

Bi-monthly community magazine for Balnarring, Bittern, Crib Point, Flinders, French Island, Main Ridge, Merricks, Pt. Leo, Red Hill, Shoreham, Somers and Tuerong

Issue 72 April May 2022

www.bridgemag.com.au



Gorse Spider-mite webbing, photographed by Marnie Fitzsimons, Coordinator of the Friends of Daangean, See Marnie's report inside.

Made possible by the customers of Balnarring & District



Made possible by...



Heartfelt Thanks to the Bridge's wonderful co-GOLD SPONSORS!!

Hello Everyone!

Ahhhh, it's here again, the gentle feeling of autumn: The beginning of the fall of leaves from exotic trees; thoughts of collecting fuel for the wood burner. A pile of library books awaits enjoyment. Morning photos of calm water and skies over the beach. It is many people's favourite season, and it is for me.

It is now just over a year since the Success of the anti-AGL campaign that rescued Westernport from the clutches of a bad idea. We give deep thanks to Candy, Julia and your team, and everyone in the community for your support, your voices, your energy and your good wishes. The result felt like a Godsend, but was what Community can achieve when the Heart of us all is one, and enough people have the wherewithal to maintain focus and drive for what felt like an interminable time. Thank you! Thank you!

We want to remind everyone that our wonderful Sponsors, Bendigo Bank and The Coast Real Estate, are covering all costs of The Bridge's production and website. This means we do not need to invoice advertisers. So, please, place an ad for your business or class...

We would love to receive your creative writing, or photos of your creations – let's share what we are bringing into the world O

Here is an empowering quote from Clarissa Pinkola Estes:

Ours is not the task of fixing the entire world all at once, but of stretching out to mend the part of the world that is within our reach. Any small, calm thing that one soul can do to help another soul, to assist some portion of this poor suffering world, will help immensely.

Our very best wishes for a beautiful April and May. Love, Jen and Ali xx <u>info@bridgemag.com.au</u>

ACKNOWLEDGEMENT

We would like to acknowledge the traditional owners of this land, the Boon Wurrung and Bunurong language groups of the Kulin Nation. We would like to pay our respects to their elders, past, present and future.

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The Bridge Magazine www.bridgemag.com.au Email: <u>info@bridgemag.com.au</u> Address: PO Box 248 Balnarring VIC 3926

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Content: Our wonderful community! You!

Bírthdays

April

2nd Elizabeth Shannon 4th Kerry Fortuyn 6th Jenny Taylor 9th Kirra DiConza 10th Marina McLean 12th Nick Fenton 12th Elise Cooper 12th Jamie Roach 15th Joey De Backer 17th Eve Whitelaw 17th Rob Westle 19th David Buntine 22nd Michael Gibson 22nd Alex McLean 22nd Mollie Nelson Williams 24th Andrew Dowey 26th Fiona Hammond 29th Jack Gosling



May

- 3rd Barb Rimington
- 3rd Sarah Toose
- 3rd Jodee Hopkins
- 4th Willow Roach
- 17th Quinnah Heffernan
- 21st Renae Haylock
- 21st Peter McLean
- 27th Gina Tritt Buntine
- 30th Amy Sayle

To add a name to community birthdays, email info@bridgemag.com.au

April May 2022 Inspirational Angel Cards for the Community

Calm Wisdom

How can you weave these into your day to support and empower you?

Source: Inspirational Angel Cards, by Simon Bunyevich, Somers.

Who do you appreciate in our community and why? Email submissions of appreciation, & birthdays in our community, to: <u>info@bridgemag.com.au</u> or Post to: The Bridge, PO Box 248, Balnarring 3926

Would you like to receive a digital copy of The BRIDGE in your email inbox? Email info@bridgemag.com.au "subscribe" in the subject line.

Want to contribute to The Bridge? For deadline reminders, email <u>info@bridgemag.com.au</u> with "deadline reminders" in the subject line.



Supporting your community Our new branch is now open! We look forward to welcoming you soon

When you choose to bank with Bendigo Bank, good things happen in your community.

Find out more. Call 5983 5543 or search Bendigo Bank Balnarring. bendigobank.com.au







Take the first right steps to maximise your result.

Relationships are everything to us; we connect people to homes, neighbourhoods and community. This is at the heart of everything we do. We work smarter and with focussed attention when we talk through what you want to achieve. Our successful formula fosters open communication as we champion your property's attributes. We work with <u>integrity</u> to deliver on our promise as we represent you.

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The Coast Real Estate - Shop 4 Balnarring Village | hotproperties@thecoast.com.au

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News from your elected advocate for Red Hill Ward,

Cr. David Gill.

- Bogged down. The Camp Hill Rd path for Somers school kids is still an issue with the main length from the roundabout to Sandy point Road delayed yet again because of apparent alignment issues!
 The first section from the school to the roundabout which already has a concrete path is to go ahead but is not the local community safety priority.
- The State Government has agreed to investigate a **Wildlife Management Plan** for the Mornington Peninsula. The initial aim is to help with the ongoing viability of local wildlife. Your feedback will assist **with** the scoping and vision.
- With the Federal and State elections looming it is a good time to press the case for **regional rather than metropolitan** classification for the Peninsula. The State Planning Minister could enable this to happen without the risk of losing our Green Wedge.

For local businesses to again prosper we need the tax advantages, subsidies and grants available to rural areas which blatantly already includes the politically sensitive Geelong City area.

Our farming, hospitality and tourism sectors have suffered during Covid with 7000 jobs lost. Businesses here need our politicians to support the Mornington Peninsula.

- Council is to restore the Green Bin pick-up service used in **student waste projects** at Somers Primary School. The pick-up was stopped recently but will now resume after a motion I raised was adopted in order to add the green waste management service to all schools on the Peninsula.
- The backflip decision to now cut down the roadside Manna Gum at Balnarring Beach had a recent set back when locals blocked the machinery involved. Council will enter into further discussions with concerned community groups.

Koala recently spotted at Balnarring Beach.



• What are Town Planning secondary consents?

An applicant may come back after a Notice of decision and ask for changes to a permit. This may happen without notification to previous objectors, other interested parties or even your councillors, even though it may affect you.

Like the State Government's recent Vic Smart restricted permit system appeals are not allowed except by the applicant.

• Local historical archives in jeopardy. Balnarring Historical Society has reported problems with rainwater leaking onto their documents in the history room at Balnarring Hall. Council is looking into the roof drainage system at Balnarring Hall.

As councillors we are elected to represent you.

In effect voters delegate much local decision making to their ward councillors and Council as a whole, trusting us to make responsible decisions on your behalf based on the merits of each matter raised. Meaningful consultation and listening are the basis for a solid connection with community.

If Council operates as an elite Board of Directors and is not seen as working in a community partnership, trust may be lost in the local government system.

Keep safe.

Regards,

David.

Email: <u>david.gill@monpen.vic.gov.au</u>

Mobile: 0437 129 016



SAVE THE MANNA

Are you concerned about the changing ambience of Balnarring and Balnarring Beach, or have concerns about the ongoing destruction of wildlife habitat across the Mornington Peninsula? If so, you may be interested to learn about a significant issue impacting "Manny", a predicted century old manna gum located at the beach end of Balnarring Beach Road, Balnarring Beach. She's often referred to as the "Gateway to Balnarring Beach".

Manny, considered an icon by so many locals and regular visitors to Balnarring Beach, has continued for several generations to survive drought, increased traffic, maintenance neglect, encroachment by road changes and major storms.

However, Manny's survival may well have been undone by those we entrust to retain such precious habitat; Habitat which is home to many and varied precious wildlife, including our dwindling koala population.

One complaint regarding clearance fears was made to Council over two years ago. This triggered a decision by Council to destroy Manny – a century-old tree! Destroying Manny has remained the preferred option by Council, rather than investigate the real cause of the problem, which is how the road has been resealed over time, causing it to creep closer and closer to Manny. Why not realign the road to its original position, two metres away from Manny? It's still there and visible.

Manny's health has been assessed by Council and deemed to be a healthy tree – no issue there. Further, community paid for and engaged an expert arborist to provide an independent assessment of Manny and the reported road issues raised by Council. The findings of this report recommend that if encroachment is rectified and arboreal maintenance undertaken, Manny poses no threat to public safety (including traffic).

Councillors David Gill, Debra Mar and Despi O'Connor have been strong advocates to save Manny. A petition to "**Save the Manna**" has so far gathered over 700 signatures!

Despite this, Council met on 22 February 2022 to review the subject and a majority of 5:3 voted to destroy Manny. We are not satisfied with this outcome and as a community concerned about the destruction of mature trees, we seek your support.

If you are not happy with Council's decision, please contact the following Members: (copying in Manny at: <u>savethemanna@gmail.com</u>)

Chris Brayne (State Minister for Nepean) phone: 5986-6661

Chris.Brayne@parliament.vic.gov.au

Lily D'Ambrosio (State Minister for the Environment) phone: 9637 9504

lily.dambrosio@parliament.vic.gov.au

Balnarring Bowls & Social Club

What a relief to have completed the 2021-2022 Pennant Season uninterrupted by a period of lockdown. Thanks to all our members for standing by their Club, keeping safe and well and, especially, for completing a successful season. Four of the Saturday Pennant teams will play in the Finals, and the word 'Premiers' is being whispered.

Friday 25 March marked the end of Barefoot Bowls, after months of fine weather (mostly) for the fun and competition this event provides for our locals and visitors. It is always a pleasure to welcome back the regular bare-footers, and especially to see that their kids still love icy poles and spinning Toby's wheel. Our hope, of course, is to potentially see them on the greens representing BBSC in Pennant Seasons of the future.

Our reputation as 'the friendly Bowlo' is not simply about Bowlers. We are a social club and provide a relaxed meeting place for all who visit. Membership is not essential; however, a Social Membership comes with entry to the weekly Members Draw and reduced prices at the Bar. Coaches are on hand to assist new bowlers; just let us know if you need help.

The venue for Balnarring Musos, Lions Club and more, BBSC is a great meeting place and open at 4pm daily for tea/coffee or something cooler from the bar.

Lots of space for celebrations; kitchen available - music, dancing and decorating are up to you! Just make a booking for your party.

Suzie Powell 0418 312 718

Western Port Uniting Church Parish



(consisting of Balnarring, Crib Point and Hastings congregations)

Service Locations and Times for April and May 2022

Balnarring 10.45 am Crib Point 9.00 am Hastings 10.45 am

Easter Services

Maundy Thursday	14 th April	Crib Point	7.00 pm
Good Friday	15th Ápril	Balnarring	9.00 am
		Crib Point	No Service
		Hastings	9.00 am
			and Stations of the Cross
Easter Sunday	17th April	Balnarring Beach	6.00 am
		Dawn Service with St Mar	ks Balnarring
		Balnarring	10.45 am
		Crib Point	9.00 am
		Hastings	10.45 am
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Parish Service

Sunday May 29th - at Hastings UC - commencing at 10.45 am. this is the only service in the Parish on this day. Guest Speaker – Helen Beeby – promoting Women In India Project

Church Locations:

Balnarring - 10 Balnarring Beach Road, Balnarring. Crib Point - 382 Stony Point Road, Crib Point. Hastings - Cnr Marine Parade and Hodgins Road, Hastings.

You are most welcome to join us via our Sunday Zoom Worship service conducted at 10.45 am. Use this Parish link <u>https://zoom.us/j/6688830489</u> to participate in the service.

If you wish to contact a Uniting Church or confirm our service arrangements, please phone a Parish Contact as listed below.

Parish Contacts

Parish Minister:	Rev. Nigel McBrien	0456 298 267
Parish Chairperson:	Margaret Baker	0400 096 669
Parish Secretary:	Colin Watt	0427 379 815

Parish Opportunity Shop - 149 Disney Street Crib Point

Op Shop - trading times: -Tuesday to Friday – 10.00 am to 3.30 pm. Saturday 9.30 am to 1.00 pm. Volunteering opportunities exist for those wishing to contribute to a community group. Please call in to obtain an Application Form. Donations are accepted, with thanks during these hours.

Western Port Craft Expo – Saturday 23rd April – 10.00 am to 4.00 pm

Hastings Community Hub, 1973 Frankston – Flinders Road Hastings. Adults \$5 School children \$2. Enquiries – 03 5979 1237 or <u>www.wpcraftexpo.com</u> A wide, exciting, and participative range of crafty displays and activities will occupy you all day.

BALNARRING & DISTRICT ANZAC DAY SERVICE

9.30 AM

25 APRIL 2022

ANZAC PARK RUSSEL ST. & FRANKSTON-FLINDERS RD, BALNARRING



Enquiries – Commander Matt Keogh 0434711747



Thank you Balnarring!

Womin Djeka Balnarring Ngargee 2022 was amazing! Clear skies and sunshine, an amazing atmosphere and the workshops, performances



and connections made were incredible! On behalf of the organising committee, thank you for making the Womindjeka Balnarring Ngargee 2022 a truly fabulous day that "connects people, country and community".



According to you, the festival was great because... "it brings the whole community together", "provides so many opportunities to learn, participate and get to know First Peoples", "it has something for everyone". Please continue to give your feedback to make Womin Djeka Balnarring Ngargee even better: https://forms.gle/BzBLhFmgWjYB3Frt6

There were so many opportunities for learning from and with First Peoples in the Workshops: emu feather adornments with Taylah and canvas painting with Simone had everyone leaving with an art piece to cherish; Wayapa with Kylie was a chance to find calm while dancing with Katy had the bubups sharing their energy and movement and learning about connections, living and caring for Country with bush

tucker guided walks with Sean, story-telling with Jaeden, Woka Wellness with Nartarsha and N'arwee't Dr Carolyn Briggs. The Welcome to Country and smoking ceremony was a highlight for many.

The children's area was filled with happy children throughout the day and went



much longer than was expected. The food was delicious with plentiful choice. The market was bustling and so many wonderful Indigenous made products to purchase. Passionate community based organisations taught and motivated us to care for this incredible country and connections made with Aboriginal community organisations Nairm Marr Djambana, Willum Warrain and VACCA.

What an incredibly proud achievement for Balnarring Preschool with the presentation of the Narragunnawali award. Congratulations team!

The performances at the main stage delighted. John Wayne Parson's incredible voice carried through the festival grounds and enticed people into the festival. Audiences thrilled with performances by Murrundaya Yepengna Dance Troupe, Deniece Hudson, Dave Arden Band, and Michael Waugh. Indigenous Outreach Projects had everybody moving. The Bart Willoughby Band Trio enthraled fans, new and old. Through the day expert MC Lee Morgan introduced acts, drew attention to





workshops and activities throughout the festival and performed himself when there was a last moment change! To close the magnificent day Fred Leone powerfully shared his culture, stories and songs.

We have many people and organisations to thank for making this day what it was. Thank you to our incredible sponsors who gave us the funds to make this festival happen: Mornington Peninsula Shire, Bendigo Bank, Balnarring Preschool,

Westernport Bluescope, My Deal, Arcare, Growing Child, Greenfield family, and

the many people who gave donations on the day. Thank you incredible volunteers, all 70+ of you, who gave time to make this festival happen! Thank you Balnarring Preschool, Balnarring Early Learning Centre, Balnarring Primary, St Joeys Primary, Westernport Secondary and Brotherhood of St Lawrence for giving your time and expertise. Thank you The Hastings Club and Tyabb Village Children's Centre for loaning us your buses and to Barb



and all the other volunteers who drove or marshalled for the buses. Thank you to photographers Damian from Peninsula Films, Aaron from Cactus Resolutions, Michaela George and Mel McLean and to Ranger Marco for sharing your photos with us. Importantly, thank you to the Elders for your guidance and support.

Thank you finally to the committee for organising this event, you are an inspiring and passionate group of people. If you are excited by the commitment to reconciliation that this festival demonstrates and want to contribute to its creation, the committee would be thrilled to welcome you and your ideas: <u>womindjeka</u>.<u>balnarring.ngargee@gmail.com</u>

Permanent community house for Balnarring on its way!

After a successful trial run, Balnarring community can anticipate a permanent community house led by the newly developed Balnarring Community Hub Incorporated.

What is a community house?

Community houses are the heart of communities. They bring people together to connect, learn and contribute to their local community through social, educational, recreational and support activities. During its trial run, the Balnarring Community Hub (or Pop In Hub) brought the community together via play groups, percussion circles, yoga classes, salsa dancing, meditation, and more.

Where is the hub now?

Community members from Balnarring and the surrounding suburbs have expressed support for the Hub to become a permanent fixture of the community. The hub needed to move out of its premises behind Richies and is now temporarily operating out of the Balnarring Hall. In order to move forward in securing a permanent home, a committee had to be formed to become an incorporated organisation.

The committee consists of eight members: Bronwyn Dick (President), Grant Bradbury (Vice President), Brittany Ciupka (Treasurer), Ceilia Sexton (Secretary), Alison Hoelzer (Ordinary Member), Jeff Cook (Ordinary Member), Faye Poll (Ordinary Member), and Lori Windle (Ordinary Member).

Since becoming incorporated, the Balnarring Community Hub Inc is now eligible to apply for funding and start the journey in developing a permanent community house. The committee is exploring options on the Village Common Land and existing buildings within the Balnarring catchment.

How can I help?

While the committee works towards identifying a permanent dwelling, the Hub urgently requires temporary venues to continue hosting community activities. Several regular activities currently face scheduling conflicts at the Balnarring Hall and are at risk of postponement. If any local organisations are able to assist in hosting activities, please contact <u>balnarringhub@gmail.com</u>.

The committee also has opportunities for volunteers to become involved in events such as fundraising. If you would like to be updated on opportunities, committee meeting minutes, or if you have specific skills you'd like to share, please contact <u>balnarringhub@gmail.com</u>.

The next committee meeting is scheduled for 26 April at 6.30pm in the Balnarring Hall (meeting room). All are welcome.



MELBOURNE SPORTS INSTITUTE

RIDS

12TH APRIL - TUE

BAKING

TREASURE HUNTI

We lead you on treasure hunt

to find all of the ingredients

for a baking extravaganza!

We will also shoot some 3

pointers and capture the flag

together before launching

cola rockets into the sky

SOCCER

WORLD CUP

Raise the cup for all things

football today as we crown the

soccer kings and queens of

the world. We'll have a creative

'training' session and make

some funky shirts for our teams

\$80

\$80

\$12.00

- WED

Base fee:

Activity Fee:

20TH APRIL

Daily Total: After max CCS:

CRIB POINT PRIMARY SCHOOL

Start 7:30am End 6:00pm

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WELCOME

We start the week off by designing personalised bucket hats for the holidays, hit the stadium for the first of many times this week for some active fun and travel on a nature exploration

Base fee:	\$80		
Activity Fee:	-		
Daily Total:	\$80		
After max CCS:	\$12.00		

19TH APRIL - TUE



WORLD CUP WEEK BEGINS

Join us for the opening ceremony as students battle for gold across a range of engaging activities throughout the week. Create a flag and play Masterchef guess to learn more about your country's cuisine

Base fee:	\$80	Base fee:	\$80	Base fee:
Activity Fee:	-	Activity Fee:	-	Activity Fee:
Daily Total:	\$80	Daily Total:	\$80	Daily Total:
After max CCS:	\$12.00	After max CCS:	\$12.00	After max CCS:

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INDIGENOUS ART & CULTURE!

We embrace a space to yarn with, listen to and learn from local Indigenous elders. We'll also play bush bingo and enjoy some sporty time in the stadium

Base fee:	\$80
Activity Fee:	\$15
Daily Total:	\$95
After max CCS:	\$14.25

21ST APRIL - THU



I'M POSSIBLE!

Today we explore the perceptions of how young people perceive people with an impairment, learn from Paralympians and play the Paralympic sports of goalball, sitting volleyball and para-athletics

> \$80 \$10 \$90

\$13.50

14TH APRIL - THU

venture



BRAINS & Putting brains an test, we will be ra in obstacle cour puzzle challenge and individu Easter is also aro so we'll create th and bake after together to	d brawn to the acing the clock rse races and s, team relays ual skills! und the corner, emed mosaics ernoon tea
Base fee:	\$80
Activity Fee:	\$10
Daily Total:	\$90

Activity Fee:	\$10		
Daily Total:	\$90		
After max CCS:	\$13.50		

22ND APRIL - FRI



MEGA

We battle for gold across a range of multi-event and multi-skill challenges, and celebrate big time at the closing ceremony. Thank you and goodbye!

Base fee:	\$80
Activity Fee:	-
Daily Total:	\$80
After max CCS:	\$12.00

ENROL HERE

https://www.owna.com.au/enrol.aspx?c=msicribpoint

Child Care Subsidies available to apply for via Services Australia. Experience/Activity Fees may apply. Programs may be subject to change. Administration, Late Booking Fees, and cancellation fees may apply. Third Party Payment Fees apply. Payment plans are available. Terms and Conditions can be found on our website – www.kids.msisport.com.au/





HIRING SUPERVISORS & EDUCATORS

for our School Holiday Programs!

2 Weeks Full-time (days negotiable)

Melbourne Sports Institute is growing our wonderful team! Due to the continued growth of and demand for MSI services, we are expanding into the childcare space. We are incredibly excited to start our journey as a provider of Out of School Hours Care. We are launching our School Holiday Programs this April at three rural primary schools.

> Crib Point Primary School Marysville Primary School St Joseph's Primary School Warrnambool

We are searching for a qualified team of enthusiastic Educators across our three locations to deliver engaging, enjoyable and educational curriculums for rural children who do not otherwise have the opportunity to attend such programs.

What you will bring: The Role: - A caring and nurturing nature and - Nurture a well contributes to an environment that learning stimulates children's development - Deliver and mode

- Passion, enthusiasm and fun when working with children

- Responsiveness to children's emotional needs

Skills & Experience: *denotes required

- *Employee Working with Children Check
- *Fully vaccinated for Covid-19

- First Aid Certificate, including resuscitation certificate, asthma and anaphylaxis

- Completed or working towards completing a Childcare related Diploma or

equivalent



You will need to be available for Week 1, Monday – Thursday April 11th-14th, and/or Week 2, Tuesday – Friday April 19th-22nd, 7.30am – 6.30pm at Marysville Primary School. We would still love to hear from you if you are available for a specific day(s).

Please email your CV to childcare@msisport.com.au or call Annie Buntine at 0466 647 743 for more details.

- Nurture a welcoming environment for learning

- Deliver and maintain a fun and compliant program under the National Quality Framework

- Daily planning and organisation of the MSI schedule



WILDLIFE RESCUE Contacts

@Koala rescueJenny Bryant0417 395 883

@WHOMP (Wildlife Help On Mornington Peninsula) 0417 380 687

@Klarissa Gaunaut 0488 494 667

COUNTRY RACING STRONG



Fashions on the Field at Balnarring Picnics

■ SATURDAY 16TH APRIL, 2022

Easter Saturday will showcase our Fashions on the Field, hosted by Channel 7's Sarah Duffy. With a prize pool of up to \$6,000, frock up, style up and bring your flair! Join us for a relaxed day of racing with entertainment, an Easter egg hunt + more kids' activities.

- + Lady of the Day 18+
- + Lady Runner Up 18+ + Gent of the Day 18+

+ Gent Runner Up 18+

- + Hat of the Day
- + Couple of the Day 18+
- + Racegoer Boy (5-17yrs)
- + Racegoer Girl (5-17yrs)











Plant sale showcases native talent

Yes, the locals are going native, and it makes a lot of sense – planting Australian natives is the way to go.

More people are becoming aware that native plants can perform well in a garden but worry that they may get a bit out of control. When to prune, what plants do well in clay soils, what will attract birds/bees/koalas to the garden - so many questions for both the newcomer to native plants, and those more experienced. If you're interested in developing your knowledge of gardening with native plants, then the Mornington Peninsula group of the Australian Plants Society (APS) has the solution for you with their annual plant sale.

This year the plant sale will feature a program of short talks by local experts on topics like; how to prune native plants, how to plant them correctly, and how to take cuttings - plus plenty of opportunities for questions. That's in addition to being able to browse Australian plants from more than half a dozen specialist nurseries. That's a lot of plants to choose from.

It's the perfect opportunity to see a wide range of native and indigenous plants from both local and regional growers. Native plant nurseries are not so prevalent these days, so it's also a chance to pick the brains of the experts.

Held for the first time at the picturesque Briars Park in Mount Martha, the plant sale gives local gardeners of all skill levels a chance to talk to those with the specialist knowledge, and to find the perfect native plant for their garden. Whether you mix and match with exotic species, or go completely down the native and indigenous planting route, there will be something for you.

Locally, the Mornington Peninsula district group of APS has around 70 members who enjoy growing and learning about native plants. And every one of them is keen to share their knowledge and experience – gardening is not a competitive sport!

The APS recognises the close relationship Australian native flora has with the native fauna in providing habitat, food, protection and a myriad of other benefits. The survival of one assists in the survival of the other. By promoting interest in growing and propagating Australian plants in home gardens and public places we ensure the continued survival of Australian native flora.

With the autumn rains just around the corner, May is a perfect time to start planting.

The APS Plant Sale is being held on Saturday 7 May 2021 from 10.00am – 3.30pm, The Briars, Nepean Highway, Mount Martha – free entry.

Further information available from APS Mornington Peninsula secretary, Jenny Bolger on 0428 284 974 or email morningtonpeninsula@apsvic.org.au

Australian Native **Plant Sale** The Briars, Nepean Hwy. Mt Martha. Saturday 7th May 2022. 10am to 3.30pm. <u>FREE ENTRY</u>

Purchase from and talk direct to the growers for professional advice.

Free talks on- 11am Pruning & maintenence.

- 12pm Propagate from a cutting.
- 1pm Planting for success.
- 2pm Attracting birds & insects to your garden.

Australian Plants Society, Mornington Peninsula. For further details contact secretary 0428 284 974



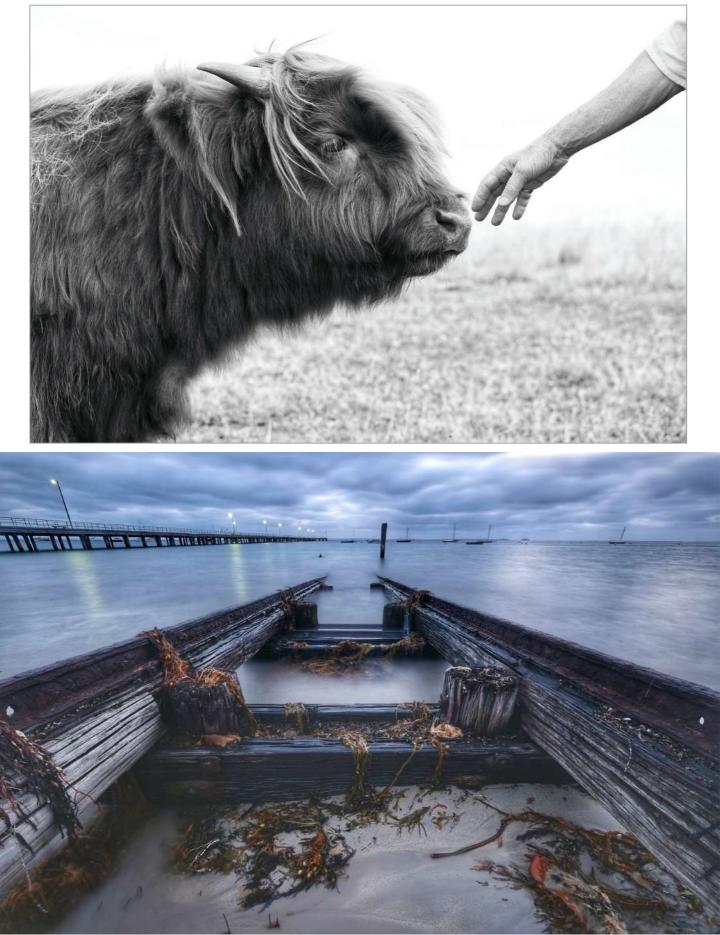
Hi there!

My name is Jose Zandveld, a local photographer sharing images of the area I grew up in. The beautiful Mornington
Peninsula. I am passionate about our amazing surroundings and enjoy capturing moments in time that they produce to inspire.
I offer prints for sale as well as doing family and pet portraiture, small intimate weddings, sporting events and business photos for websites.

You can follow my pages on Facebook or Instagram under Right Spot Photography and contact me on 0411 685 476.







TIDES CHART

WESTERN PORT (STONY POINT)

LAT 38° 22' S LONG 145° 13' E TIME ZONE –1000 TIMES AND HEIGHTS OF HIGH AND LOW WATERS

APRIL – 2022

Time	m	Time	m	Time m	Time m
1 0024 0612 FR 1253 ● 1840	2.61 0.99 2.56 0.89	9 0534 1137 SA 1830	2.63 0.51 2.87	17 0032 2.5 0625 0.9 SU 1319 2.7 1900 1.0	1 43 0639 2.61 0 MO 1239 0.55
2 0126 0714 SA 1400 1943	2.69 0.80 2.75 0.86	10 0008 0605 SU 1208 1904	1.07 2.57 0.60 2.77	18 0127 2.6 0718 0.6 MO 1418 2.9 1956 1.0	9 40 0736 2.51 3 TU 1330 0.74
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The Bridge thanks Grant Bradbury for supplying the above.

TIDES CHART

WESTERN PORT (STONY POINT)

LAT 38° 22' S LONG 145° 13' E TIME ZONE –1000 TIMES AND HEIGHTS OF HIGH AND LOW WATERS

MAY – 2022

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W W W . M A M A S B O H E M I A N B A Z A A R . C O M . A U

Crib Point **Community Market 2nd Saturday of Every Month** April 9 • May 14 • June 11

Lots of Stalls Inside and Out **Eco-Products**, Gifts, **Up-Cycled Goods**, Coffee Van, Plants, **Community Stalls**, COVID SAFE Fun for the Kids with the Cribby Koala Treasure Hunt and much more..

Crib Point Community House 7 Park Rd Crib Point 3919 P:5983 9888 • E:market@cpch.org.au W: www.cpch.org.au

Join Us For A Fun D

NEWSLETTER – April 2022



Where did term 1 go? Time flies when you're having fun, and that's what everyone has had this term. It's great to see everyone back and enjoying themselves again. We had great fun on our Op shop trip, the first in 2 years. There were lots of bargains to be had and a lovely lunch at Frankston RSL. We might be venturing to Melbourne this term, so check our website for more details.

I hope you didn't miss our Quilt Show in March. We had over 50 beautiful quilts on display. Again, check out our website for the results and lots of photos.

At the time of writing this newsletter, I hadn't finished the program, so again, check out our website and Facebook page for details. I'm working on some new classes and I can confirm that we do have a Mosaics workshop in May.

Our March Market went well, we had 8 new stalls and lots of people who were visiting the Peninsula for the long weekend. Two very special visitors to the market

were Gail & her mother Velda, who is 100 years old, both are members of our Knitters & Hookers group, and Lyn Ryan's granddaughter Hadley who is almost one year old. What a beautiful moment to be treasured.

The April 9 market will be our Easter & Mother's Day market and I'm sure you'll



be able to find a great gift for Mum. The Cribby Koala Treasure Hunt will have a FREE raffle for the kids to win either an Easter prize or a gift for Mum for Mother's Day.

We joined with the Crib Point Community Support Group and had our first Community Lunch on 17th March with about 30 people. They enjoyed a beautiful lunch and had a great time.

The Community House will be closed for the School holidays from 11th April for 2 weeks. We'll open on 26th April at 9am ready to take your enrolments for all the classes and groups for term 2.

. My mother taught me about the science of OSMOSIS .

"Shut your mouth and eat your supper.."

BACK TO KIDS' SPORTS

The good thing about being free from lockdown is that all of us get to start up at our sports again. Here are some thoughts and feelings from some kids about their sport!

NETBALL - by Izzie

Hello, the sport I play is netball and this is why I really like it. First of all, netball is a team sport and over time you make a great bond with your peers. Netball is an enjoyable and interactive sport. It builds your physical skill and coordination skill. My coaches help me with my personal goals and over the weekends we have competitive

matches with other teams over the peninsula. Most importantly netball is fun.



FOOTY - by Harlem

Hey there! You might think I'm going to talk about a sport I play but no, I'm talking about joining a sport, that sport is...FOOTY! Football has been a passion of mine since I was about 5 years old. I know, right, I was young! Football will get you moving, it will get you to make new friends and give you an extra kick to your running. Some local footy clubs are – Balnarring Thunder, Crib Point Junior Football Club, Hastings Football

Club and way, way more!!



GYMNASTICS! – by Ava

Hello! I'm going to be telling you why I love gymnastics! First of all, gymnastics will make you strong and flexible which will help you in other sports! It also is a team sport that teaches you how to be a sportive and fun person! The sport itself is fun and enjoyable!



SCOUTING - by Keenan

Scouting is separated into two different types of scouts. The two different types of scouting are sea scouts & normal scouts. Sea scouts are based on the water but sometimes we do land activities. Some water activities are kayaking, canoeing, swimming, sailing & much more. Some land activities we do are cycling, camping & hiking. The best thing about both scouts is being co-operative & car for others and yourself.



Australian Sports

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A: Becaus away fro		A: In case he got a hole in one!															

Friends of Daangean Report

The Friends of Daangean began the year on February 26th with seven new and youthful, and not so youthful volunteers. Oh the joy of it! Several of the usual team were absent for various reasons, but they will be back next month. The new volunteers were thrown in the deep end in a heavy stand of pittosporum, with an understory of gahnia, gorse and blackberry seedlings, and fallen eucalyptus limbs. One can but hope our new friends haven't been put off by the task ahead and see it as one of great importance. An article in the *WPNews* and *MorningtonNews* regarding FOD's plight of aging volunteers and lack of funding to engage a contract to clean up the block so we can move elsewhere at Devilbend brought forth a flurry of interest. Many thanks to everyone concerned who brought about this wonderful gathering.



FOD February weeding team morning tea - Marnie Fitz

Weatherwise it was a lovely day, but what a job we faced. The trees were big, fruiting and covered in road dust from passing traffic. It seemed a good idea at this time to leave a hedge of trees parallel to the road to protect us from the dust of traffic that uses Derril Rd as a speed track. Later in the year when sufficient rain has fallen to wash the trees and settle the road we can then deal with the hedge. Towards the end of 2021 ParksVic, using a small peri-urban grant, engaged a contractor to further reduce pittos, gorse and a smattering of boneseed in the patch of bush where the FOD team has been battling for the past 10 years. To begin the new working year it was decided to start on the outer edge and work back towards the area where the contractors had operated.

Large gorse bushes with a coating of Gorse spider-mite webbing, which doesn't kill them but inhibits their growth, also had a few flowers. Nothing else was flowering but after the recent rains fungi should start appearing.



Gorse Spider-mite webbing - Marnie Fitz

Waterwatch began on January 1st and the second session was February 16th. Last year WW didn't take place for most of the year, particularly towards the close due to isolation and the fact the chemicals used had either run out or had expired dates. Melbourne Water who provides the chemicals had a supply issue and also didn't allow our contact access to the store until all covid safety matters were dealt with. Water quality varied little from last year although the two dam levels were up in January and had dropped somewhat in February.



Graham collecting samples at Bittern - Marnie Fitz.

Later in autumn we'll check the macro-invertebrates at either Devilbend or Bittern dams.

Bird-wise a mere handful of coots were on Devilbend and at Bittern there was a swan family and couple of musk ducks on the water and several swallows flitting about catching insects on the wing.

Marnie Fitzsimons

FOD Co-ordinator

marniefitz1@gmail or devilbendfoundation@gmail.com

For the HOMELESS and families

WINTER will soon be upon us; homeless numbers are still increasing. Please get the knitting needles out!

Melbourne Period Project have prioritised the following for collection:

- School supplies
- NEW sleeping bags
- Mittens / gloves, scarves, beanies
- women's NEW nighties

Donate directly: **Melbourne Homeless Collective** BSB: 063027, ACC: 10118955 Commonwealth Bank of Australia

For more information contact me (**Barb Rimington**, **0418 333 747**) or check out:

Website: http://www.MelbournePeriodProject.org.au/

Facebook: http://www.facebook.com/PeriodProjectMelbourne

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Red Hill Op Shop

Pssst ... Be one of the first to know...

All through the Summer Red Hill Op Shop welcomed back regular customers and supporters who enjoy the thrill of the hunt, the scouring of the racks and the joy of finding something quite unique to take home! We did not disappoint!

In addition to our normal flow of interesting wares, the Op Shop staged an impressive designer clothing sale in February that showcased items collected by our sorters over the past year. The variety and the range were incredible.

Needless to say, the response was sensational which enhanced our reputation for good quality, clean clothing that was well displayed and reasonably priced. The high-end items 'went like hot cakes' with people leaving the building with some fascinating pieces and fashionistas were in their element!

People who have listed their name and email on the 'Friends of Red Hill Op Shop' database are, of course, the first to know of any of the sales and special offers. <u>You need to be on</u> that list!

For the next two months we are encouraging people to let us know their contact details and we will add their name and email to our list so you can be among the first people to know about things happening at the Op Shop! You'll be in the know.... That's half the battle – being prepared!

We can be contacted on predhillopshop@gmail.com and an email will be sent to you confirming your name. So easy, and then sit back and wait to hear what's coming up!

You can also add your name to the email list when you next visit the Op shop at 33 Mechanics Road, RED HILL.

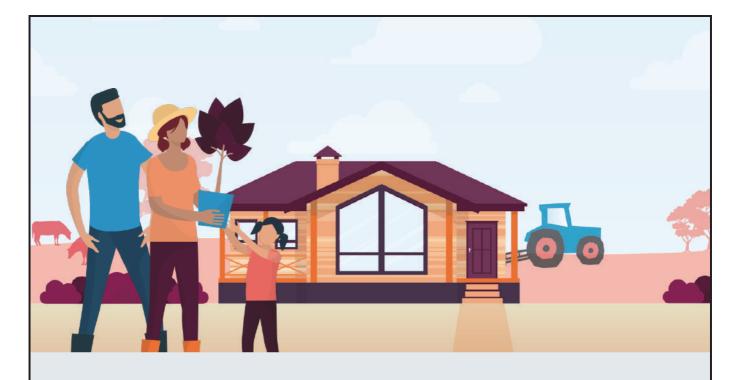
BALNARRING LADIES PROBUS

If you are a retired or semi-retired lady looking for good company and interesting activities, come along to Balnarring Ladies Probus.

We have Stimulating Speakers, Book Group, Scrabble, Café Group, Craft Group, Films, Walking Group, Convivial Luncheons, Outings and Shopping Trips, as well as a regular monthly Newsletter to keep you up to date with events.

> Join us as our guest for any meeting at: Balnarring Hall No. 2 (opposite the shops) 10am on the 4th Wednesday of the month You will be made very welcome.

For further information from Adele on 0419 522 513.



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MAKE YOUR BED EVERY MORNING

When I was sixteen, I was living at home with my mother and young brother. I was lucky enough to obtain a job with two chaps who ran a real estate agency in Brighton. My Dad had just passed away and I really needed some work to help support my mum and small brother.

These two chaps were decent and had a lot of knowledge that they passed on to me about people, business and real estate. One morning, one of the partners said to me that to start your day off, always make your own bed. 'It's a good way to do something positive,' he said.

To make your bed correctly, the corners would be square and pulled tight; the pillows would be centred just under the headboard and, the extra blanket neatly folded at the bottom of the bed.

If you come home after an average day, a made bed will make you feel a lot brighter and you start the next day on a positive note! One positive action leads to another positive action. It's only a small thing, but it works! Try it and see for yourself!

This partner in the business was very rich, not so much with money, but with the great people he knew and the honest approach he had to business. It was really great for me to work for such great people.

He also said, 'Every day you wake up is clear profit!"

Laurie Smith, Merricks Beach

Balnarring Community Playgroup

...is starting again. We ran a few last year but lockdowns meant we had to stop. This informal playgroup has been started by a few local families who are keen to meet other parents and children and create a space for play and learning in the local area.

The next session in April will be focused on Playwords - a leading early learning education approach to developing STEM skills in infants and toddlers.

Playgroup is run on the **first Friday of every month**, **9.30 - 10.30am**. Check out the Facebook page for more details or email <u>kirsten.emes@gmail.com</u>.

> We are also keen for anyone else who is interested in helping with organising :)





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Flinders Community Association

 Mail:
 PO Box 228, Flinders, VIC 3929.

 General Email:
 Info@FlindersVillage.com.au

 Sender's Email:
 Charles.Reis@Optusnet.com.au

 Website:
 www.flindersvillage.com.au

29 March 2022

MEDIA RELEASE

Heritage Recommendation could Save Flinders Pier

A recommendation by Heritage Victoria has thrown a lifeline to the embattled historic Flinders Pier which is currently under threat of partial demolition.

Heritage Victoria has submitted a 57-page report to the Heritage Council of Victoria recommending that the Flinders Pier and Flinders Telegraph Cable precinct be included on the Victorian Heritage Register.

If the application is successful, it will be the second pier on the Mornington Peninsula to have its historic value formally recognised.

The submission, now publicly available on Heritage Victoria's website, describes Flinders Pier as having a recognisable connection to the cable station and early fishing industry dating back to the 1860s; and explains the relationship that scientific and diving communities have had with the Flinders Pier since the 1950s.

The Heritage Submission also highlights what it calls 'resonance of social value', noting that the popularity of the pier extends well beyond Flinders.

Spokesperson for the Flinders Community Association, Charles Reis, said the pier has always been a popular daytrip destination for people across the Mornington Peninsula. He said this explains the strong support that the Save Flinders Pier campaign has received from Peninsula residents.

"The recommendation is thorough, drawing heavily on research done by the Flinders District Historical Society. It draws on historic artefacts, engineering studies, scientific papers and cultural assessments. But most importantly, it captures how people historically and currently use the Flinders Pier and precinct. This is probably the report's most valuable element. "I don't think we could have asked for a more methodical appraisal."

Research by Heritage Victoria observed that the integrity of the timber pier and the materials used in its construction remain in its general form, notwithstanding frequent repairs and replacement of components.

Demolition of the historic pier was originally due to commence in February 2022.

Mr Reis said he was confident that Parks Victoria would honour the Heritage Listing if the recommendation is successful and said that the agency had experience in managing heritage assets.

The Heritage Victoria submission for Flinders Pier is open to public comment until 17 May and can be downloaded at <u>www.HeritageCouncil.vic.gov.au</u>.

A final decision is expected in early June.

Further information:

Charles Reis - 0418 320 498





The Times we find ourselves in

April opens with a potent New Moon in Aries. (New Moon AEDT April 1st at 5:28pm)

New Moons are an excellent time to focus on our intentions. For dreaming in new realities, we are assisted by the planets Jupiter and Neptune, which form a single perfect conjunction on April 12. Last time this happened was in December 2009, and the next one will not happen until March 2035. This important and unusual planetary conjunction along with some other ongoing planetary patterns reveal that there is still a lot of healing and reconciliation happening as we individually and as a collective come to terms with these most challenging of times. (I have written in more detail about the astrological configurations and their interpretation on my website, www.earthheart.love).

These challenges are symptoms of the breaking down of an old world: the structures and systems of a world built to exploit mother nature and compete with one another in the process, stopping at nothing to be a winner in these stakes. We blow our Mother Earth apart, poison her land and waters with chemicals derived from extractive industries and then remixed into toxic cocktails to propel us forward on our materialistic rollercoaster rides of self-aggrandizement. We continue to murder and kill each other, sometimes just for the colour of our skins, or our gender, religion, or nationality, and in the process wipe out other species in our race to be 'at the top of the game'.

In truth I don't believe it serves us to denigrate our species like I just have, calling ourselves parasites and vandals of this magnificent planet. Although all the evidence suggests that we must be one of the most destructive and divisive species to inhabit her.

Which other species has been able to compromise and destroy the biosphere, the atmosphere which nourishes all life and protects us from invading and potentially harmful elements in our solar system and galaxy; as well as change the climate and bring our own as well as most other species to its knees with the consequent climate emergencies?

When one thinks like this, one cannot help but note how *powerful* humankind is. Misguidedly, we have abused our powers and are endangering all current lifeforms on this planet with our careless, self-serving, arrogance and entitled sense that we can do whatever we like, whenever we like, and in total disregard for life on Earth.

And yet more-than-likely, most of us live peacefully and in harmony with our immediate environment and each other. (I do not have the stats on this, I'm *imagining* this..) We have the capacity to feel compassion, empathy, curiosity, and an expanded sense of belonging to each other as well as the planet with all its remarkable life-forms. We have the consciousness to know ourselves, and to bring wisdom, awareness and understanding to all that we are part of.

We can create amazing beauty; dazzling and innovative ways of living healthily and with great awareness, at one with each other and all that is so extraordinary about this planet.

So **now** is the time to bring our attention to the old paradigms we've been programmed with, the belief that we are '*above* nature'. Once we find that narrative in our own belief systems and behaviours, we can practice compassion towards the obsolete systems and trajectories which keep us so separate from each other and Earth.

To change into the New Earth and perhaps survive this massive transition time we are in, we must let go of these old ways of operating. *Easier-said-than-done!* But starting with ourselves and our immediate families and communities wherever we are right now, is a good beginning. And all you have to do is start with yourself, its contagious and will soon spread to those around you and into the wider community.

Even though it is important to know what is going on in the world, one can so easily get dragged down by the minutiae and feel flattened by a hopeless sense of powerlessness. It is helpful to focus instead on a practice which can bring change, beginning with you.

Practice: reflection, kindness, compassion, grace, forgiveness, faith, inclusiveness, generosity, courage, self-responsibility, and self-love.

With these qualities embedded in your intention and with an open heart, ie with Love on your side, you are harnessing the greatest and most pervasive powers available to us for changing ourselves and the world at large.

(Candy van Rood is a sacred activist, astrologer, tarot reader, intuitive counsellor & visual artist and lives in the Mornington Peninsula. <u>www.earthheart.love</u> and <u>www.candyspender.com.au</u>)





Balnarring Fire Brigade News

As the cooler weather approaches and we leave Summer behind us we must still be vigilant to the possibility of fire. Even though the grass is greening again it is still growing and a few dry days, a bit of sun and wind is all it takes for a small fire to develop into something unexpected. So, please don't be complacent and remember that the Fire Danger Period is still in effect until the 1st of May, 2022.

During the Fire Danger Period you cannot light a fire in the open air unless you have a permit or comply with certain requirements. The Mornington Peninsula Shire's local law on open air burning is superseded at this time.

Please check the CFA's Fire Danger Period Restrictions or the Mornpen website for further information.

Also, as the end to Daylight Savings approaches it is also a great time to consider the effectiveness of any Smoke Alarms installed in your home (or business).

Ideally the detector should be located between living areas and bedrooms. Fire Services recommend photoelectric smoke alarms with a 10 year lithium battery. These smoke alarms should be tested monthly, cleaned annually and the whole unit fully replaced every ten years. If other types of alarms are fitted change the batteries once a year, preferably at the end of daylight savings.



Did you know?

in Victoria

- annually, more than 3,000 house fires occur that's eight per day.
- on average 15 deaths are house fire related each year.
- the three most common causes of house fires are faulty electrical wiring and appliances; leaving cooking appliances unattended; heating related fires.
- the main causes of wood fuelled heating house fires are
 - dirty or faulty chimneys and flues;
 - faulty wood combustion heaters;
 - burning logs rolling out of unguarded fireplaces;
 - disposal of hot ashes.

- SMOKE ALARMS SAVE LIVES. All residential properties must have at least one smoke alarm installed on each level. They provide early notification of a fire by improving occupants chances of surviving through early and safe escape from the building.
- Smoke Alarms must meet Australian Standard AS3786.
- installation requirements are -

on the ceiling at least 30 cm from the wall; must be between each sleeping area and the rest of the house; should be inside any room where an occupant sleeps with the door closed.

Turn-outs

8 Jan - Car Crash - Bittern-Dromana Rd, Merricks North to assist Police with washaway. Luckily nobody was seriously hurt. Please be careful when driving on slippery roads.

8 Jan - Electrical Fire - fuse box in the shopping precinct of Balnarring Village. No injury, minor damage, business disruption.

16 Jan - Rescue - magpie stuck in tree with string tangled around its legs. Thanks to the Wildlife Rescue people for assisting.

23 Jan - Grass Fire - assisting Somers Brigade with a small fire that developed from tree loping activities.

3 Feb - Grass Fire - Balnarring Rd, Balnarring (burnoff during Fire Danger Period).

4 Feb - Car Crash - Old Moorooduc Rd, Tuerong to assist Moorooduc Brigade and Police with washaway.

19 Feb - Grass Fire - assist Somers Brigade near Miramar Rd (on beach).

26 Feb - Rescue (0236 hours) - Frankston-Flinders Rd, Balnarring. Person trapped in toilet block near skate park.

26 Feb - Grass Fire - Turners Rd, Balnarring to assist Bittern Brigade with a spreading fire (burnoff during Fire Danger Period).

Please don't forget the **FIRE DANGER PERIOD** has been declared and takes effect until the 1st May 2022.

Please refer to: https://www.cfa.vic.gov.au/warnings-restrictions/total-fire-bans-and-ratings/can-i-or-cant-i

You risk more than prosecution if you choose to disregard the law.

Community Meetings

We met with representatives of the Merricks Beach Residents Association and Merricks Beach Foreshore Committee of Management to discuss access requirements along the Fire Access Track along Merricks Beach. Following our meeting we undertook some pruning and clearing activities along the track along with members of the Foreshore Committee.

We would like to acknowledge and thank those involved for their assistance and we look forward to continuing and developing a productive association with both the Foreshore Committee and MBRA.

If any community group would like to speak to us or have a CFA representative present at their meetings, please feel free to call or email us. We are more than happy to assist.

Member News

WOW. Plenty happening with our members.

Firstly, Woohoo! We had 4 of our members get married. Congratulations to Amy & Matt on their wedding and to Jess & Stede who also tied the knot. We all hope you have wonderful journeys together and wish both couples all the best in the future.

The dynamic father and son duo, Nigel & Max, are at it again as they pushed themselves to the limit once more with the MCG Stomp to assist in raising awareness and money for the mental health and wellbeing of our emergency services personnel.

Finally, Strawberry, our favourite rescue dog attended the station to say thanks for getting her out of a bit of a predicament last year. Poor old Strawbs fell bum first into a hole at home. We were called and managed to successfully dig her out. She's doing really well for a beautiful old girl who's nearly 17.





Please check out the Balnarring CFA FaceBook Page for more pics.

https://www.facebook.com/balnarringcfa

Have a great Easter and Keep Safe.

Byron Sedgwick

Lieutenant – Balnarring CFA Community Engagement Officer

M: 0419 313 413

E: byron@patonestate.com.au



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Crib Point Community House Presents

Opening Night Friday 26 August 2022

tion of Contempo

Exhib

Time: 7pm to 9pm

Entries Close 15 August

\$15 - Admittance with Wine and Light Refreshments
 Bookings Essential

Exhibition Dates 27 & 28 August 2022 Time: 10am to 4pm

\$5 - Admittance • Children Under 18 Free



BOOK NOW FOR OUR WINTER HOLIDAY PROGRAM

3 x day short filmmaking course for kids. Make a film and enter it into a festival! Mon 27 - Wed 29 June @ Somers YC



NEW CLASS!

'Troupe for Teens', Thursdays 5 - 6pm at the Balnarring Small Hall Designed as an extension class for students who enjoy Drama at school but want more!

NEW CLASS!

Adult 'Dance in the Dark' sessions coming soon to Balnarring!



Come and dance in a safe space, to music of the world

SOMERS PRIMARY SCHOOL

Lunchtime and after school classes available

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Balnarring Preschool

We have been busy bees at the Balnarring Preschool with the commencement of Term 1. Many familiar faces have returned to start 4-year-olds Kindergarten and eager new children have begun 3-year-olds Kindergarten. Our Welcome to Country evening was a wonderful opportunity to learn about First Nations people's cultures and created a sense of community amongst the kindergarten families.

This year, in addition to our 4 year old groups experiencing a beach/bush kinder session, our 3 year old groups have been introduced to one session every week exploring the bushland environment. This is an extraordinary opportunity for the students to learn stories from our First Nations peoples, discover habitats for the animals and flora of the region. On the days the children are back on site at kindergarten, it is spent primarily outdoors doing activities such as harvesting murnongs (yam) and cooking them in the fry pan, creating artwork and learning through play.

Pleasingly, our Preschool received funding from the Climate Action Grants Program to support a reduction in emissions and to encourage and educate our students on the importance of climate-friendly behaviour. Needless to say, there have been many enthusiastic children discussing the lifecycle of the butterfly with the use of charts and puppets, examining the components of worm farms and much excitement about composting.

Overall, a brilliant start to 2022 and I look forward to demonstrating a selection of the children's artwork and including their delicious recipes in the next edition of the Bridge Magazine.



- Gillian Robertson (Historian, Balnarring Preschool Committee)

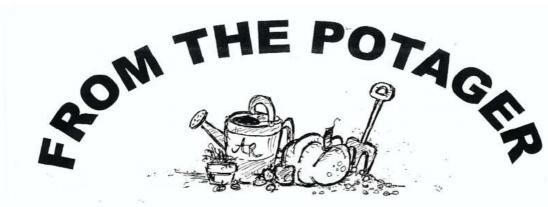


Welcome to Country evening

Beach kindergarten

Harvesting murnongs (yam)

Learning through play



Brassicas for Autumn Planting

With our summer crops finishing, we are finding that there is lots of space to fill in our vegie garden. Brassicas are the heroes of an autumn vegetable patch-broccoli, cauliflower, cabbage, kale, mustard greens, kohlrabi, turnip, and also Asian greens such as pak choy, bok choy, choy sum (brussels sprouts are in this family but it is a little late to be sowing them). Brassicas are nutritious and delicious and teeming with antioxidants. As long as they are protected from the white cabbage butterfly (and their numbers start to decrease when the weather gets cool), they are easy to grow and are wonderful to use in the kitchen.

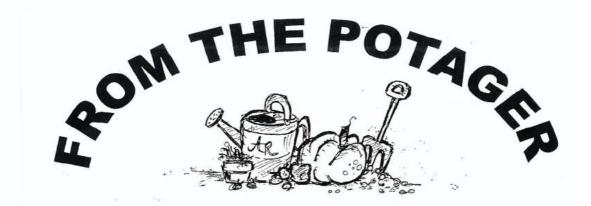
You can be adventurous and try different varieties- Romanesco broccoli is a delicately flavoured broccoli with iridescent lime-green heads in a unique spiralling pattern, there are mini varieties of cabbage and caulis that are perfect for a more compact garden and experimenting with lots of the leafy brassicas is fun and these can be used in diverse ways in the kitchen. You can buy them in punnets from your local nurseries but buying seed from specialist seed suppliers allows you to get some more interesting varieties.

Seeds of brassicas are best sown in punnets and transplanted out. This increases germination success, minimises damage from pests when the seedlings are young, and you can space your vegetables when it comes to planting.

Here is a step-by-step guide to sowing your seeds:

- Fill your seed punnet to the top with seed raising mix
- Level and firm down very gently and water well
- Sow seeds carefully- sprinkle them lightly and thinly
- Cover with a fine layer of seed raising mix and water them again
- Transplant your seedlings into their own pot when they have grown a second set of leaves
- Allow the seedlings to grow and when they are at a reasonable size, you can plant them in a sunny part of the garden that has been enriched with compost.





Pests to look out for:

Snails and slugs enjoy munching on brassicas, and aphids will often infest cabbage that are weak and vulnerable. They will need protection from white cabbage butterfly- fine netting is a great way to protect your brassicas. Cabbage butterflies are territorial and if they see another cabbage moth in the vicinity, they tend to leave. So, either make, or buy, some decoys – just white butterfly shapes on sticks can do the trick. Or planting white flowering plants such as geraniums or violas might be enough to confuse the cabbage butterflies.

Growing in Containers:

Brassicas can be grown in pots and containers. For the bigger varieties it is best to grow a single plant in each pot to avoid overcrowding (depending on the size of the pots). You could plant multiples if using the 'mini' varieties. Use a premium potting mix for vegetables, place in a sunny spot and water regularly.

Sow now and you will be enjoying your brassicas in no time. Try staggering plantings every 2-3 weeks so you have a constant supply throughout the season.



BALNARRING MEN'S PROBUS CLUB

Our Club was founded in 1985 to provide opportunities for retired and semiretired local men to engage in a variety of activities in a congenial environment which encourages fellowship and fun. We currently have 80 members with ages ranging from 65 to 98.

We meet at the Balnarring Hall on the last Friday morning of each month, commencing at 9:30 am, for about two hours. Our regular features include photographic exhibitions, morning tea and guest speakers who are invariably a source of information and entertainment. The Club also hosts a variety of activities including book groups, bridge, wine appreciation, photography, gardening, outings and dine-outs.

We welcomed back members at our February meeting with two members giving short, illustrated presentations about local history. Dennis Paskins talked about the "BHP ships visiting Westernport" and Alan Rae on the "Erosion and Restoration of Somers Beach". After the meeting members and partners enjoyed our annual picnic at Coolart.

The next meeting will be held on **Friday**, **29th April** commencing at 9.30am in the Balnarring Hall. The following meeting will be on **Friday**. **27th May**.

New members are always welcomed. For further information please contact President Daryl Cowen on 0439 100 546 or check out our website by typing "Balnarring Men's Probus" into your web browser.



Somers Ladies Probus Club



The 2022-2023 Committee of the Somers Ladies Probus Club.

Our 2022 Probus year turned out quite differently to that expected. Due to the Covid pandemic we could not meet regularly but as restrictions eased we were able to have some functions which provided warmth and friendship from our members who were able to get together.

The committee made biscuits to deliver to members but due to changes in restrictions we were unable to deliver them! (Several husbands enjoyed the benefit of that). The committee sent out letters, cards, e-cards and extra newsletters to keep in touch.

Many, many thanks go to our committee, and our activity leaders who have been very caring and concerned about keeping in touch the best way we could during the periods of isolation.

Somers Ladies Probus Club welcomes ladies looking for interesting activities, outings, thought-provoking speakers and new friends to join us at our monthly meetings at the Stone Pavilion, Somers at 10 am on the first Friday of each month. Contact **Val** (5983 5032) or **June** (5983 5321) for more information.

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Garden Market : 2nd Saturday of the month 9-12 Fresh produce, preserves, garden gloves and accessories & more

Grow Learn Share Eat Organic gardening principles followed All ages and abilities welcome

Visit us on Wednesday or Saturday 9-12 at 7 Park Road Crib Point (behind the Community House)

Further information email: thecrib3919@gmail.com



The Power of Meditation

There was a TV show many years ago, and in this TV show, the main hero was a school teacher, and he had a sidekick who was a policeman.

In the first episode of the series, the two were driving along when the policeman got a lead to an investigation and they therefore headed out to the desert following the lead. In the desert that night, they came across an alien spacecraft (as one does). The Aliens came out of the spacecraft and gave the hero a superhero suit, adorned with cape and all. Also, with it came a hi-tech manual for how to use the super suit. The aliens explained that this super suit was to help humanity. After this encounter, the aliens took off and left.

Astonished by these events, the hero and sidekick put the suit and manual in a briefcase and walked back to their car. Then they drove out of the desert and back home. Now what they didn't realise at the time, was that while they were in the desert walking back to the car, the manual for how to use the super suit slipped out of the briefcase and was lost in the desert!

They got back home with this super suit but, without the manual, they didn't know how to use it. Wearing the suit, the hero could fly but because he didn't know how to use it properly, he would fly out of control and sometimes smash into brick walls. There were also episodes where the hero discovered new powers that he didn't know the suit had.

This peculiar plot is actually a lot like us (without the Aliens, suit and cape of course) but as human beings, we have superpowers, we just don't usually acknowledge it. The amazing ability to think, the wondrous ability to feel and the tremendous ability to do. Also, we have many other superpowers. But where is the manual for how to use these superpowers, and how to work with them? We've lost the manual in the desert!

Growing up, we do learn and develop strategies for working with our superpowers, some of them that work and some that don't to varying degrees. And when these superpowers are working well and in harmony, we can create the most truly beautiful and amazing things, like advances in science, creativity, helping others, joyful moments, knowing ourselves and... the list goes on and on.

When these powers aren't working in a harmonious way, they can create problems, like a machine not being used properly and making a lot of noise from the grinding gears.

What do you do for example when the mind is over-thinking? Or the emotions are all over the place or your actions are not in alignment with how you want to be? We've lost our superpower manual in the desert.

Okay then, let's pack and go on an intrepid expedition to retrieve the manual in the desert. (Lawrence of Arabia music swells.) But hold your horses and camels! Maybe we actually do have the manual after all. Our intuition. Our intuition is the manual for how to work with our superpowers and be a natural, mostly joyous human being and the hero of our own TV show!

In many ways, we grow up being taught to worry about what other people think, which, when it's in the healthier balanced form of considering other people's opinion in a respectful, healthy and inclusive way, it is of course a really important thing. But when the consideration is out of balance and it's more in the realm of worry, then in the process of trying to make sense of things and worrying about what others think, we can often push aside our intuition.

So how do we get back in touch with this intuition, this inner manual? By using tools like the power of meditation, positive focus and spending time with ourselves, and spending time in nature.

I often say, the more you know yourself, the more your issues or blocks become superpowers!

So, I recommend setting aside some time each day to meditate or to just sit quietly with yourself and tune in to your intuition. You know it by the beautiful, natural, clear, uplifting feeling space - like tuning guitar strings to the natural harmonic frequency. And, in turn, effectively and joyously working with your superpowers.

When someone is being themselves and is connected to their intuition and inner knowing, it naturally inspires others to be the positive version of who they are, connecting more with their intuition and knowing how to use their superpowers in effective, beautiful and inspiring ways too.

Simon has been teaching meditation for over 15 years and teaches Meditation classes online and in Balnarring weekly on Tuesday nights.

http://www.relaxationmeditation.com.au @relaxationmeditation



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GOT SOME TIME & SKILLS TO SHARE WITH YOUR COMMUNITY?

Perhaps you're retired and finding you've too much time on your hands? Maybe you feel you have a lifetime of accumulated skills and talents going to waste?

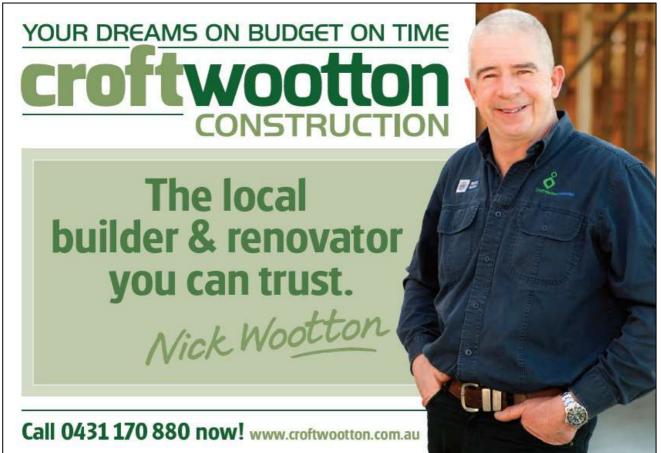
Or are you missing that satisfying sense of purpose and contribution from being creative and involved in something bigger than yourself? And you'd like to make a difference in your community.

The Bridge team is keen to 'Refresh' our community magazine's communication and website. We're a small team of volunteers and we invite and welcome fresh input, ideas and assistance with keeping the wheels turning.

You can make a difference by volunteering your time and skills:

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Combined Probus Club of Balnarring

Our Club welcomes couples and singles to enjoy the friendship and fellowship of like-minded people.

We meet at the Balnarring Hall on the third Friday of each month at 10.00am. Our meetings consist of a brief coverage of the business of the previous meeting, morning tea, then a Speaker or other organised activity.

We organize day trips and a four-day Spring and Autumn trip. Our interest groups include Book Club, Singing for Fun, Gardening, Cards: Hand & Foot, and "500", Scrabble, Walking, Dine Out, Cinema, Movie discussion group, Camera Crew, Backgammon, Bocce, Carpet Bowls, and a Book Exchange.

Please contact: Patsy Wilson

Membership Secretary Email grapatwilson@bigpond.com Tel. 0419 009 784 or 5983 9949

THE BOY ON THE BOX

Ben Buckley, bush pilot, Omeo Shire councillor, larrikin and storyteller had a knack for bending the rules. Yet, because he dared ignore aviation protocol, he saved several lives. Ben died in February this year, aged 85, at Benambra where he had lived for many years. He had grown up in Balnarring where his parents had a dairy farm.

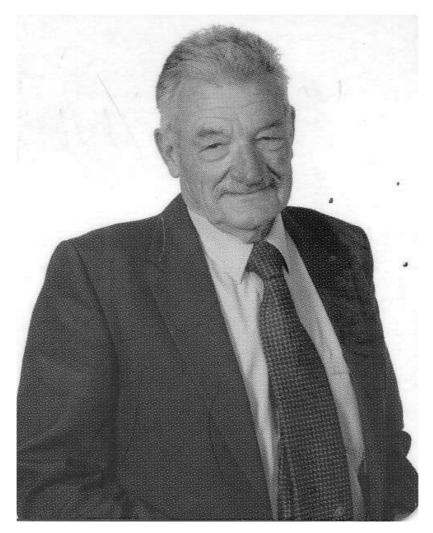
On May 3rd 1942 American soldier and serial killer Eddie Leonski was hanged at Pentridge Gaol. He had murdered three women. The general public was still nervous despite the authorities' efforts to calm things down. Shortly afterwards a small seven-year-old boy went missing from 'Seaview', home of the Buckley Family on Stumpy Gully Road. His absence was not noticed for a while as his mother, Molly, was busy with his five siblings and his father, Jock, was away serving as a guard at one of the prisoner-of-war camps in Northern Victoria.

That small boy was Ben Buckley. Here Ben tells the story of his youthful escapade.

'On the corner of Stumpy Gully and Myers Roads in Cootes Bush, the Americans had established a camp not far west of Balnarring Race course. How I got into the camp or how long I had been there is lost to me now; however I can clearly remember dancing on a large box singing a slightly changed version of 'Run Rabbit Run' which went something like – "Hey Mr Hitler, I'm coming to get you with my gun, run rabbit run, run rabbit run". There was a soldier with a banjo or something, strumming away and a large camp fire burning. It must have been a cold night. There were a lot of soldiers there and they were laughing and clapping and happy.

Suddenly, out of nowhere an Australian patrol appeared; an officer in front, mum just behind him and a section of Diggers in a column behind her with their rifles having fixed bayonets at the ready. The Officer shouted a command and a deadly silence prevailed except for the flickering and crackling of the camp fire. A G.I. stepped forward and said to the Australian Officer something like "Hey Sir, you've got a great little 'dude' here". Mum grabbed me off the box and gave me such a hug it all but broke my ribs and she had obviously been weeping with anxiety. The whole camp erupted into cheering, clapping and laughing.

The officer barked an order and the squad about turned and with mum and me right behind him, left Cootes Bush as quickly and quietly as they



Ben Buckley – autumn 2015

had come. I could still hear the festivity coming from the camp as we crossed Stumpy Gully road and went up the gentle rise to the pathway leading to the homestead. An old Australian soldier was on guard and the escort patrol slipped away into the cold night. The old guard gave mum a tired salute and said, "Everything alright Madame?" Mum responded with, "Oh yes, thank you, thank you ever so much". She kept me close to her all the rest of the night and for quite some time after."

At the time of this incident there were ¹/₄ million G.I.s in Australia.

 \dots Occasionally in my advancing years when I think about it, I wonder what happened to those American soldiers – like ours, there would be very few of them still alive today, that's just how it is!

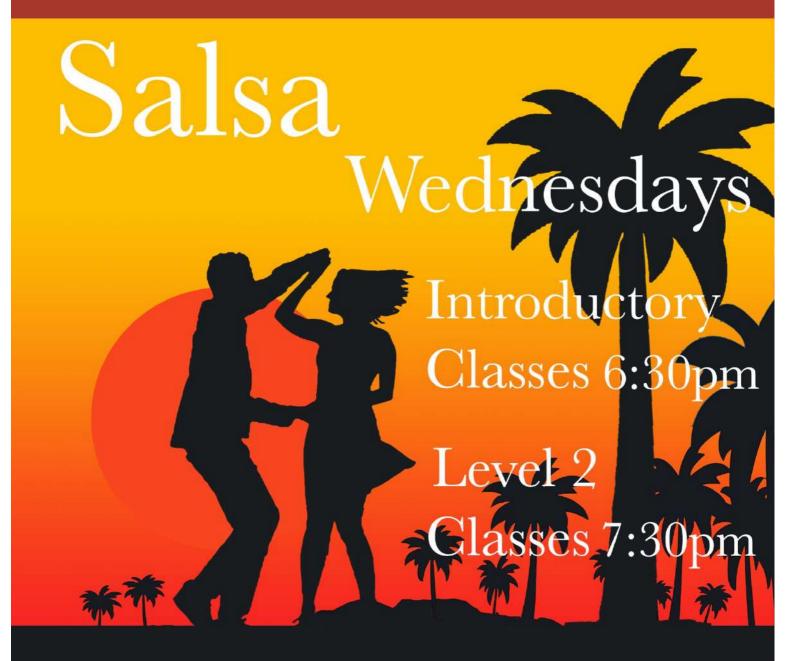
(From the archives of Balnarring & District Historical Society. Edited by Ilma Hackett)



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Pat The Mac tips : Forgot your glasses, no problem.

When I am sitting at a café, I like to check my iPhone for emails, messages or other postings of interest... Quite often, that is when I notice that I have left my reading glasses at home or in the car! Of course, quite a few of us in the "reading glasses age" have set our phone to large characters permanently... However this is not always convenient depending on what you want to look at.

So, I'm going to explain a way to change the size of the iPhone fonts very easily.

Picture	Explanation
Settings	1) Go to Settings
Control Centre	2) Scroll down to Control Centre and click on it.
Text Size	 3) Scroll down to the list named "MORE CONTROLS". At the bottom of that list you will see a widget (that's what they are called) named "Text Size". Click on the little + to the left of Text Size. This widget is now moved to the top list named "INCLUDED CONTROLS". 4) You can now close the Settings.
AA	5) Next, bring up the "Control Centre" (while on the Home Screen, swipe from the top right towards the centre of the screen) and you will discover a new widget as shown on the left here.
Text Size 110%	 6) If you tap on the "aA" widget, it will bring up the screen shown on the left here. 7) At the bottom of this screen, make a choice of font size for either : the Home Screen or All the Apps. 8) Once you have made your choice, use the cursor to set the font size.

I hope this tip will help you reading your iPhone even when you have forgotten your glasses.

If you need help on this topic, use the details below to contact me **Pat The Mac** on 0419 330 497 or by email via <u>pat@patthemac.com</u>

Working Bee at Balnarring Beach: All Welcome!

A dedicated group of Balnarring Beach ratepayers and members of the Foreshore Committee are inviting anyone with a heart for the environment to take part in our monthly working bee.

Our hard-working group meets at 10 am on the <u>last Sunday</u> of the month (excepting December and January) at the rotunda next to the beach store at Balnarring Beach.

Our next 2 working bees are on:

Sunday April 24th and Sunday May 29th at 10am at the rotunda. We usually work till 12 noon and enjoy a free cup of coffee or a drink afterwards at the Balnarring Beach shop, 'Tulum Store'.

It is always a great opportunity to have a chat.

Paul, our Ranger always has some important work for us to do, be that weeding or planting freshly cleared terrain with new plants. Some of these plants are propagated and raised over many months in our nursery.

If you can make it, please bring **gloves** and wear **sturdy footwear**. We hope to see many of you there.

Cheerio and many thanks to all who attend.

Rupert Steiner, for the Balnarring Beach Foreshore Committee working bee.

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Here we come 2022 BALNARRING MUSO NIGHT

Every fortnight on a Wednesday in 2022 from 7pm

BALNARRING BOWLS CLUB

\$5 Donation on the door Drinks at (CHEAP) bar prices BYO Nibbles Open mic for musicians, poets, dancers & performers of all ages

FOR MORE INFO CONTACT MICHAEL ON 0488940924

Musos Nights for April and May 2022 are: April 6 and 20. May 4 and 18.

Check out Balnarring Muso Night Facebook page for all the latest info – ed.

NE

THE BRIDGE

CONTRIBUTING TO THE BRIDGE

The Bridge is a bi-monthly independent community magazine for Balnarring and surrounding areas. The views expressed within are those of the writers and not necessarily those of the Editor, Community or any organisation. Financial contributions are welcomed.

GUIDELINES FOR THE BRIDGE CONTRIBUTIONS

The contributor's name must appear with the article and contact information is recommended. If emailing, please use A4 page format with 1.5cm margins, 14 point font size and single spacing. Headings with a font of 18. Send as a Word or Pages format file to info@bridgemag.com.au or PO Box 248 Balnarring VIC 3926. Ideally, file sizes no bigger than 1.5MB please.

Deadlines for submissions are as follows:

January 10th (February/March issue) March 10th (April/May issue) May 10th (June/July issue) July 10th (August/September issue) September 10th (October/November issue) November 10th (December/January issue)

Our number of pages is limited so "first come, first served". Submissions for multiple issues must be made each issue unless otherwise agreed. Acronyms to be written in full at first mention followed by the acronym in brackets, e.g. "Community Centre (C.C.)".

The primary focus of The Bridge is to promote free community events. Volunteer organisations are encouraged to submit up to one page per issue and will not be charged. All entries that create income, including employment and housing, count as adverts. Personal words from individuals are also free to enter. Businesses holding events, workshops, etc. in the coming months are encouraged to contribute.

Content that speaks negatively of any individual or group will not be published. Groups should comment on their own activities only, unless in appreciation. The editorial review team reserve the right to edit and/or refuse contributions where necessary. Copyright on images used remains the responsibility of the contributor, and photographers must be credited.

Website: <u>www.bridgemag.com.au</u> Email: info@bridgemag.com.au