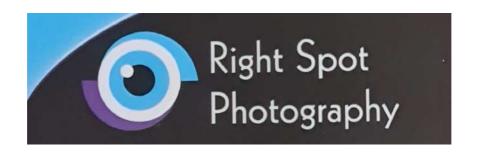
Both popups will take place 10AM-12PM in the Balnarring Hall Small Hall. No appointments needed - all welcome.



SERVICES INCLUDE

- EDUCATION ASSISTANCE
- FINANCIAL COUNSELING
- TAX HELP
- EMERGENCY RELIEF
- HOUSING & HOMELESSNESS
- FAMILY SUPPORT
- INFORMATION & ADVOCACY
- BILL ASSISTANCE
- & MORE!





Hi there!

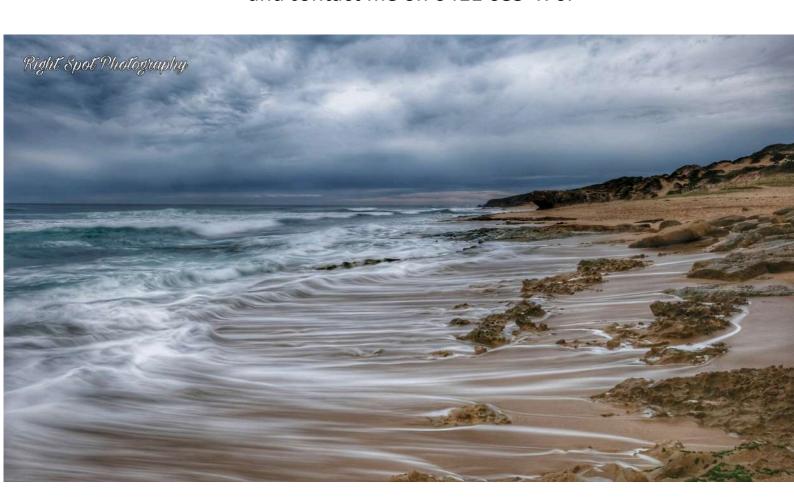
My name is José Zandveld.

I'm a local photographer sharing images of the area I grew up in, the beautiful Mornington Peninsula.

I am passionate about our amazing surroundings and enjoy capturing inspiring moments they produce.

I offer prints for sale as well as doing family and pet portraiture, small intimate weddings, sporting events and business photos for websites.

You can follow my pages on: Facebook or Instagram under Right Spot Photography and contact me on 0411 685 476.





Join us for an extraordinary cause!

Friends of Fenton Hall (FOFH) proudly presents our inaugural fundraising event, dedicated to the restoration of Fenton Hall in Merricks North.

Date: Sunday, August 4th, 2024

Time: 11:00 am - 4:00 pm

Event: Experience exclusive access to boutique estates for exquisite wine tastings in the picturesque locales of Merricks North and Red Hill.

Cost: Secure your spot with a \$50 per person ticket, encompassing tastings at 4 out of the 9 participating wineries listed below. Additionally, each person receives a delightful gift pack and other surprise gifts.

Participating Wineries:

- 1. AVANI WINERY
- 2. FENIAN WINES
- 3. MERRICKS CREEK WINERY
- 4. MERRICKS ESTATE
- 5. MONT ROUGE ESTATE
- 6. PARADIGM HILL
- 7. OUEALY WINEMAKERS
- 8. SCORPO VINEYARD AND WINES
- 9. STONIER WINES

For more details and to purchase tickets, visit

Facebook: https://www.facebook.com/fentonhallmerricksnorth Instagram: https://www.instagram.com/friends of fenton hall

Questions? Don't hesitate to reach out via email: fentonhallfriends@gmail.com

Come be a part of this wonderful endeavour and help us restore the charm of Fenton Hall!

FRIENDS OF FENTON HALL

From our BPS correspondent – Ernestine Senior Students Host Fete Day at Balnarring Primary School

A little after the commencement of week 2 in term 2, our 5 & 6 students hosted a fete day in which the younger kids could participate in and enjoy. The fete day involved a large amount of preparation. We began near the conclusion of term 1, organising the groups of stalls as well as who would run them.



These included; 'Tricks and Riddles', 'Gumboot Throw', 'Face Painting' together with an extremely popular sausage sizzle. When these groups were settled, the pupils began constructing slogans, ad campaigns, costumes as well as logos and banners.

The glorious day of our labours started with the preparation of our stalls, changing into our costumes, and bracing ourselves for the typical Melbourne weather: rain, wind, and low temperatures!

After recess, the grounds were bursting with excitement, from both the seniors and juniors, everyone was beaming, the long awaited few hours had at last arrived.

Us 5s and 6s joyfully listened to the jingles of change in pockets and cheerful laughter the younger ones emitted, while the remainder pranced around, their victories obvious from the prizes carried in their hands.

There were sections throughout the day when the rain pelted down. Forcing us to take refuge inside the few stalls that possessed marquees. However many raindrops fell, the entirety of the group wished to be where they were, which was at the fete.



The most valued teachers of the day, Mr. Gilmour, Mrs. Grindal, Miss Fawke and Mr. Byrns controlled the money, collecting it, floating it, and assisting us overall, designing events such as the fete, to engage us further in our schooling. Thank you, guys!

The grand total of money that was raised from this already beneficial day exceeds four thousand dollars, all of which will purchase sensational robotic learning equipment for our school, for our entertainment, and to provide education to us students.

I present to you a quote from a child, Vivian, the supervisor, and creator of the 'Gumboot Throw' stall;

"The fete was a great opportunity to socialise, create, and for some of us, get deeply involved in something way out of our comfort zone. I wish we did it every year!"

I completely agree with Vivian, and know countless others believe similar.



BALNARRING DENTAL CLINIC



Mature & Misaligned? Time to Straighten Out

At our dental clinic, we often hear the phrase "I'm too old to straighten my teeth" or "A perfectly straight smile isn't high on my priority list." However, with today's advancement in orthodontic technology, age is merely a number, and comfort is the new norm.

Why should you consider orthodontic treatment as an adult?

Straightening your teeth isn't just about aesthetics. It's a health upgrade that addresses several concerns:

- Overcrowded teeth: Our teeth naturally shift as we age, leading to overcrowding and overlapping. This crowding not only affects the appearance of your smile but also traps food and bacteria, making it harder to maintain oral hygiene and increasing the risk of gum disease and decay.
- 2. **Uneven chewing:** Misaligned teeth can result in uneven distribution of chewing forces, causing some teeth to bear more pressure than others. This uneven wear and tear can lead to premature tooth damage and other oral health issues.

Misaligned bite: An improper bite can place extra stress on your jaw and facial muscles, potentially causing chronic headaches, jaw pain, and other discomforts.

What's new in orthodontic treatment for adults?

Gone are the days of metal braces and uncomfortable molds. Today's advancements in orthodontic technology have revolutionized the treatment process, making it faster, more comfortable, and more discreet than ever before:

- **Digital Scanners**: Say goodbye to uncomfortable molds! Digital scanners have replaced traditional impressions, providing a more accurate and less invasive way to capture the structure of your teeth.
- Clear Aligners: Clear aligners, such as Invisalign, offer a discreet alternative to metal braces. These removable aligners gently move your teeth into place, allowing you to eat, drink, and clean your teeth with ease.
- **3D Modelling**: With digital planning, patients can visualize the result of their treatment before it even begins, providing a clear picture of the journey ahead and instilling confidence in the process.

Take the Next Step

It's time to leave behind any doubts and explore the exciting possibilities that modern orthodontics has to offer! Beyond just enhancing your smile's beauty, straightening your teeth can significantly improve your overall oral health, saving you from future dental issues and expenses.

At Balnarring Dental Centre, we're here to make your orthodontic journey comfortable, efficient, and discreet. Our friendly team is dedicated to guiding you through every step of the process, ensuring you feel informed and empowered. Plus, we understand that affordability is important, which is why we offer flexible payment plans to suit your needs.

Ready to take the next step towards a healthier, happier smile? Visit us at 19 Balnarring Rd, Balnarring, or give us a call at 5983 5348, or reach out through our website www.balnarringdentist.com.au to schedule your complimentary orthodontic consultation. Let's embrace the advancements in dental technology together and take that exciting first step toward a straighter smile today!



Balnarring CFA News



There are about 3,000 house fires in Victoria each year. Most could be prevented by taking simple precautions.

Kitchen

The most common place in the home where fires start is the kitchen. Many kitchen fires are caused by cooking that has been left unattended, others are caused by electrical faults and flammable items like paper towels and curtains that are too close to sources of heat like the stove or toaster. If the cooking area is not kept clean a fire that starts on the stove can very quickly spread to built-up grease and fat around the stove and range hood, with the fire travelling up into the roof space and to the rest of the house.

Sleeping areas

Many fires that result in people dying start in bedrooms or lounge areas. Often this is due to improper use of electrical appliances or home heating. Electrical items in the home can include the power supply, fixed or portable appliances, power boards and extension leads.

Heating

During the colder months we see an increase in the use of heating appliances, gas and electric. If you bring a portable heater into a bedroom be sure that it is well away from things that can burn, like clothing, bedding and curtains and always turn it off when you get into bed or leave the house.

If you're drying clothes in front of a heater of any kind, always keep them at least a metre from the heater.

Powerboards

Power boards are becoming more common than ever. It's important to remember that power boards are only meant to be temporary and they shouldn't be a permanent fixture in your home. Never plug double adapters or extra power boards into a power board and don't plug high powered appliances like heaters into a power board or extension lead.



Turn-Outs

We're getting busy. Too many car crashes – please drive carefully.

18 Mar Fire/Smoke: Bittern Railway Station (assist Bittern).

20 Mar Car Crash: Bittern-Dromana Rd (assisted by Red Hill &

Dromana).

27 Mar Fire: Balnarring Rd (assisted by Bittern & Red Hill).

31 Mar Car Crash: Tubbarubba Rd (assisted by Red Hill).

3 Apr Alarm: Balnarring Rd (assisted by Bittern & Somers).

9 Apr Alarm: Russell St (assisted by Bittern & Somers).

17 Apr Car Crash: Balnarring/Bittern-Dromana Rds (assisted by

Bittern).

26 Apr Car Crash: Coolart/Bittern-Dromana Rds (assisted by Bittern

& Dromana).

22 Apr Fire: Stanleys Rd (assisted by Bittern & Somers).

2 May Alarm: Garden Sq (assist Somers).

4 May Fire: Westport Rd (assisted by Bittern & Somers).

8 May Fire: McIlroys Rd (assist Red Hill).

More Volunteers Wanted

If you're interested in helping the community, please feel free to give us a call or pop into the station at our regular training times to see what we do.

Training: 2nd & 4th Monday 7:30pm-9:30pm & Sunday 10am - 12pm.

Byron SEDGWICK

M: 0419 313 413

E: byron@ianreid.com.au

Lieutenant - Balnarring CFA

Community Engagement Officer

Station Ph No: 5983 5379



Balnarring Pre-School Report

Another wonderful two months at Balnarring Kinder have passed with lots of exciting things happening. In the previous edition of The Bridge, I spoke about the amazing flags that were put together and are now proudly hanging on the kinder fence. Go and have a look! It's so impressive to see three and four year old's interpretations of our nation's flags. Thankyou again to Cath De Boise for painting the larger flags.

In international news, Karen Anderson has recently spent 6 weeks in Canada where she attended the World Forum on Early Care and Education in Vancouver. The World Forum is a program for over 275 early childhood professionals from 37 countries to learn and share their experiences and insights, build relationships, expand perspectives, and



provoke new thinking at an equal level.



Our very own Mrs. Karen was invited to carry our flags at the opening ceremony and was also one of the featured speakers for the event. She spoke on Exploring Race, Racism, Equity and Diversity in the Early Years Sector with four other professionals. Following this, Karen also presented a workshop with members of the Indigenous People's Action Group. Her section was on story telling using items from nature and also a gratitude exercise. Karen explained in the workshop how the Preschool came to creating and publishing our very special Boonwurrung books. We are so proud of Karen and should consider ourselves so fortunate to have someone like her in our community, teaching our next generation.

Back at kinder, kids have been very thoughtfully making gifts for the special people in their lives for Mother's Day and talking about all the different ways we can show kindness. This starts with day-to-day kindness towards other people and extends to learning to care for the Land, the habitats, and all creatures who we share Boon Wurrung Country with.

24

In the beach and bush space, children are settling into and feeling really at ease with these environments. We've had some great low tides which is always taken as an invitation to go exploring in the rockpools to find creatures. Parents and carers will know it's been a good day at beach kinder when little gumboots are taken off and their cars become a sandpit.

We have some exciting things coming up in the next couple of months. The infamous Mud Day! A fresh delivery of dirt is delivered to kinder, shovelled by the kids to a corner of the playground and then each kinder groups families are invited to come and get muddy! Mud Day is locked in for the week of the 17th of June and personally, one of my favourite days of the year. This is my last year of having kids at Balnarring Kinder so look out. I'll be on a mission.



Reconciliation week is happening 27th May - 3rd June. This year's theme is *Now More Than Ever*. We at Balnarring Kinder will be celebrating this special week. It's a week that is not only a reminder that we need to keep on fighting for justice and the rights of Aboriginal and Torres Strait Islander people but also a week that commemorates the successful 1967 referendum and the High Court Mabo decision. We all have a role to play in reconciliation in this great country.

I'd also like remind families with kids starting kinder in 2025 that 'on time' enrolments close on Sunday 21st July. Head over to the Mornington Peninsula Shire website and follow the links to 'Kinder Registration'.

Balnarring Kinder cannot run without our fundraising team and the money raised at various events held throughout the year. The fundraising team always do an amazing job and this year's main event will be a Hoedown themed Trivia Night at the beautiful Tanglewood Estate on 31st August. Save the Date! More details to come.

Thank you for your ongoing support for our very special kinder. I look forward to sharing more news with you next time.

Minna Harrison, Historian – Balnarring Kinder Committee



Meet Your Bushland Program: Connecting Landholders with Conservation

The *Meet Your Bushland* program, a community-driven conservation effort based on the Mornington Peninsula, is nearing completion with the successful assessment of 26 properties. This initiative, spearheaded by Mornington Peninsula Landcare and the Western Port Biosphere Foundation, aims to bridge the gap between landholders and the native bush on their properties. Mornington Peninsula Landcare engaged the Westernport Biosphere Foundation to assist with the program, who employed Tahlia Cruise to undertake the role of project manager, and Anton Vigenser from Seeds Bushland Restoration to fulfill the role as bushland regeneration specialist for the project.

Through immersive walk-and-talk sessions on the land, participants delve into sections with the highest habitat values, gaining insights into the ecological tapestry of their land. Following the site tour, with the bushland specialist from Seeds Bushland Restoration and the project manager, landholders receive a comprehensive report detailing the conservation values of their property.

The program's impact extends beyond a mere exploration of nature. Following the site tour, landholders receive a comprehensive report detailing the conservation values of their property. This report encompasses vital information such as property maps, Ecological Vegetation Classes present, significant flora and fauna species, and environmental issues like weed control. Moreover, it outlines available support mechanisms, including grants, to aid in conservation efforts.

The selection criteria for participation in the program emphasises the quality and size of existing bush on the property, connectivity with existing or planned Bioinks, and linkages with public bushland reserves. By engaging with landholders on these fronts, the program aims to not only enhance conservation efforts but also foster a deeper sense of connection with the natural environment.

The overarching aim of Meet Your Bushland is to empower landholders to take proactive steps in conservation. By building awareness of local environmental values and promoting community engagement, the program seeks to catalyse actions such as weed control, fencing, and revegetation. Additionally, it facilitates engagement with local Landcare groups, creating a robust network of information sharing and collaboration.

Beyond individual property assessments, Meet Your Bushland serves as a catalyst for community building and knowledge sharing. By fostering relationships among Landcare groups, neighbouring landholders, and local authorities like the Mornington Peninsula Shire, the program lays the groundwork for a coordinated approach to biodiversity protection. Through collective action and shared expertise, we can ensure the preservation of the Mornington Peninsula's bushland for generations to come.

We extend our thanks to the Natural Resources Conservation Trust for their support of the Meet Your Bushland program.

While all places for the current program have been filled, we extend an invitation to parties who may be interested in the prospect of connecting with their bushland and contributing to conservation efforts, to reach out to us. There is also an opportunity to participate in our upcoming end-of-financial-year campaign, centred around a Biosphere wide bioink plan. Keep an eye our on our website: www.biosphere.org.au and follow along on our Facebook and Instagram pages.

Your support will pave the way for future projects like Meet Your Bushland, fostering a culture of environmental stewardship and conservation awareness.

Connect with Meet Your Bushland program manager Tahlia to find out more: info@biosphere.org.au or Chantal from Mornington Peninsula Landcare: Chantal.Morton@mornpen.vic.gov.au











ONE-DAY MINDFULNESS MEDITATION RETREAT SATURDAY 22 JUNE 2024

Discover the restorative and transformational heart practices of the Buddha's teachings known as the "Brahmaviharas" or "Four Divine Abodes"

- * Loving kindness
- * Compassion
- * Joy with others (sympathetic joy)
- * Equanimity.

Offered by Jacqui Winstanley and the buddhatalk community we'll practise sitting and walking meditations that embody these qualities of an open and expansive heart.

Dhamma talk, Q and A time and a delicious vegan gluten free lunch and afternoon tea are included.

Both beginner and experienced meditators are invited to practise meditation as part of a sangha (community) and explore the teachings of the Buddha in a friendly environment

Date: Saturday 22 June 2024

Time: 10am to 4pm

Location: The "Nanospace" (meditation hall)

Saltbush,

122 Balnarring Beach Rd,

Balnarring. Victoria

Cost: \$ 45 full or \$ 36 concession.

Places are limited. Please register here:

https://forms.gle/cAcLGJNwWr4qNfNUA

For more information please contact buddhatalk9@gmail.com





One-day Buddhist mindfulness meditation retreat

'YOU ARE A BEAUTIFUL, COMPLEX PROCESS'

SATURDAY 27 JULY 2024

The Buddha teaches everything is one great process. Come, relax and explore it over a yummy lunch with Pip Ransome and the buddhatalk community. We'll practise loving-kindness, mindfulness, meditation and contemplation to understand more of who we are and our place in the universe.

Useful for experienced meditators and non-meditators alike.

A delicious vegan and gluten free lunch and afternoon tea will be provided

Date: Saturday 27th July 2024

Time: 10am to 4pm

Location: The "Nanospace" (meditation hall)

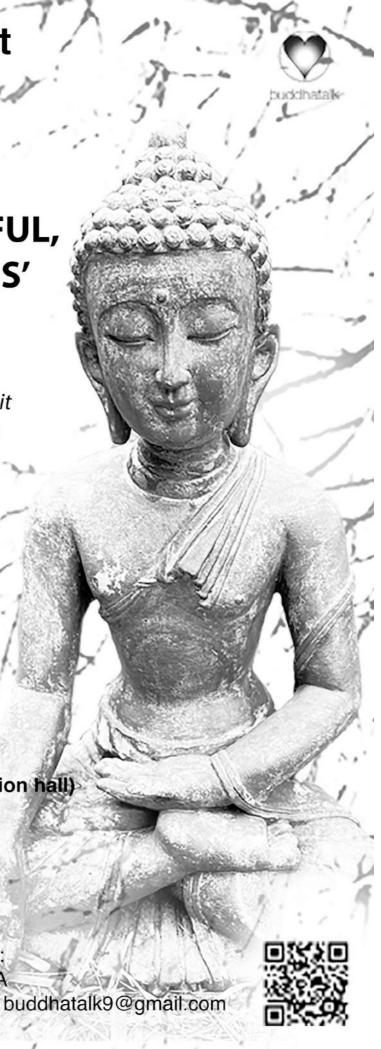
Saltbush,

122 Balnarring Beach Rd,

Balnarring. Victoria

Cost: \$ 45 full or \$ 36 concession. to cover venue and catering. Donations for the teachings are welcome. Places are limited. Please register here: https://forms.gle/cAcLGJNwWr4gNfNUA

For more information please contact buddhatalk9@gmail.com



MEDITATION and MINDFULNESS at BALNARRING

A WEEKLY GROUP

Offered by Jacqui Winstanley who has over 30 years of experience practising and teaching buddhist methods for wellbeing. An opportunity to learn and practice with others, to make friendships as we meditate together

Suitable for beginners and experienced meditators.

Meditation and mindfulness have been proven beneficial for health of mind and body, memory, focus, sleep, calmness and creativity, and for exploring your own exciting inner journey.

ALL WELCOME.

Tuesday during school terms at 1.30 - 3.00pm Balnarring Hall (Rear Room), 3035 Frankston Flinders Rd, Balnarring VIC 3926



Gold coin donation.

To register your interest email buddhatalk9@gmail.com

buddhatalk.com.au offers a clear, concise overview of the Buddha's teachings.

With Thanks to the Balnarring Community Hub Team for their support. Photo- Elaine Larsonn



Western Port Uniting Church Parish (consisting of Balnarring, Crib Point and Hastings congregations)

Service Locations and Times for June and July 2024

Balnarring 10.45 am Crib Point 9.00 am Hastings 10.45 am

Parish Service Sunday June 30th - at Crib Point UC - commencing at 10.45 am. (This is the only service in the Parish on this day.)

Church Locations

Balnarring - 10 Balnarring Beach Road, Balnarring. Crib Point - 382 Stony Point Road, Crib Point. Hastings - Corner Marine Parade and Hodgins Road, Hastings.

You are most welcome to join us via our Sunday Zoom Worship service conducted at 10.45 am. Use this Parish link https://zoom.us/j/6688830489 to participate in the service.

If you wish to contact a Uniting Church or confirm our service arrangements, please phone a Parish Contact as listed below.

Parish Contacts

Parish Minister: Rev. Nigel McBrien 0456 298 267
Parish Chairperson: Margaret Baker 0400 096 669
Parish Secretary: Colin Watt 0427 379 815

Parish Opportunity Shop 149 Disney Street Crib Point

Our Op Shop trading hours are:

Tuesday to Friday – 10.00 am to 3.30 pm. Saturday 9.30 am to 1.00 pm. Donations are accepted, with thanks during these hours, but not electrical appliances. If you would like to volunteer, please call into the Op Shop for an Application Form.

Parish Encouragement Message

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight." Proverbs 3:5-6



'MISERY FARM"

It stood at the 'bottom' of the school yard and was referred to as "Misery Farm". It was a 'tree house' built about 1929 or 1930 by some of the pupils at the Balnarring State School. The tree-house had a floor, walls and a roof and may have been built around an existing tree.

Hec Waldron, who attended the school from 1925 until 1931, mentioned it whilst writing of his schooldays. He described how the boys used to cut tea-tree that grew along the roadside and haul it to school to make the walls and roof. The saplings for the floor were cut in the school yard itself.

The boys were obviously proud of their finished edifice and gave it the name "Misery Farm".

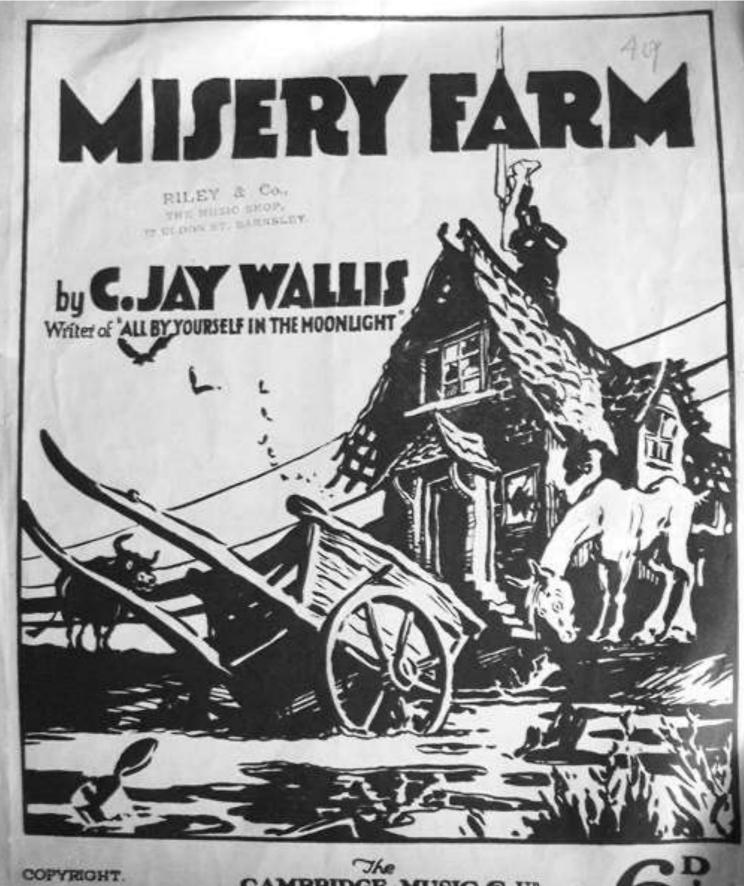
This name was the title of a song that was popular at the time. The tune was a foxtrot, in the style of the music of the Dance Bands and American jazz. The lyrics of the song began:

We've got a farm, a barn of a farm, Right in the middle of a swamp. There ain't any charm in our little farm Right in the middle of the swamp. Nothing's grown since the day we came Misery Farm is our farm's name.

. . .

This photo of the school shows the curious structure which must have given the children many hours of fun both while they were making it and later, when acting out their adventures in its shelter.

Ilma Hackett
Balnarring & District Historical Society



NET

TEENAGE KARATE

A weekly, martial arts and self-defence class is underway in Balnarring every Tuesday and Thursdomedicated to all secondary school kids.

At Balnarring Hall every Tuesday from 6pm until 7pm. Fitness-Self Defence-Mindfulness-Self Control

BEGINNERS WELCOME

Kyoshi Peter Smedley-6th Degree Black Belt. <u>0418 319</u>



WILL YOU HELP?

Our local Historical Society *urgently* needs new people.

The Balnarring & <u>District</u> Historical Society covers not just <u>Balnarring</u> but also <u>Merricks</u>

<u>Merricks Beach</u>

<u>Somers</u>

and Balnarring Beach

All that is needed is a curiosity about the area in which you live.

Why not give us a try?

Email: <u>balhist4@gmail.com</u> or phone: 5983 5326 to learn more.

open path meditation



Open Path is run by Bill Genat and Kathryn Shain. We offer meditation and Dharma teaching sessions, workshops and retreats from our unique teaching space located within Shoreham's beautiful natural bushland and beach setting.

The following sessions are offered through June 2024:

• **Peaceful Living in a Chaotic World** - a two-hour session, twice-a-month, on a Saturday morning:

These sessions explore practices that enable us to live a more easeful life in the midst of the seeming chaos of the surrounding world. Using very gentle meditative movements (mostly done lying on the floor), with practice, a deeper sense of inner calm becomes readily available. These sessions include other meditative and contemplative practices and, collaborative learning through shared experience and discussion.

• **Finding Sanctuary in the Natural State** - one and two-day retreats monthly on a Saturday and/or Sunday:

These retreats provide time for a deeper exploration of cultivating refuge/sanctuary in daily life. We explore specific practices for enhancing our interconnectedness, interbeing and alignment with the natural world. Gentle movement work, calm abiding practice and contemplative walking practice are explored alongside other complementary teachings from the Buddhist tradition.

• Cultivating Naturalness - a nine-day residential retreat in Shoreham: Saturday May 11 to Sunday May 19, 2024.

Details of all the workshops and retreats, along with further details about Open Path, can be found at: www.openpathmeditation.com.au
email: contact@openpathmeditation.com.au

Friends of Woolleys Beach

Join us!

Why? The Crib Point Stony Point Foreshore Reserve is one of the few remaining places along the Western Port coastline that has many species of plants, birds and animals. It is a significar area within the **Western Port Biosphere** and thus has global importance for the conservation of nature under the RAMSAR wetland convention and for developing the science of sustainable land use under the UNESCO man and biosphere program.

<u>Unfortunately many of the plant communities of the reserve are under threat from weeds,</u> which left unchecked can replace these important ecosystems.

Where? Woolleys Beach North carpark near Crib Point jetty (Just a short walk opposite the Victorian Maritime Centre at 220 The Esplanade, Crib Point).

When? First Sunday of the month from 9:00am – 11:00am.

How? We will target Bluebell creeper found in a specific area of the foreshore reserve. This will be done by hand weeding young plants and cutting larger ones with loppers. Bring your own safety glasses and gardening gloves.

Tools and Hi-Viz vests provided. Sign In and Acknowledge Job Safety required.

Register: <u>ranger@cribpointstonypointforeshore.com.au</u> Further info: <u>https://cribpointstonypointforeshore.com.au/</u>

THANK YOU!



Crib Point Action Group Inc.

Seeking to advance the social, environmental and economic interests of the Crib Point Community

CPAG is a group of local volunteers that started in 2006 with a focus to work with the community to address issues and build on their vision for the future of Crib Point.

Initially - Worked tirelessly over 6 years to stop the construction of the Boral Bitumen Transport and Storage Facility on the foreshore near Crib Point Jetty – organising community protests, writing submissions, attending and presenting at Planning Panel hearings. Boral eventually shelved plans for the development at Crib Point.

Since that time members of CPAG have:

- Completed a series of plaques recognising the contribution of prominent families in Crib Point. These are on display opposite Café 202
- Made submissions representing the community to Mornington Peninsula Shire Council on the Crib Point Township Plan
- Made submissions on behalf of the community expressing our views on the Coastal Villages and Neighbourhoods Strategy
- Worked with the community of Crib Point and the Mornington Peninsula in the fight against AGL's proposed gas import jetty and pipeline project
- Commissioned local artist Philip Philippou to take on the project of the murals at Crib Point Cellars and amenities area in Arthur Petersen Reserve
- Liaised with MP Shire to undertake refurbishment of the streetscape in front of the Australia Post office and Café 202 on Stony Point Road
- Made submissions to MP Shire, local members of parliament and VicRoads to improve road safety seeking the installation of new traffic lights at the intersection of Disney Street and Stony Point Road in Crib Point

As with all volunteer committees, we are always looking for people willing to put in some time to help their community. If you are interested, please contact us.

We meet on the first Wednesday of every second month at 7:00pm at Crib Point Community House – located at 7 Park Road, Crib Point. Upcoming meetings will be held on 3 April 2024 and 5 June 2024.

Contact Cecelia Witton at info@cribpointonline.org

Please scan this QR code to fill in the 2024 Crib Point Community Survey or visit www.cribpointonline.org/





Paul's Art and Frame

... closed on 28th September 2023. But hold those tears!

Paul has re-opened in Hastings...

at 19 Star Point Place on Frankston-Flinders Rd Hastings

Telephone: 0439 718 281

So, you can continue to get all your art and crafts materials, custom framing and laminating, precut frames, maps (overseas and Hema), paper carry bags, candles, cards, and other treasures from Paul - Easy!!



THE COAST

AFFINITY SERVICE TRUST

Fundamental values embedded in everything we do.

THINKING OF SELLING, BUYING or RENTING?

Your real estate goals deserve a partner, a dedicated team who reliably deliver seamless, timely and prosperous outcomes.

We warmly welcome the opportunity to be that partner, bringing you the insider's know-how, The Coast Advantage.

thecoast.com.au · 5983 1980 Property Sales & Management

Pilates Matwork Lomi Lomi Hawaiian Massage One-to-One Postural Pilates Stretch and Release Class

with Neil Adams

Pilates Matwork: Small group classes to improve core strength, coordination, and flexibility

Lomi Lomi Hawaiian Massage: Relaxation, rejuvenation and healing through the experience of Lomi Lomi Hawaiian massage

One-to-One Postural Pilates: based on Pilates principles and designed to address specific postural concerns of individual clients

Stretch and Release class: A 45-minute session of gentle stretching to limber and relax your entire body

Please call Neil on 0418 638 589 for class times and more information

@Warrawee Wholistic87 Warrawee Rd. Balnarring, Vicwww.warraweewholistic.com

Community Bank Balnarring & District

Your town. Your bank.

Everything you need

We deliver the products and technology you'd expect from a big bank, plus the personal service you wouldn't.

Feel good about who you bank with. Try Bendigo.

Find out more. Call 5983 5543 or search Bendigo Bank Balnarring.

Home loans

Accounts

Credit cards

Personal loans

Business

Insurance

Financial planning

Travel and International

Investing and Super

Agribusiness









BALNARRING BOOMERANG BAGS

Our Boomerang Bag group has been meeting together and sewing bags since 2017. Since then, we've sewn over 7 000 bags for shoppers and dozens of headphone bags, chair bags, BEAT bags and costumes for Balnarring Primary School.

The school were very generous in allowing us to work out of 'The Shack' (a freestanding portable building in the school grounds).

You may be familiar with our Boomerang Bag stand in Ritchies IGA. You may even own a Boomerang Bag or two yourself. You may ask 'Are they still sewing bags?'

YES!!!! We are still sewing bags from recycled fabric received from St Marks Op Shop and general donations.

Now that the state government has banned single-use plastic bags, you may be wondering *why* we continue to sew bags.

A few reasons.....

- 1. People still forget to take a bag into the supermarket (though they don't forget their wallet or their phone).
- 2. Fabric bags are so much stronger than the brown paper bags that have replaced the plastic bags.
- 3. Fabric bags assist in keeping unwanted fabric from ending up in landfill.
- 4. Fabric bags look FABULOUS!!!!
- 5. The sewing of these bags has helped strengthen community ties with Balnarring PS.
- 6. Sewing sessions have introduced and fostered many new friendships.
- 7. Boomerang Bags is part of a huge global initiative raising awareness of the plastic problem.
- 8. Balnarring Boomerang Bags has made donations to a number of local charities and organisations eg.
 - -Willum Warrain
 - Sikh Volunteers Kitchen
 - Jenny Bryant's animal shelter
 - Balnarring Primary School

Our two main outlets are Ritchies IGA and the Tulum Store.

We are always looking for new volunteers who would like to sew bags (machines provided), cut fabric, iron or simply meet for a chat and a cuppa.

Join our group of about 6-8 regular sewers and meet in The Shack at Balnarring Primary School on Thursdays from about 1:30pm (finishing in time for school pick-up).

Or... you may prefer to pick up some pre-cut kits and sew in the comfort of your own home.

(Balnarring Boomerang Bags will also pay for your sewing machine to be serviced by the wonderful Rick Wise.)

Marnee and Cheryl

balnarringboomerangbags@gmail.com

https://facebook.com/groups/BoomerangBagsBalnarring/



BALNARRING MEN'S PROBUS CLUB

Our Club was founded in 1985 to provide opportunities for retired and semi-retired local men to engage in a variety of activities in a congenial environment which encourages fellowship and fun. We currently have 60 members with ages ranging from 65 to 97.

We meet at the **Balnarring Bowls & Social Club** on the last Friday of each month, except December, commencing at 10:00 am. Our regular features include photographic exhibitions, morning tea and guest speakers who are invariably a source of information and entertainment. Meetings will usually be followed by a light lunch at the club.

The Club also hosts a variety of activities including a book group, bridge, wine appreciation, photography, gardening, cycling, outings and dine-outs.

Many members attended the Anzac Day Service at Balnarring where our WW2 veteran, Mr Ted Gale, placed a wreath on behalf of the club.





Our annual long trip this year was to the RACV Goldfields Resort in Creswick. The five day trip in April, using private cars, was centred around discovering Ballarat and the Central Goldfields.

Our speaker for the June 28th meeting will be Russell Kemery who will give an illustrated talk on the History of Western Port.

New members are always welcomed. For further information please contact our President **Dennis Paskins** on 0409 480 306 or check out our website by typing "Balnarring Men's Probus" into your web browser.

Somers Ladies Probus Club

We had a beautiful autumn day to celebrate our Club's Birthday; 37 years of fellowship, a feeling of belonging, interesting activities, but most importantly friendships.

Our "Black and Bling" theme was carried off with chic and panache by members. Morning tea with delicious cake was enjoyed with lots of chat and laughter.



Our guest speaker Erin from "Sit Happens" was accompanied by her beautiful, well-behaved German Shepherd, Boss. Erin gave us a delightful talk about the much kinder and current method of dog training. She also gave us an insight into dog psychology. Boss was put through his paces and even taught a new trick.

The day was topped off with a trip to Westernport Hotel in Hastings for lunch.

We were represented at the annual ANZAC Day ceremony in Anzac Park in Balnarring, presenting a beautiful tribute of native flowers and several of our members also attending the moving service.

Somers Ladies Probus Club usually meets on the first Friday of each month at 10 am at the Stone Pavilion, Campbill Rd. Somers.

New members are always welcome to join us and we invite interested ladies to contact June (5983 5321) or Lis (0407 713 211) for more information.

Crib Point Community Market

June 8 * July 13 * August 10

Lots of Stalls Inside and Out Handmade Goods, Up-Cycled Items, Plants, Gifts,

Community Stalls,

Coffee Van, Devonshire

Tea & BBQ,

Cribby Koala Treasure

Hunt and much more....

Inside and Outside Stalls
Available
Stall Fees Paid on the Day

7 Park Rd Crib Point, 3919 Ph:(03)5983 9888

Email: market@cpch.org.au

Website: www.cpch.org.au my





NEWSLETTER – February 2024



Good grief, nearly half the year has gone already. Kerri and I are in the process of planning term 3 program. So far, our events for next term are the market of course, and the August Art Attack Art Show which is on 24th & 25th August. Check out the website, augustartattack.com for all the details.

Our **April market** was a great success. We showcased some of the local Community Groups and had a visit from the SES and Paddy Platypus and the Crib Point CFA and Cpt Koala. They had a great time meeting all the kids and dancing to the

music from Twisted Sisters & One Token Bloke. We are planning to have an annual **Community Support** market each year. If you're a member of a Community group that would like to



promote or raise funds, you don't have to wait until the next Community Support market, you can have a stall at any of our market and it's FREE for community groups. You can also raise funds for your group by doing the BBQ at the market. For more information, email Michelle at market@cpch.org.au Our

winter **Markets** are on June 8th & July 13 and the August 10th market will be our Father's Day market. We look forward to seeing you there.

Thank you to everyone who entered their quilt or craft in this year's **Quilt and Craft Show**, it was a great success. We had a lot of people from the Peninsula and beyond as well as some from interstate and overseas. There were some beautiful and amazing items on show. Winners were Barbara Gibbons – 1st Large & Small quilt and 2nd Cushion, Trish Wrangles equal 1st Large Quilt, Barbara Counihan 2nd Small Quilt, lole Guest 1st Craft, Martha Kirchner 2nd Craft and Pat Glover 1st Cushion. Congratulations ladies. A very big THANK YOU to Barbara Counihan for organising the show and all the wonderful Volunteers for all their help.



Watch out for our **Term 3 program** in July. It will be available at local Doctor's Clinic, Library, numerous shops and online at cpch.org.au



A SMILE is the prettiest thing you can wear.



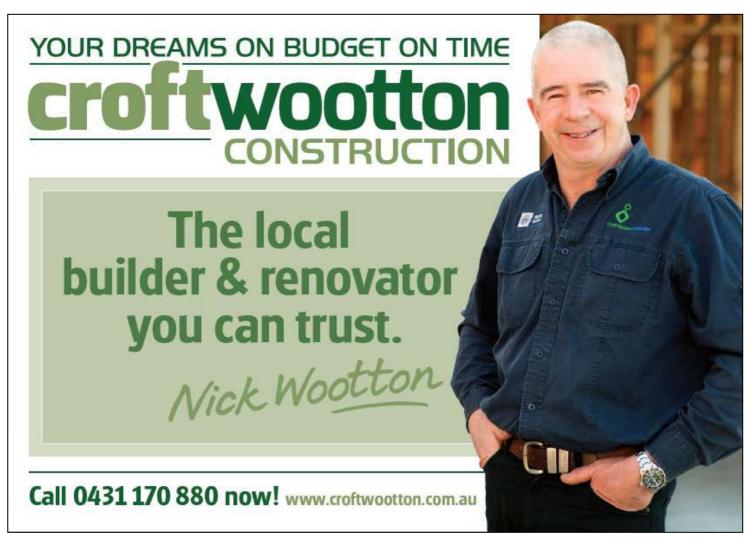
Combined Probus Club of Balnarring

Our Club welcomes couples and singles to enjoy the friendship and fellowship of like-minded people.

We meet at the Balnarring Hall on the third Friday of each month at 10.00am. Our meetings consist of a brief coverage of the business of the previous meeting, morning tea, then a Speaker or other organised activity.

We organise day trips and a four-day Spring and Autumn trip. Our interest groups include Theatre Lovers, Book Club, Singing for Fun, Gardening, Cards: Hand & Foot, and "500", Scrabble, Walking, Dine Out, Cinema, Movie discussion group, Camera Crew, Backgammon, Bocce, Carpet Bowls, and a Book Exchange.

Membership Enquiries to: balnarringcomprobus@gmail.com



SWEETLEAF BOTANICAL

Farmgate Herb Shop

open 7 days 9.00 - 5.00

Come in to browse!



Herbal Tinctures, Teas, Organic Skincare products
Flower essences, Plants
Moonbird Vintage Jewellery

WARRAWEE

87 Warrawee Rd. Balnarring Contact Jane 0411399212

sweetleafbotanical.com.au warraweewholistic.com



87 Warrawee Rd Balnarring

www.warraweewholistic.com





Kayley provides a thorough and gentle treatment. Treating everything from a nail trim to postural issues.

20% OFF for August and September, when you mention this ad.

Book online at www.balnarringpodiatry.com.au or call 0438 174 179



Erika has over 16 years experience as a massage therapist and carefully tailors each treatment to reduce chronic pain and improve mobility.

She specialises in:

- Seniors massage
- Remedial massage
- Reiki
- Relaxation/therapeutic massage

\$20 OFF initial 60 or 90 min appointment!
For August and September

Book online at www.easeretreat.com or call 0417 533 064



Jane McDonell Natural Therapist

- Pranic Healing
- Herbal Medicine Consults and Workshops
- Lomi Lomi Massage
- Tai Chi Classes

For bookings contact Jane on 0411 399 212



Neil Adams has over 40 years experience working practically and creatively with various forms of human movement and physiology.

- Small Pilates Matwork classes,
- One-to-One Postural Pilates,
- Whole Body Stretch classes
- Lomi Lomi Hawaiian Massage.

Contact: 0418638589 / neiladams0@gmail.com



Elizabeth Brew provides a personalised, wholistic approach to treat the cause of pain, not just the symptoms. She is particularly experienced with older clients.

Karen Buckingham uses subtle touch and movement supporting the body's natural process of change and repair. She is particularly talented at working with babies, toddlers, children and women (pre and post pregnancy).

Book online at www.thepeninsulaosteopath.com or call 0483 812 165

Friends of Daangean Report May 2024

FOD began the Woodland Break maintenance year on Saturday March 2nd with a volunteer team of seven. It makes a difference when there's a sizeable turnout, not that another 57 wouldn't have a greater impact. However, team of that size would

require some serious catering!

The three sessions in the bush so far have removed a good number of pitto seedlings that have reached flowering and fruiting stage. Forging the way through shoulder high bracken and gahnia is tough going, though sometimes an available kangaroo track makes progress easier. Blackberry seedlings have been evident at each session and in some places gorse is coming along nicely, not that it's wanted there at all. Occasionally the boneseed that has



Annabel with some gorse - MF

shown itself could be offspring from an original plant removed during the initial weeding in this area.

On April 27th there was a spot of excitement when a broken into Chubb safe was discovered in the bracken a fair way up the track. A good amount of muscle would've been needed to lug it so far from the road. The door alone had a hefty weight. Shop and car keys were the only treasures found, and I hope the former owners didn't have much of value contained therein.

It's fungi time and a few small ones were encountered on the forest floor. Some more rain is needed to bring forth a greater variety. The small Orange Pore Fungus spotted on various logs is an invasive species. The image makes it appear larger than it really is.



Orange Pore Fungus - MF

Waterwatch has been carried out on the usual monthly basis. The water quality remains good with little variation in the readings even with the gradual drop in the levels at both Devilbend and Bittern.

During May the autumn macroinvertebrate census will take place. This also occurs in spring as these are the two seasons when there is the greatest water bug activity. Their presence or absence indicates water quality, which backs up the monthly water quality testing.

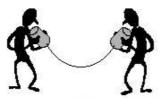
Parks Vic has noticed some swan aggression at Devilbend and plan to erect notices asking people not to feed them. The resident swans

at Bittern are no bother as they're usually a fair way out on the water and ignore people, whereas the DB swans are now attracted to people.

The feeding of wildlife always brings problems to the animals, whereas the humans usually escape scot free. However, the picnic ground noisy miners will snatch food from your hand if you don't keep an eye out. You win some, you lose some!

Marnie Fitzsimons

FOD co-ordinator, devilbendfoundation@gmail.com



Reconnecting Couples New Communication Program

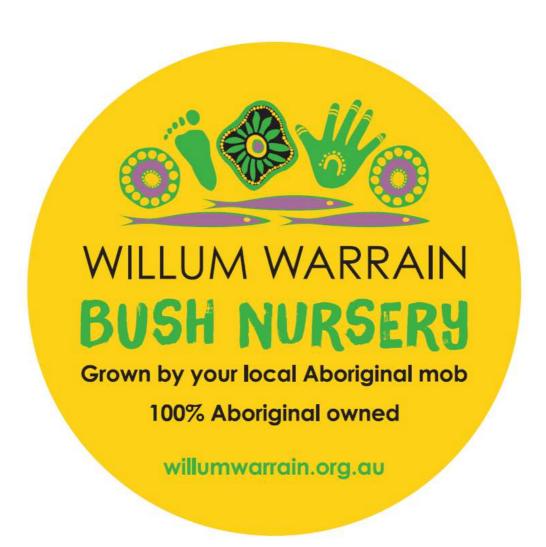
Learn new skills in talking, listening, resolving conflicts and choosing effective communication styles.

NOW available in Balnarring

Phone: Chris Newell 0412 269 995 Email: chrisnewelltherapy@hotmail.com

Have you visited the friendly Op.Shop in Crib Point?





Open 9am-4pm Weekdays

Willum Warrain is a 100% Aboriginal community-owned bush nursery specialising in local indigenous plants from the Mornington Peninsula. Many of the plants we sell have cultural uses and meanings for Aboriginal peoples in South East Australia.

We are the only Aboriginal-run nursery retail and wholesale nursery south of Melbourne open to the public. We are very keen to take on larger orders (with warning) from businesses and agencies seeking to achieve Reconciliation Action Plan goals and meet procurement targets.

We really appreciate the support of friends, allies and corporate clients who have been so keen to support our local Aboriginal mob developing this important social enterprise, creating employment opportunities for our Aboriginal community.

You can drop in weekdays throughout the school term and purchase plants. – we are currently growing over 100 species. Please see our exciting range of top 5 Deadly Plants (murnong, lomandra, chocolate lily, appleberry, karkalla) and our top 5 wetland and top 5 bush flower selections.

Thank you for supporting our efforts to heal country. For more information, please visit -

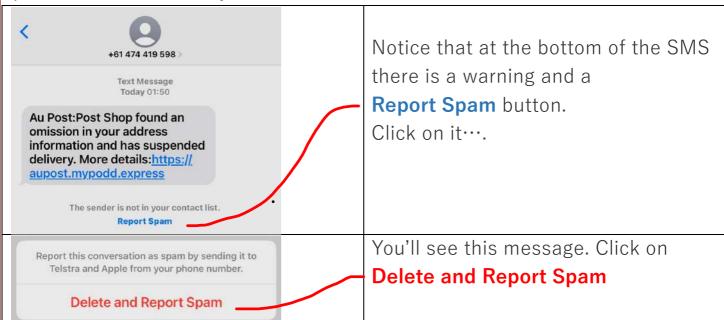
Pat The Mac: Report Junk SMS

In the last edition of the Bridge, I discussed how to recognise a phishing email. A phishing SMS is more difficult to recognise since it is only a phone number. However, the first suspicious indication should be that the phone number is NOT in your address book. That's why it is only shown as a phone number and not as a familiar name. If you had received this SMS on your iPad, it would look like this:



Therefore, here is my recommendation:

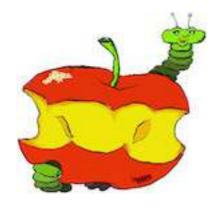
Importantly, **do not click on any link**! Of course, you could delete this SMS from the iPad but that does not help the community. The best thing to do is to open the same SMS on your mobile. It will look like this:



By doing that, you help the community. This phone number will be flagged as a source of phishing by Apple and Telstra, thus preventing being a further nuisance to anyone else.

If you need further help, contact me using the details below.

Pat The Mac on 0419 330 497 or by email via pat@patthemac.com



Apple Mac® assistance

Learn about

- The new Mac OSX, iOS, iCloud
- Skype, Share Photos or Videos on the Internet
- Improve your home WIFI
- Connect Video recorder, PVR, Digital TV

and/or training at your own location anywhere on the Mornington Peninsula (Mordialloc to Portsea). Hourly rate \$85.00 Call or email

Pat the Mac

- M 0419 330 497
- E pat@patthemac.com

ikoniq we do websites

Our flexible, modular Content Management System allows us to build your site to meet the demands of your business.

Our intuitive design lets you manage your content without the need for geek-speak.

No Rocket Science degree required!

All sites are produced for traditional desktop delivery PLUS mobile devices.

p: 0400 455 197 e: info@ikoniq.com.au w: ikoniq.com.au

PHIL'S LOCK SERVICE BALNARRING

- Locks Keyed Alike
 - Dead Locks
 - Window Locks
 - Keys Cut
 - Mobile Service
 - Polite Service
- Flyscreens Repaired

0427 820 444

Your Local Locksmith

Servicing the Mornington Peninsula



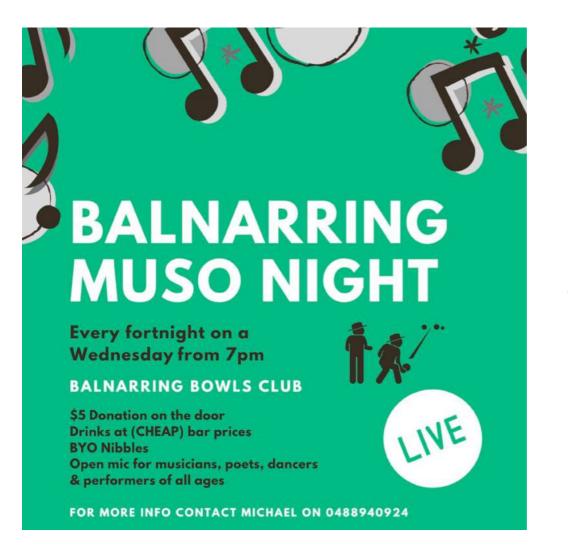
- Roof Cleaning
- Window Cleaning
- Solar Cleaning
- NEW- Roof Demoss Treatment



Book 2 of our services for a 15% Discount

1300 883 236

www.gutterwiz.com.au



For Muso Night dates over June and July,

please check out:

Balnarring Muso Night

on Facebook.

Hint: it's the same week as recycle bin week in Balnarring

Working Bee at Balnarring Beach: All Welcome!

A dedicated group of Balnarring Beach ratepayers and members of the Foreshore Committee are inviting anyone with a heart for the environment to take part in our monthly working bee.

Our hard-working group meets at 10 am on the <u>last Sunday</u> of the month (excepting December and January) at the rotunda next to the beach store at Balnarring Beach.

Our next 2 working bees are on:

Sunday June 30th and Sunday July 28th at 10am at the rotunda. We usually work till 12 noon and enjoy a free cup of coffee or a drink afterwards at the Balnarring Beach shop, 'Tulum Store'.

It is always a great opportunity to have a chat.

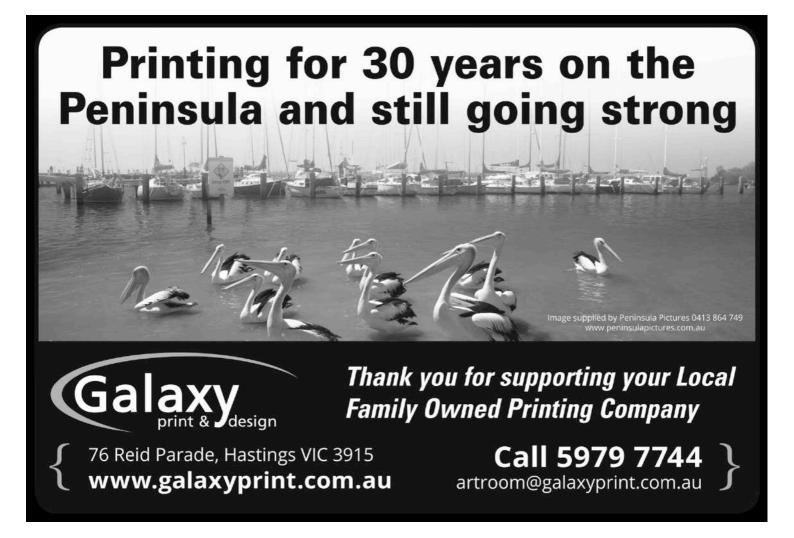
Paul, our Ranger always has some important work for us to do, be that weeding or planting freshly cleared terrain with new plants. Some of these plants are propagated and raised over many months in our nursery.

If you can make it, please bring gloves and wear sturdy footwear.

We hope to see many of you there.

Cheerio and many thanks to all who attend.

Rupert Steiner, for the Balnarring Beach Foreshore Committee working bee.





CONTRIBUTING TO THE BRIDGE

The Bridge is a bi-monthly independent community magazine for Balnarring and surrounding areas. The views expressed within are those of the writers and not necessarily those of the Editor, Community or any organisation. Financial contributions are welcomed.

GUIDELINES FOR THE BRIDGE CONTRIBUTIONS

The contributor's name must appear with the article and contact information is recommended. If emailing, please use A4 page format with 1.5cm margins, 14 point font size and single spacing. Headings with a font of 18. Send as a Word or Pages format file to info@bridgemag.com.au or PO Box 248 Balnarring VIC 3926. Ideally, file sizes no bigger than 1.5MB please.

Deadlines for submissions are as follows:

January 10th (February/March issue)
March 10th (April/May issue)
May 10th (June/July issue)
July 10th (August/September issue)
September 10th (October/November issue)
November 10th (December/January issue)

Our number of pages is limited so "first come, first served". Submissions for multiple issues must be made each issue unless otherwise agreed. Acronyms to be written in full at first mention followed by the acronym in brackets, e.g. "Community Centre (C.C.)".

The primary focus of The Bridge is to promote free community events. Volunteer organisations are encouraged to submit up to one page per issue and will not be charged. All entries that create income, including employment and housing, count as adverts. Personal words from individuals are also free to enter. Businesses holding events, workshops, etc. in the coming months are encouraged to contribute.

Content that speaks negatively of any individual or group will not be published. Groups should comment on their own activities only, unless in appreciation. The editorial review team reserve the right to edit and/or refuse contributions where necessary. Copyright on images used remains the responsibility of the contributor, and photographers must be credited.

Website: www.bridgemag.com.au
Email: info@bridgemag.com.au