



THE BRIDGE

Bi-monthly community magazine for Balnarring, Bittern, Crib Point, Flinders, French Island, Main Ridge, Merricks, Pt. Leo, Red Hill, Shoreham, Somers and Tuerong

Issue 58 Dec 2019 - Jan 2020

www.bridgemag.com.au



Preschool teacher Karen Anderson, 'Mrs Karen', with a group of Balnarring Preschoolers investigating the world of Westernport. Read about the Preschool's latest Award p.26.

Made possible by the customers
of Balnarring & District

Community Bank® Branch



Bendigo Bank



Grand Hotel Mornington
124 Main Street
Ph: 5975 2001
www.Grand.net.au



BALNARRING PICNIC RACING CLUB



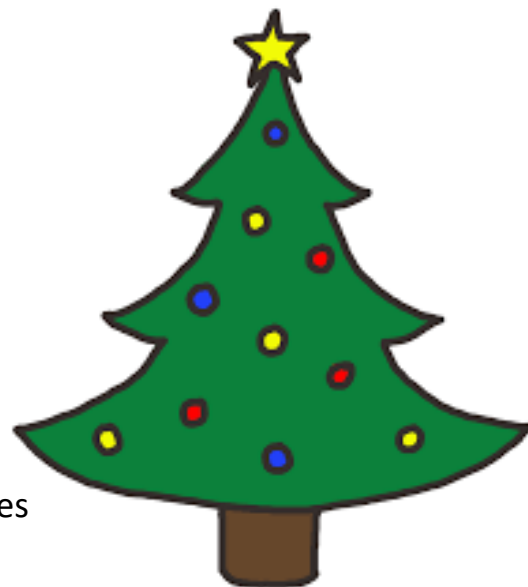
**Balnarring Beach Community
Association**

Heartfelt Thanks to our fantastic HERO SPONSORS!!

Hello Everyone!

Welcome to the final issue of the Bridge for 2019 – and the first for 2020! Where did the year go??!

We are so grateful for the wonderful support of our sponsors who enable the Bridge to keep going! And our Thanks to all the contributors, advertisers, Writers, Galaxy Printers and the fantastic Bridge distribution team who get the hard copies out to venues from Flinders to Tuerong, Red Hill to French Island.



We want to thank Lesley McMillan for taking on the Bridge's bookkeeping, and John Ashton of Ikoniq for the huge job he does managing the Bridge website, bridgemag.com.au

This is a beautiful community and we really enjoy being able to offer the Bridge as a platform for sharing information. The range of what is on offer in our area never ceases to amaze us, and we welcome any new contributors in 2020.

We wish you all an enjoyable December, happy Christmas celebrations, a relaxing, refreshing holiday season and a vibrant January. May 2020 bring you everything you wish for!!

Jen and Ali xx

ACKNOWLEDGEMENT

We would like to acknowledge the traditional owners of this land, the Boon Wurrung and Bunurong language groups of the Kulin Nation. We would like to pay our respects to their elders, past, present and future.

CONTENTS

| | |
|----------------------|------------------|
| Birthdays/Angel Card | 3 |
| How to Contribute | 63 |
| What's On | <i>back page</i> |

The Bridge Magazine
www.bridgemag.com.au

Email: info@bridgemag.com.au

Address: PO Box 248 Balnarring VIC 3926

The Bridge volunteers:

Editorial & layout team:

Ali Hoelzer, Jenny Atherton

Website: John Ashton (Ikoniq)

Accounts: Lesley McMillan

Subscriptions: Robyn Agg

Distribution team:

Robyn Agg, Thomas Hoelzer,
Chris Newell, Celia Sexton, Faye Poll,
Marty Nelson-Williams,
David and Diana
@Balnarring Post Office,
Ed & Meg Pawlik, Sarah Bingle

Content:

Our wonderful community! You!

Happy Birthday!



December

4th Stephanie Alyssa
6th Karina Armstrong
9th Viv Murphy
14th Jamel Farmer
15th Nicole Wheaton
18th Emily Jean Henderson
19th Mark Raynes
31st Paul Dillon

January

8th Steve Sayle
9th Bronwyn Dick
9th Celia Sexton
16th Garry McKellar
19th Casey Dawson
24th Karen Saker
31st Leo Haylock

December and January Inspirational Angel Cards for the Community

Music and Happiness

**How can you weave these things into your
day to uplift and relax you?**

**Source: Newly published Inspirational Angel Cards, by
Simon Bunyevich, Somers.**

**Who do you appreciate in our community and why?
Email submissions of appreciation, & birthdays in our community,
to: info@bridgemag.com.au or
Post to: The Bridge, PO Box 248, Balnarring 3926**

Would you like to receive a digital copy of The BRIDGE in your email inbox?

Email info@bridgemag.com.au "subscribe" in the subject line.

Want to contribute to The Bridge? For deadline reminders, email
info@bridgemag.com.au with "deadline reminders" in the subject line.



BALNARRING PICNIC RACING CLUB

Coolart Road Balnarring VIC
www.balnarringraces.com

RACE DATES

2019/20

Sat 7th
Dec 2019

Sun 12th
Jan 2020

Sun 26th
Jan 2020

Sat 11th
April 2020

Sun 8th
Mar 2020

Adults: \$15
(Cup Day \$20)

Children (Under 18)

FREE

Pensioner Concessions
Gates Open 10am



Community groups are the winners!

With a slow start to the spring season weatherwise, we saw the unforgiving wet weather dampen the mood during the Spring Carnival. Balnarring Picnic Racing was not immune to the wet conditions.

Withstanding the weather, brave punters rugged up for the first race meeting of the season which turned out to be an enjoyable day with a good attendance.

Disabled Surf riders Associate Mornington Peninsula (DSAMP) was our first participant for the 2019/2020 *Caring for the Community* program.

We are encouraging local charities and community groups across the Peninsula to raise their profile and receive some much-needed financial assistance from Balnarring Picnic Racing Club and the opportunity on race day for the nominated organisation to reach a wider audience, as well as receive a donation from the club.

For nominations and eligibility please email secretary@balnarringraces.com.au

Next race meeting is on Saturday, 7th December. Come along for a great day of racing and for a good cause to support a local charity.





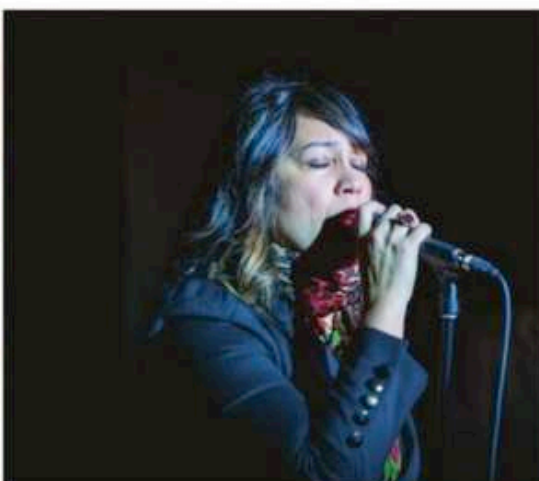
THE GRAND

HOTEL MORNINGTON

BISTRO DINING

GRAND LIVE

MAIN BAR



A MODERN LOCAL MEETING PLACE WITH A GRAND & COLOURFUL PAST

Housed in a heritage listed building and regarded as an icon on the Mornington Peninsula, The Grand Hotel is a Mornington focal point for dining, socialising and entertainment.

Located right in the heart of Mornington's popular seaside Main Street precinct.

DINING | SPORTS BAR | LIVE ENTERTAINMENT | CRUZE NIGHTCLUB | PRIVATE FUNCTIONS

www.grand.net.au

124 MAIN STREET,
MORNINGTON

5975 2001

OPEN DAILY
8AM TILL LATE



**The Mornington Peninsulas
premier venue for live music**

www.grand.net.au

www.grand.oztix.com.au

DECEMBER 2019

QUEEN FOREVER 06

KILLING HEIDI 13

THE FOREVER 80's PARTY 20

WORK BREAK UP PARTY! PRIZES FOR BEST DRESSED

SPIDERBAIT 29

JANUARY 2020

RUBY FIELDS 03

BOOTLEG RASCAL 10

BOOTY CAMP SUMMER VACAY TOUR

TICKETS AVAILABLE FROM: WWW.GRAND.NET.AU



Going to Uni or TAFE for the first time in 2020?

Balnarring & District Community Bank Branch

Scholarship coming soon

Applications are invited from eligible students in the local district attending university or TAFE for the first time in 2020.

Drop into your branch at Balnarring Shopping Centre, Balnarring or phone 5983 5543 for more information or visit bendigobank.com.au/scholarships.



Balnarring & District Community Bank Branch

Community Bank Scholarships will be funded from management accounts of the Community Enterprise Charitable Fund ABN 12 102 649 968 (the Fund), The Bendigo Centre, Bendigo VIC 3550. Sandhurst Trustees Limited ABN 16 004 030 737 AFSL 237906, a subsidiary of Bendigo and Adelaide Bank Limited ABN 11 068 049 178, AFSL 237879, is the trustee of the Fund. A1222288-1222275-4 (507053_v2) (22/10/2019)



PROUDLY BROUGHT TO THE COMMUNITY BY: BALNARRING & DISTRICT COMMUNITY BANK
& MORNINGTON PENINSULA SHIRE YOUTH SERVICES

CHRISTMAS CAROLS & FAMILY MOVIE NIGHT

MOVIE: THE GRINCH THAT STOLE CHRISTMAS

-FREE EVENT-

FRIDAY DEC 6TH

VILLAGE COMMON, CIVIC COURT BALNARRING

6PM UNITING CHURCH & BALNARRING PRIMARY SCHOOL CHRISTMAS CAROLS

7PM VISIT FROM SANTA AND LIVE MUSIC BY LOCAL DUO MARTY WILLIAMS & PAUL DILLON

8.15PM OUTDOOR MOVIE STARTS

FREE BBQ AND POPCORN

BRING YOUR RUG AND POPCORN CUP & ENJOY

TIME WITH YOUR FAMILY AND FRIENDS

SMOKE AND ALCOHOL FREE EVENT

Proudly supported by Balnarring & District
Community Bank Branch

 **Bendigo Bank**

 **YOUTH SERVICES**
HAPPY. HEALTHY. CONNECTED.
MORNINGTON PENINSULA SHIRE

BALNARRING BEACH COMMUNITY LENDING LIBRARY



The trial seems to have been fairly successful with many books having been borrowed and many more replaced. However the weather has beaten our temporary “Tiger” (yellow & black box) on numerous occasions, so we are now looking at a more permanent weatherproof and easily accessible model! Stay tuned!!

Have you any time to spare??



The Foreshore Committee and ourselves are still seeking help to look after the community garden. If you have some time to spare, we would really appreciate a helping hand so that we can all enjoy using the produce from the garden. (The garden is located off Annie's Track, near the Ranger's office). If you are interested please ask at the Ranger's office or contact Belinda Williams at the Foreshore Committee - www.balnarring.net



It has been brought to our attention that people have been removing shellfish from the reef/rocks in front of the Point on Balnarring Beach. Please be aware that apart from being an offence it is endangering the ecosystem of the waterways and marine life in the area. Please be mindful of our environment.

BALNARRING BEACH COMMUNITY ASSOCIATION INC A0021164R



**P.O. BOX 463,
BALNARRING. 3926.**

bal.beachca@gmail.com

NOTICE OF ANNUAL GENERAL MEETING

The 2020 Annual General Meeting of the Balnarring Beach Community Association Inc. will be held at the Westernport Yacht Club, Foreshore Road, Balnarring Beach, on Saturday 11th January, 2020.

Registration from 10:00 am Meeting Commences 10:30am

BALNARRING BEACH COMMUNITY ASSOCIATION AGM AGENDA:

- Attendance and apologies
- Confirmation of the Minutes of the 2019 Annual General Meeting held on the 12th January, 2019
- Reports: Treasurer's report and Chairman's report
- General Business
- Election of Office Bearers and Committee for 2020
- Guest Speakers

If you wish to present a motion to be considered by the Meeting, submit the proposed motion to the secretary in writing either by email at bal.beachca@gmail.com or to P.O. Box 463, Balnarring 3926 to be received two weeks prior to the AGM.

A message from the BBCA Committee

Your committee deals with requests and concerns. It raises issues such as improved local facilities, safety and ways to protect our environment with both our local council and other authorities. It also engenders community spirit.

To be effective **we need your membership** and we also require new committee members for our monthly meetings. We have a mix of Balnarring Beach residents and holiday house owners on our committee and meeting times are made to accommodate all members.

If you are considering offering your experience, time and local knowledge to our very friendly, social meetings, please email us or drop a note to the PO Box.

David Gill - Red Hill Ward Councillor

As 2019 draws to a close I would like to mention some of the highlights of the year...

- The long proposed strategy for the protection of **Coastal Villages Character** has been adopted by Council
- The Council's '**Better Buses**' Campaign has resonated with over 70,000 people on the Peninsula who sent responses; the State Government is now expected to consider our public transport needs as a budget priority
- The **Safer Peninsula Roads** campaign has had an immediate effect with the Minister for Transport supporting a lower speed limits trial on our dangerous rural roads, including some of the 330kms of dirt roads where the present speed limit is still 100kph
- \$1 million allocated in Federal funds for **pedestrian safety** around Balnarring Village as part of the newly adopted Balnarring Structure Plan
- Declaration of a **Climate Emergency Action Plan** (Western Port flood mapping has revealed future inundation of some foreshore areas)
- The **Shire Waste Forum** was attended by over 400 passionate community members who heard from Craig Reucassel from the 'War on Waste' show. Outcomes included a proposed plastics ban and smoke free zones on Council lands, both to be progressively implemented
- The **Port of Hastings Authority releasing 400 hectares** of long idle Port related industrial land for job creating uses in the Hastings and Somerville areas
- The '**Drought Proofing the Peninsula**' strategy using South East outfall recycled water has been allocated business case funding to investigate the feasibility of use for farmers, sports grounds, fire-fighting and the environment
- A **new Arts and Culture plan** to assist artists and musicians on the Peninsula
- \$175 million of **funding promises** to the Peninsula resulting **from the Federal Election Campaign**
- Council commitment to **100% renewable energy for council operations by 2025 and net zero carbon emissions by 2040**

- The success of the **Snap Send Solve phone app**, an almost one step method for council to receive information and complaints including about rubbish dumping, graffiti, fallen trees and flooding
- Keeping Mornington Peninsula Shire Council **in the lowest 20% of Victorian Council's for property rates**
- The restoration of the **World War 1 Honour Board** in Balnarring Hall thanks to funding from our Community Bank and the work of the Balnarring Historical Society
- The completion of the **Balnarring Historical Society's Heritage trail** funded by a Shire place-making grant and linking places of historical interest with 15 new signs and also a guide book funded by the Balnarring Community Bank

I have really enjoyed the many talks that I have been invited to give about the value of native bees and the many species we have on the Peninsula.

A special thank you to our volunteers including from the CFA, Meals on Wheels, Junior Sports Clubs and the other 26,000 volunteers who help make the Peninsula a special place in which to live.

Thank you for the great community support that I have had as Mayor over the last 12 months.

Wishing you all the very best for 2020.

David

APPRECIATION

A big Thank You to a very community-minded local resident, Chris Hackett.

Chris is a regular rider along the Balnarring- Somers Bike Path. He goes equipped with a basket on the back of his bike in which to put any rubbish that he collects along the way. From time to time he removes any dangerous branches that are on the pathway to keep it safe for walkers and riders.

After the Yellow Tailed Black Cockatoos have been feeding on the pine trees, the cones litter the path and Chris clears them off the path, so we can all travel safely.

Thank you Chris!

Robyn

Peninsula SongRiders

Balnarring's
annual



Your Community Partner
Balnarring & District
Community Bank® Branch
Phone 5983 5543
Bendigo Bank

community
PICNIC

**SUNDAY
DEC 22
1-7pm**

\$10
donation
**kids
free**

FUN ALL AGES • LIVE MUSIC • BYO PICNIC

'Zoned Community Land' - Frankston Flinders Road - Opposite the Shops

BALNARRING • VILLAGE • COMMON

**NEW
YEAR'S
EVE**

**PRESIDENT
ROOTS &
FRIENDS**

**\$45 + BYO FOOD & DRINKS
WESTERNPORT YACHT CLUB 7PM**

**SAT CARUS THOMPSON
& BEN SMITH
JAN 25**

**\$20/\$25 @ DOOR
WESTERNPORT YACHT CLUB 6PM**



TIX : TRYBOOKING.COM & BALNARRING LAUNDRETTE
CONTACT : MARTY WILLIAMS 0412617017



MERRICKS FARM
MORNINGTON PENINSULA
196 Bittern Dromana Rd
Merricks North
PH 0401 378 352

Home grown and home cooked
Jam, Jelly, Marmalade,
Relish, Chutney, Honey

From garden to jar
that's who we are.

Open first weekend of the month
October – March 10am-4pm
Boneo Market third Saturday
of every month

ikoniq

we do
websites

Our flexible, modular Content Management System allows us to build your site to meet the demands of your business.

Our intuitive design lets you manage your content without the need for geek-speak.

No Rocket Science degree required!

All sites are produced for traditional desktop delivery PLUS mobile devices.

p: 0400 455 197
e: info@ikoniq.com.au
w: ikoniq.com.au

Learn to Meditate

Wednesdays
Rosebud
7:30pm



Thursdays
Tyabb 7pm

With Simon Bunyevich

Bring more Peace, Inspiration, and Joy into your life

Bookings Essential: 0415729579
More information: instagram @relaxationmeditation

HERITAGE TRAIL GUIDE BOOK

Now Available From

BALNARRING NEWSAGENCY and BALNARRING COMMUNITY BANK

Gold Coin Donation

Enquiries: 5983 5326

A project of the Balnarring & District Historical Society

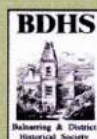
Balnarring Heritage Trail

The distance is approximately **4 kilometres**, along paved footpaths.

Centrefold MAP

There is no real starting point for this walk as it does not follow a time line. A few sites along the trail are on the Frankston- Flinders Road while the majority are located around the 'Warrawee triangle' – **Balnarring Road, Warrawee Road and Frankston Flinders Road** - the perimeter of the property, *Warrawee*, originally settled by P. Vansuylen.

Some significant sites have not been included in the walk as they are too far from this triangle. A brief summary of four of these are listed for those who wish to explore them.



WHAT A YEAR IT'S BEEN...

The 2019 school year is quickly drawing to a close. At this time we reflect proudly on the many goals that have been met and set targets for the coming year. Much has been achieved in 2019 as a result of the hard work of the staff, the commitment of our students and the amazing support we receive from parents, carers, friends and community members.

Amongst the many special community events this year was the *Sustainability Fair*, held in the school grounds in early October. It was lovely listening to the students talk about their favourite activities after the event – the juice bikes were certainly a hit, where they had to peddle to power the juicers, as were the barbecued sausages, the delicious lemonade drinks – *made from real lemons*, the warm pop-corn, the stands encouraging us to be more sustainable and all the books, games and clothes in the '*pre-loved department store*'! Our senior students had lots of fun washing and drying the 'recycled' dishes – whilst dancing to the music performed by local artists on the central stage.

There was certainly a wonderful vibe in the school grounds for both our many community members and those who visited from further afield.

The members of the *Sustainability Committee* were thrilled with what was achieved during those twilight hours and commented on how much they had enjoyed working with one another.

As do our *Classroom Volunteers*. This year we have warmly welcomed a number of community members, who work with individual students to support their reading and number work. Some of our volunteers are parents but some do not have any connection with the school other than the fact that Balnarring Primary is in their local area. These volunteers have enjoyed the weekly contact with staff and developed a special relationship with the students they have assisted.

They tell me that they will – most enthusiastically - be back again next year! If you think this would be something you would like to do in 2020 please give me a call at the school; you will be warmly welcomed.

On behalf of the Balnarring Primary School Learning Community may I wish you a wonderful Christmas, and a happy, positive start to the New Year.

We hope to see you at the school in 2020.

Sandy O'Meara,
Assistant Principal,
Balnarring Primary School.



WHY ARE BABY TEETH IMPORTANT?

By Dr Mishca (dentist at the Balnarring Dental Centre)

Working as a dentist at the Balnarring Dental Centre, a very common question we get asked is “Do we need to look after/save baby teeth?”

And the short answer is “YES!”

Baby teeth are formed even before we are born and come through by 3 years of age. They are extremely important for many reasons, some of which are:

- 1) Baby teeth hold space for our permanent adult teeth. If a baby tooth is lost prematurely, other teeth can move into the space created, leaving less space for the adult tooth to erupt through. This means that the adult tooth will erupt in an abnormal position, affecting the child's bite and increasing the need for braces in the future. Therefore, looking after our baby teeth gives us the best chance of having a functional bite and can help prevent the need for braces.
- 2) Looking after your baby teeth can help your child develop healthy oral hygiene habits that they can use for the rest of their life! Many studies show that children with a high risk of decay in their baby teeth are actually more likely to have decay in their adult teeth. Therefore, it's very important to look after our baby teeth!
- 3) Baby teeth help children with chewing. Decay and infection in baby teeth can cause your child a lot of pain. Not all children are able to express having dental pain to their parents. If this persists it can affect the child's chewing ability and may result in nutritional deficiencies, therefore impacting their growth and development.
- 4) Baby teeth help with speech development. As your child develops, their tongue, lips and cheeks meet their teeth in certain ways aiding in the development of appropriate speech habits. Early loss of teeth can affect how your child pronounces certain sounds which can potentially increase the risk of speech impediment as they grow older.
- 5) Looking after baby teeth can protect your child's adult teeth! Decay in baby teeth progresses really fast and if left, it can result in infection and a possible abscess of the tooth. This infection can have an effect on the underlying adult tooth, resulting in yellow/brown staining, sensitivity and weaker adult teeth.



- 6) Infection in baby teeth can spread to other areas of the head and neck region, most importantly the child's airways and even their brain! This is a very serious medical emergency, resulting in hospitalisation.
- 7) Lastly, baby teeth can help your child feel more confident about themselves. Having a full and healthy smile can increase self-confidence and their self-image, resulting in an overall happy little person!

So as you can see, baby teeth are VERY important for your child's physical, social and emotional development. Therefore, they should be looked after just as well as adult teeth. If you have any questions about this article or would like to book an appointment for your child to have a check-up please contact our friendly staff at Balnarring Dental Centre on **5983 5348**.

We **heavily discount** children's checkups and if you have insurance there is no charge at all as a way of **giving back to the community**. Many children are also now eligible for **bulk billed dental** care at the Balnarring Dental Centre through the Child Dental Benefit Schedule government initiative. If you are unsure if your child/grandchild is eligible we can easily check for you in a few minutes - just pop into our clinic with their Medicare card.



ZEN DO KAI MARTIAL ARTS

"The Best of Everything in Progression"

Now taking bookings for a new
Kid's Karate beginners class

February/March 2020.

CALL

"SHIHAN" PETER SMEDLEY- 5th DEGREE BLACK BELT

0418 319 064

CLASSES EVERY WEEK FOR ADULTS, TEENAGERS AND CHILDREN.



www.peninsulazdk.com

YOUR DREAMS ON BUDGET ON TIME

croftwootton
CONSTRUCTION

The local
builder & renovator
you can trust.

Nick Wootton

Call 0431 170 880 now! www.croftwootton.com.au



Towards clean energy in Western Port

On Sunday October 27, Energy Justice Victoria visited Balnarring as a third stop in their Fossil Frontlines Community Tour.

Save Westernport and *Westernport and Peninsula Protection Council Inc.* co-hosted the event, discussing Westernport's unique, world heritage listed environment and the risks posed by fossil fuel-based development. The Hastings Kawasaki export plant trial, producing hydrogen from brown coal, and AGL's proposed floating gas station at Crib Point pose environmental threats to the people, economy and environmental health of Westernport.

Crib Point Action Group spoke to the Crib Point Community Action Plan.

La Trobe Community Power Hub, Environment Victoria and Friends of the Earth discussed the work of other communities who have sought and/or established clean and sustainable local alternatives to fossil fuel.

Balnarring Hall was buzzing with ideas from community members, who spoke of their frustration at expensive and unsustainable projects and concerns for the health and environmental impacts of further industrialisation of the bay.

People were excited to discuss alternatives, including removal of abandoned BP silos and local land rejuvenation at Crib Point, community power options, fostering further ecotourism, environmental education and protecting important ecosystems in the Westernport catchment, that impact the bay.

The workshop was an enthusiastic, proactive step towards a more sustainable Westernport that we hope will continue to generate community input and support. Watch this space!



Photo: Julia Stockigt/Karri Giles

For more information about the FOE Fossil Fuels tour:

https://www.melbournefoe.org.au/fossil_frontlines

https://www.melbournefoe.org.au/busting_victoria_s_gas_myths

For information on Save Westernport and WPPC:

<https://www.wppcinc.org/> or <https://savewesternport.org/>

Local contacts:

wppcweb@gmail.com or <https://savewesternport.org/contact/>

Reframe your Life through Gratitude

“Gratitude is not only the greatest of virtues but the parent of all others” - Marcus Tullius Cicero

Gratitude transforms three things:

- Your past
- Your present
- Your future

If you give yourself space for strategic gratitude and visualization, then you literally prime your brain to operate at a higher level throughout the day.

Transform your past

The **Gap and the **Gain****

Most people are living in the Gap – they always see what is missing/what could have been, rather than what they have just gained.

Instead of noticing what it could have been, notice what you have gained / what progress you have made. Instead of measuring yourself against ideals, measure yourself against where you were before, ie your progress, your gain.

People get emotionally attached to outcomes when they're living in the gap. When you live in the gain, all you see is progress.

What you focus on expands, so when all you see is progress, your brain comes to expect it more and more.

Every day look back and get in touch with your progress, big or small. Most people, when they look back at the past, often remember the gaps. So one of the keys is to reshape the memory of the past – focus on the gains, ascribing meaning and context to your past experiences.

Your past can be something that inspires you forward.

You get to decide what to focus on. You can remember the gains or you can remember the pain.

Transform your present circumstances

“Focus on circumstances and you’ll be a consumer.

Focus on capacity and you’ll be a creator.” Kade

Perfect circumstances are not actually ideal. If you look at nature, the plants and animals that thrive do so because of difficult circumstances.

Current circumstances need to be reframed – focus on the good in them.

Part one of transforming the present is appreciating it. It's not about your resources, but how resourceful you are.

You are far better off focusing on your capability rather than your circumstances. If you focus on your circumstances, you'll find plenty to complain about. But if you focus on your capability then your only option is to get moving with gratitude.

Transforming the Future

You are the designer of your past memories, your present experience, and your future as well. Every morning, during your morning meditation and visualisation, experience and fully embody gratitude for your future.

Exercise

Every morning, you can experience huge amounts of gratitude for your past, your present and your future. If you take a few minutes to focus on what you feel gratitude for, you will be surprised at how good you feel.

Source: Benjamin Hardy PhD (Organisational Psychologist)

This article has been submitted for inclusion in the Bridge by Chris Newell, Psychotherapist, Balnarring.



Reconnecting Couples New Communication Program

Learn new skills in talking, listening,
resolving conflicts and choosing
effective communication styles.

NOW available in Balnarring

Phone: Chris Newell 0412 269 995
Email: chrisnewelltherapy@hotmail.com



C O C O L E A
Online Redhill Melbourne
@cocoleafurniture www.cocolea.com.au



Luxury, Aviator Furniture & Home Decor – Fully Customisable
Shop 1, 137 Shoreham Rd, Redhill South, Sat- Sun, 1800 855 665

WELCOME WALKS at COOLART HOMESTEAD and WETLANDS

Join us on a Welcome Walk at Coolart Homestead and Wetlands. Wander past the old homestead, feel that sea breeze on your face and spot a wallaby in the bushland. **This walk is held every second Tuesday over the summer months.**

Welcome Walks are part of the Park Walks suite that also includes Kids Walks, Cafe Walks, Nature Walks and more. The walks are led by a friendly and trained volunteer that knows the trails and is great company.

This Welcome Walk is an introductory level walk with a slow pace so you can take in the beauty of Coolart. Easy, flat and fun (30 - 40 mins).

Please bring a water bottle, closed toe footwear and appropriate clothing for all weather conditions.

To register and attend click here: <https://www.eventbrite.com.au/e/nature-and-heritage-welcome-walk-coolart-wetlands-and-homestead-tickets-75802702925>

Please note: This event may be cancelled at the last minute due to weather conditions. You will be emailed if the event is cancelled.

For more information please contact healthycommunities@parks.vic.gov.au or 13 1963



BALNARRING PRESCHOOL

Balnarring Preschool is a winner in the 2019 Victorian Early Years Awards!

Winners of the 2019 Victorian Early Years Awards were announced on Tuesday 22 October at the National Gallery of Victoria, Melbourne.

There was a strong shortlist of 20 organisations and individuals from across the state who received awards at the ceremony. Seven organisations, and one early childhood teacher of the year, were recognised for their achievements and contributions to the Victorian early childhood education and care sector.

Balnarring Preschool won the award in Category 3: Creating Collaborative Community Partnerships, in partnership with the Boon Wurrung Foundation.

Awarded for a service or initiative that promotes collaborative practice to support and demonstrate positive outcomes for children and families.

Balnarring Preschool advocates a culture of learning in natural environments and consciously connecting children to the land.

Since 2010 the organisation has been introducing First Peoples world views into its practice and community. This has been carefully guided by Elders from the Boon Wurrung Peoples, on whose land the preschool stands.

First Peoples perspectives are now incorporated into all areas of the daily curriculum, allowing children to learn and explore the Boon Wurrung language, stories, songs and dances.

In 2015 the Bundjil Nest Project (BNP) was established, extending the learning at the preschool to other local services, including schools and early learning centres. In 2018 the Balnarring Preschool held a festival celebrating and honouring First Peoples Cultures.

The popularity of these initiatives and the high level of enrolments, demonstrate the success of the program.



With deep respect we would also like to recognise fellow finalists in this category, Willum Warrain Aboriginal Association, the voice of Aboriginal and Torres Strait Islander people on the Mornington Peninsula.

For more details on this year's winners, see

<https://www.education.vic.gov.au/about/awards/Pages/veya-winners.aspx#link62>

And as we close out the year, a final word from our Balnarring Preschool President:

What a marvellous year 2019 has been, having the privilege to work so closely with our staff this year has really helped me understand the incredible commitment they all make for our children, and making sure they are confident and independent kids.

It is with pure awe that I thank the 14 parents who make up our volunteer parent committee – a team of dedicated parents making big decisions throughout the year to keep the future of our preschool in focus and in alignment with our philosophies.

Our learning and living with nature program continues to grow and has been instilled in education and classrooms across our community including Balnarring Primary School, Balnarring Early Learning Centre, St. Josephs Primary School, and our very own preschool providing that continuity of education and learning over the years.

The fundraising efforts this year have again broken records with a total of \$17,000 excluding costs raised. With ongoing creation, artist visits, musicians and indigenous learning we have been able to use these funds to expand our teachers' knowledge and continuing education as they travel to conferences as well as host them.

This is a wonderful and exciting kindergarten to experience and we are looking forward to how our future will develop and grow in this ever changing environment.

Amelia.

Wishing you all a nourishing festive season, see you again in 2020!

Balnarring Preschool



Bundjil Nest Project



The Bundjil Nest team have been very busy this year. The children from six services have been learning about the importance of caring for the environment and in particular protecting the waterways.

In Boon Wurrung culture, as taught to us by Elders N'Arweet Carolyn Briggs and Faye Stewart-Muir, waang (black crow) is the protector of the waterways.

The children spent time with Dolphin Research Centre and AWARE before working with artist Emma Davies. As part of the artist project, the community were asked to collect flexible plastics. The plastic was taken to REPLAS in Lilydale and processed into 10 planks of hard material.

Emma worked with 200 children inspiring them to create their own waangs out of cardboard from recycled polling booths. Emma then took photos of each child's waang and used these ideas in creating 10 sculptures out of the recycled hard black planks. She was very respectful of the children's work which you can see in the sculptures.

On the 25th October the children flew their waangs through the crowd to the unveiling of nine of the sculptures which were placed in Robertson Park to complement Bundjil's Nest.

We thank Mornington Peninsula Shire for the creative arts grant that assisted us with funding for this latest project, REPLAS, the community and all the children who were involved.

We have made a film that follows a piece of plastic the children found on the beach through to returning in a sculpture. Thanks to Zacary Millsom for creating this film.



Some of the plastic collected was processed into planks of black material



Children's waangs



Recycled plastic waang sculptures



The Bundjil Nest Project acknowledge the Boon Wurrung people of the Kulin Nation as the traditional custodians of this country. The community thank them for sharing their stories, heritage and knowledge . We pay our respects to their Elders: past and present.

Balnarring Bowls and Social Club Inc.

Our popular Bare Foot Bowls has re-commenced and is on every Friday evening.

Corner Stradbroke and Bruce Streets, Balnarring commencing at 4:30pm and going until dark.

Light (BBQ) meals. Bowls instruction. Discounts on membership.

A family event. Information: Harold 0417 347 552

Beach Yoga **Point Leo & Balnarring**

Starting 27th Dec until 27th Jan 2017

8.30-9.30am everyday, Pt Leo

Location; In the foreshore park on the point down the stairs btw surf club and boat club,
or in the boat club if its raining contact Anna; 0429435726

9.30-10.30 everyday, Balnarring

Location; on the main beach just right of the entrance at the end of Balnarring beach Rd.

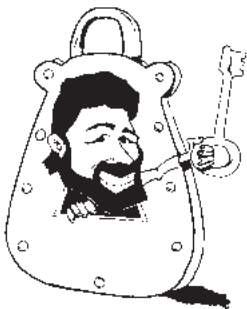
Contact Grace; 0401033354

BYO towel or mat to lie on.

Only \$15 All Welcome

info@thebusinessofyoga.com.au / www.facebook.com/TheBusinessOfYoga/

PHIL'S LOCK SERVICE BALNARRING



- Locks Keyed Alike
- Dead Locks
- Window Locks
- Keys Cut
- Mobile Service
- Polite Service
- Flyscreens Repaired

0427 820 444

Your Local Locksmith
Servicing the Mornington Peninsula



Positions available now for 2020.

Beginners welcome

for Kid's, Teenage and Adult's Karate

At Balnarring and Red Hill.

Contact "Shihan" Peter Smedley

5th Degree Black Belt.

Make a booking on 0418 319 064.

SELF CONTROL~COURAGE~ETIQUETTE



News from Save Westernport

Members of Save Westernport (SWP) attended the Westernport Biosphere Forum recently, where we learned more about the ecological wonders of the Bay, and discussed the ways Westernport's water catchment is being managed at Melbourne Water's Westernport Catchment Forum last week. These free events provide wonderful opportunities to meet people involved in caring for Westernport and to provide feedback on environmental planning and management. But we were concerned to see that threats from industry continue to be downplayed, and were not assessed alongside Climate Change and urbanisation in government reports aimed at protecting the environment. SWP holds grave concerns for the state of Westernport's fragile ecology due to the impacts of encroaching industry. We value the area highly and do not accept the argument that Westernport's industrial past makes it a suitable location for continued environmental mismanagement. The EPA names Westernport as one of Victoria's most valuable natural assets, based on the biodiversity and uniqueness of its marine and coastal environment. It claims special environmental protection measures based on principles of ecologically sustainable development are needed. SWP is determined to make sure threats from industry are properly identified and assessed.

Recently our members have made submissions to government on changes to Environmental Protection Laws, the new Coastal Management Policy, the State Parliamentary Committee on the protection of Ramsar Wetlands, and more. For regular updates on these opportunities to add your comments and make sure they're heard, visit <https://savewesternport.org/> or follow us on Facebook.

Environmental Protection Announced

It was great to hear Victoria's Minister for Planning announce last month that Westernport's eastern shores will be protected by a new planning policy that declared the entire Bass Coast Shire a 'Distinctive Area and Landscape' (DAL). As part of the new planning controls, the Andrews government and Bass Coast Shire will consult with Bunurong Traditional Owners to develop a 50-year vision for the area "to retain the area's natural amenity, and its rural and environmental values". Long-term settlement boundaries will protect the coast's unique features and significant biodiversity "for the benefit of current and future generations". For more information visit <https://engage.vic.gov.au/distinctive-areas-and-landscapes-program/bass-coast>

Under the new plan, Westernport's eastern shores and Bass coastline will be protected, but despite its important Ramsar listing, across the Bay Mornington Peninsula's coastline will remain at risk of inappropriate development. We wonder how a natural feature as significant as Westernport can be bisected by an imaginary line that would protect Phillip Island but leave French Island exposed to the impacts of poor planning and industry? One side gets DAL, the other, AGL.

To ensure its protection, Westernport must be viewed as a integral network of interconnected ecosystems. SWP will be asking the Mornington Peninsula Shire Council to follow the example of Bass Coast Shire, and request the State government to extend this policy to include the whole Bay.

Put AGL on Notice:

Save Westernport is entering its third year of campaigning against AGL's gas import facility and LNG pipeline, and the serious environmental impacts associated with this out-dated and deeply unpopular plan. The proposal is still being assessed, and the Environment Effects Statement (EES) is likely to continue well into next year. Meanwhile AGL continues to force their unnecessary project on Westernport communities. As current and potential

customers, you can let AGL know you oppose their gas plans, **by adding your name to our Pledge**. If you do not support the plan, then don't support AGL. Unless they agree to drop this project, you can vow never to be an AGL customer. If you're already a customer, you can threaten to dump them as your energy provider. We know Victoria doesn't need to import gas, and we'll continue to fight the project until AGL dumps their exploitative plans. Please tear out the centre page of the Bridge and Put AGL On Notice by signing our Pledge form, or sign online at <https://savewesternport.org/save-westernport-and-environment-victoria-put-agl-on-notice/> or return it to the address on the Pledge form.

Successful Community Campaigning

Recently an FSRU gas plant like the one proposed in Westernport had its final approvals refused in the coastal town of Gothenburg Sweden. Although the project was backed by the powerful European Union, the gas company's failure to meet environmental and safety regulations delayed the project until it's final permit was refused on climate and environmental grounds. The community recognised that the climate crisis demands a rapid phase out of fossil fuels, and managed to blockade the harbour in a unified show of local opposition that caused the project to be abandoned. Save Westernport congratulates the people of Gothenburg, on their success!

Environmental Work Acknowledged

Congratulations also goes to Environment Victoria, the state's primary independent environmental protection organisation, on the recent celebration their milestone 50th anniversary. The entire Westernport Community was honoured at the event with a special award "for resilience in the face of repeated attempts to destroy the local environment" for their decades of sustained work. Westernport Peninsula Protection Council (WPPC), Save Westernport, Phillip Island Protection Council and Preserve WP have fought successive governments and corporate interests to oppose attempts to further industrialise the Bay's high conservation areas with projects that offer few local benefits.

From the Nuclear reactor on French Island in 1970s and the 2015 plan for the Hastings Container Port, the BP "Supertanker", Boral's Bitumen plant, and the Crib Point Urea depot, AGL's ridiculous plan to import and process gas at Crib Point, and the current Kawasaki proposal to ship hydrogen gas to Japan via the Port of Hastings are the just the latest in a long line of industrial threats to the Westernport environment.

Kawasaki HESC

Members of Save Westernport and WPPC were invited to meet with Morn Pen Shire's Councillors last week to discuss the community's concerns about the Kawasaki Hydrogen Energy Supply Chain project. Construction began in June on a hydrogen liquification plant at BlueScope Hastings to store Hydrogen for export to Japan. Despite being called "a clean energy project", no attempt will be made during the trial to capture the significant carbon dioxide, methane and carbon monoxide emissions resulting from burning brown coal in the La Trobe Valley to produce hydrogen.

We know that brown coal is so dirty it's no longer considered safe to use in electricity generation, and yet our govts have given \$100 million to the project to ship the hydrogen to Japan, leaving Victoria with little more than the emissions. We were concerned to learn that Victoria's Planning Minister Richard Wynne avoided normal planning and safety approvals by calling the project "an essential service for Victoria". The Hydrogen liquification depot is now one in a cluster of three facilities for highly explosive, volatile products in Bayview St Hastings. No EPA health or HAZOP approvals have been provided. A 2018 article in the MP News quoted Hydrogen Energy Supply Chain spokesman Yasushi Yoshino, saying "a number of detailed plans and reports must be approved to the satisfaction of the Planning Minister Mr Wynne."

<http://www.mpnews.com.au/2018/11/07/hydrogen-plant-to-get-all-clear/>

Save Westernport and WPPC asked the Council to request Mr Wynne for these detailed plans and approvals, and asked for baseline Marine Pest monitoring to be carried out before the Japanese hydrogen tankers begin visiting Westernport. The cost of monitoring should come from the government's \$100 million dollar contribution to the project. Port Phillip Bay' fish stocks were decimated by the Northern Pacific seastar brought from Japanese waters in contaminated ballast of wood chip transports in the 1990s. Marine pests severely disrupt marine habitat and out compete local species. So far Westernport has avoided infestation.

SWP is aware that there has been a lot of confusion about the two separate projects.

- Construction has commenced on the Kawasaki Hydrogen export pilot, or trial project. It is due to begin in 2020. Find out more: Kawasaki

<https://www.theage.com.au/politics/victoria/planning-minister-richard-wynne-fast-tracks-coal-to-hydrogen-project-20181025-p50bzn.html>

- AGL's gas import proposal has not been approved

<https://environmentvictoria.org.au/wp-content/uploads/2019/04/AGL-Crib-Point-Briefer-16.04.2019.pdf>

Welcome - and Farewell to MPSC Mayor

Finally, Save Westernport joins the Mornington Peninsula Shire in bidding farewell to Mayor David Gill. Mr Gill has been a truly engaged and representative Mayor, and we're sure his role in the Shire's Climate Emergency declaration, the Peninsula's Green Wedge credentials and against single use plastics, among other things will have lasting positive effects for the Mornington Peninsula. We welcome Briars Councillor Sam Hearn, who has been elected Mayor of Mornington Peninsula Shire Council for 2019/20. Congratulations Mayor Hearn, and to Cerberus Councillor Kate Roper on her election as Deputy Mayor. In his speech to Council during the Climate Emergency debate, Mr Hearn said:

"We need government to have the courage to make the tough decisions like decoupling itself from the narrow interests of coal and oil corporations."

Let us hope we see more of this leadership in action, from all levels of government.

Save Westernport relies on community support. Are you a Member yet? For more about these projects, summer events and how to receive our Newsletter visit

<https://savewesternport.org/> or find us on Facebook Instagram. We love your comments and feedback. savewesternport@gmail.com

SWP Stall at the Balnarring Sustainability Fair. Look for us at markets during the Summer.



Put AGL on Notice

I'm boycotting AGL



**Sign this pledge to say NO
to AGL's dirty gas plan in
Westernport Bay**



Sign this pledge to boycott AGL

Tell AGL that you will boycott them if they don't dump their dirty gas project. This is the message that will be sent to AGL after you sign the pledge:

I am deeply concerned by AGL's plan to build a gas import terminal at Crib Point in Westernport Bay. This gas terminal could destroy our Bay's unique wetlands and wildlife, could harm local businesses and will increase Victoria's greenhouse gas emissions in the midst of the climate crisis.

AGL still has time to walk away from this destructive project. I urge your company to make the right decision and abandon this project. But if you go ahead with it by submitting your Environmental Effects Statement, I pledge never to be an AGL customer.

Add your message to AGL. Why do you care about stopping this project?

Sincerely,

Attention: If you are an AGL customer, do not change energy providers yet. We will coordinate a day to dump AGL if they go ahead with this project.

First Name

Last Name

Suburb

Post Code

Email

Phone

☐

I am an AGL customer

☐

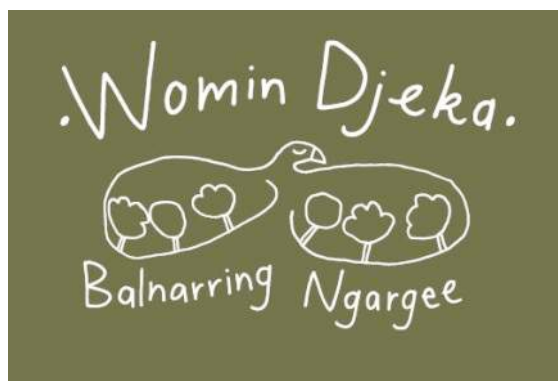
I want to volunteer to stop AGL

NOTE: We will send your pledge to AGL with only your name and email, so they can send you a response to your concerns.

environmentvictoria.org.au savewesternport.org

By signing this pledge you agree to receive updates from Environment Victoria and/or Save Westernport. Read the full privacy statement at envict.org/privacy

You can return this flyer by mailing it to us at PO Box 12575, A'Beckett Street, Melbourne 8006.



**Womin Djeka festival
presents**

The Enemy Within: Suicide prevention and wellbeing education with Joe Williams

February 7th February

Doors open 7pm

Session commences at 7:30

Yadaki meditation after the session

Joe is a proud Wiradjuri/Wolgalu, First Nations Aboriginal man born in Cowra, raised in Wagga NSW, Australia. Joe played in the National Rugby League for South Sydney Rabbitohs, Penrith Panthers and Canterbury Bulldogs before switching to professional Boxing in 2009. Joe is a 2x WBF World Jnr Welterweight champion and recently won the WBC Asia Continental Title.

Although forging a successful professional sporting career, Joe battled the majority of his life with suicidal ideation and Bi Polar Disorder. After a suicide attempt in 2012, Joe felt his purpose was to help people who struggle with mental illness. Through customised workshops Joe talks of dealing with adversities, struggles, resilience, addiction, connection, emotional wellbeing & healing trauma in schools, communities, correctional services, sporting clubs and workplaces.

Joe was awarded the Wagga Wagga Citizen of the Year in 2015 for his committed work within the community mental health and suicide prevention sectors and was named a finalist in the National Indigenous Human Rights Awards. In 2018 Joe was awarded Suicide Prevention Australia's highest honour, a LiFE Award for his excellence in communities within the suicide prevention sector and in 2019 was named a dual winner of the Australian Mental Health Prize.

Now a published author, Joe's autobiography 'Defying The Enemy Within' shares not only his life's story but offers practical tools anyone can implement in their lives to improve and maintain their emotional wellbeing. Joe also contributed to the book 'Transformation; Turning Tragedy into Triumph' and features in the global documentary 'Suicide: The Ripple Effect'.

For more information please refer to the facebook page. **But for now SAVE THE DATE**

THE COAST

REAL ESTATE



Our commitment to serve you

We are passionate real estate experts who love our community and the coastal environment we live in. We know how important your home or investment is to you and we're ready to serve you and achieve the best result. Our guidance and grounded local insight will give you all the support and confidence you need every step of the way.

We walk, talk and live our values by:

- Caring about people, our local community and the environment
- Being passionate about property and loving where we live and work
- Serving you with purpose and understanding as a dedicated team
- Sharing our in-depth knowledge of local market prices and trends
- Offering respectful communication and competency in marketing and negotiating
- Using results-based strategies to give you a competitive advantage
- Constantly employing best practises to get things done properly, the first time
- Making a meaningful contribution to support the wellbeing of the community



Our team is working for you

Good people are the heart and soul of any successful business. Our experienced team bring a personalised and professional approach to you with reliability, integrity, highly valued advice and trustworthiness. We have a culture of collaboration that builds on our proven systems, strategies and customer service and genuinely helps you. We take pride in being able to serve you and we'll go the extra mile to meet and exceed your expectations.

thecoast.com.au

The Coast Real Estate - Shop 27a Balnarring Village
Phone 03 5983 1980 - Email hotproperties@thecoast.com.au

REBOOT+YOUR GUT

WITH LINDA BATES, MASTER HERBALIST



Is your day dominated by the behaviour of your belly? Is your life regularly distressed or overwhelmed by what goes on in your gut?

The research is in – what goes on in your gut affects your whole being; your thinking, how you fight infection, how you sleep, whether you develop inflammatory painful conditions or auto-immune problems and if you suffer depression and anxiety. The list is endless.

You've tried lots of things. They all work for someone. But not for you. Now you're confused and still suffering.

I'm a traditional herbalist. Herbs are the first medicine. They have been repairing and restoring normal body tissue and function for 3,000 years. We use them today for the same problems the Celts and the Ancient Greeks used them for in 1500 B.C. It's the longest clinical trial ever.

Herbs have special ingredients in them that are medicinally active and are not found in ordinary foods. These are the ingredients that restore the body.

I've been helping people REPAIR their gut, RESTORE their digestion and REBUILD their health for 35 years. Come for a day and let me help you understand what's happening and why. And teach you how to use 12 common medicine herbs mixed into your food, and your daily life, to support yourself.

Wednesday February 12th, 2019

10a.m. – 4.30p.m.

Warrawee Wholistic, 87 Warrawee Rd, Balnarring, Vic 3926

Cost: \$130 a.m. and p.m. tea provided.

For information and bookings: www.lindabatesherbalmedicine.com
0431867220 linda@rebootplus.co



REPAIR – RESTORE – REBUILD – and change your life.

The Healer on the Hill

by Lesley McMillan

Warrawee sits at the very heart of Balnarring and yet many of us are oblivious to the vital role this historic property played in Balnarring's very existence and its long tradition of being a place of natural healing. If you've already had the pleasure of visiting the historic homestead for one of the many healing modalities on offer, perhaps you've felt that sense of calm and peace that descends as you enter its stately walls and gardens.

Long before an entrepreneurial sailmaker from Belgium immigrated to Australia and purchased the Big Triangle of Balnarring in the mid 1800's, local legend has it that an indigenous healer lived on this land known locally at the time as 'The Hill'. Aboriginal and other locals were drawn to the Healer on the Hill for his therapeutic remedies.

Today the Healer on the Hill is Warrawee's Jane McDonell. After purchasing Warrawee in 1983, Jane's passion for wellbeing focused on the medicinal properties of living herbs, and she began to establish today's flourishing comprehensive medicinal herb garden. Furthering her studies she became proficient in creating herbal oil infusions, tinctures and salves. As a practicing herbalist, Jane finds her clients mostly come to her for stress relief, insomnia and pain relief – both emotional and physical. She finds an energy balance, massage and herbal tonic can go a long way to improving wellbeing on all levels. Jane encourages her clients to empower themselves by growing herbs and making their own remedies when possible. She believes that nutritive herbs can be wonderful energy boosters and are safe for the whole family.

Jane's Sweet Leaf Botanicals skincare range was conceived as a natural progression of her capabilities as a herbalist and her quest for natural, organic skincare products. The notion of creating or using products for which an animal has suffered is as abhorrent to her as the concept of adding harmful chemicals to skincare. Intuitively Jane individually crafts every batch of her creams, lotions and oils with love. Blending in small batches from uniquely selected fresh living plants ensures the life-force and peak potency is captured in these exquisite nurturing, nourishing and rejuvenating skincare products. Each of her products has been specifically designed to effectively cleanse, nourish and enrich the skin to maintain its soft, moist, and supple look and feel. Jane's Sweet Leaf Botanical skincare products are stocked at Nourish, our local health store in Balnarring, and online.

Warrawee, in the indigenous language of the area, means Resting Place, and at Warrawee Wholistic that tradition continues today to bring rest and ease to our community. Jane and Neil, along with a variety of therapists and practitioners, offer a wide selection of classes, therapies and coaching to support body, mind and spirit:

Tai Chi, Pilates, Pranic Healing, Lomi Lomi Massage, Medicinal herbal products and Workshops, Life Coaching, Osteopathy, Acu-energetics, Remedial Massage, Yoga, Holistic Counselling, Hypnotherapy and Reiki.

So how did Mr Paul Van Suylen, a sail-maker from Belgium, have such an influence on the town of Balnarring?

Arriving in Australia with wife Johanna in the gold rush days of 1854, rather than taking on the risky business of chasing gold, Van Suylen hedged his bets and set his sail-making skills to good use by building a successful business manufacturing tents for the diggers. By the mid-1800s, Van Suylen was able to purchase two lots of land bordered by what is now Warrawee Road, Frankston-Flinders Road and Balnarring Road, giving him the full triangle. At this time rough bush tracks cut across the area linking the settlements of Mornington, Flinders and Hastings. It was where these tracks intersected at the western tip of the land that he built the family homestead. Van Suylen's entrepreneurial skills were impressive and he continued to evolve the homestead and re-invent its commercial enterprises.

Over the years, the homestead housed a general store, a roadside inn, saleyards, a hotel, a Post Office and a Cobb and Co rest stop. But it was the Junction General Store c1900 on Van Suylen's eastern corner that confirmed the future position of the Balnarring Village. Sadly, that critical piece of Balnarring's history was demolished in 1984 to make way for a supermarket.

Warrawee, the historical home of Balnarring, is a graceful homestead set in beautiful gardens and a place of great nurturing and healing.



SAVE BALNARRING'S TREES

Concerned about our village wildlife habitat disappearing? Join our Facebook discussion page "Save Balnarring's Trees"



Perspectives on Balnarring

Hannah Lewis with Suze Kepert

Some background

Hannah holidayed in Balnarring Beach throughout her childhood and has lived in Balnarring for the last 45 years. Suzy has lived in Balnarring for the better part of 44 years.

Hannah is a keen gardener and has a great love for Australian plants and the bush, specifically the flora of the Mornington Peninsula.

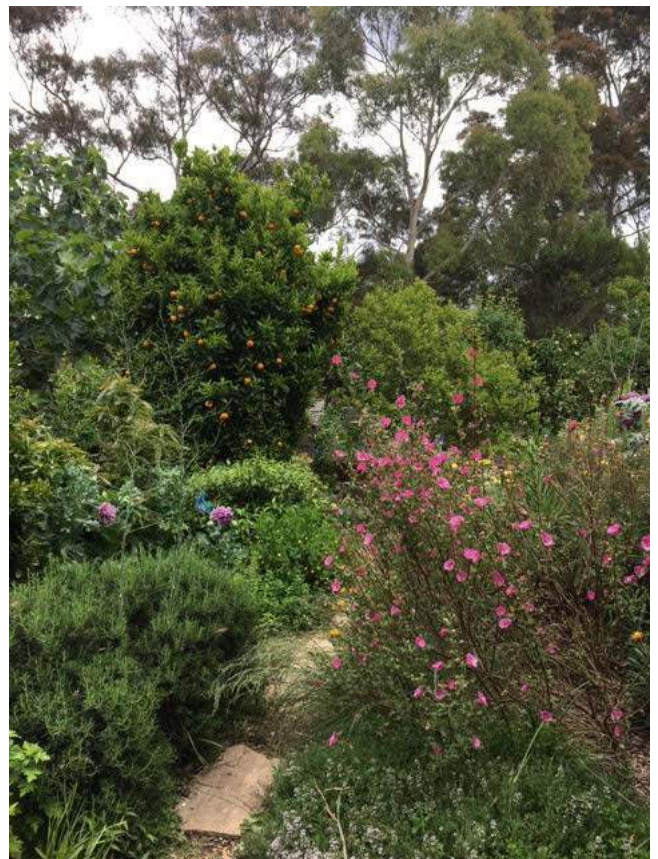
Suzy currently works as Assistant Ranger for the Balnarring Foreshore Committee and has been involved in creating bush corridors, bush restoration projects and working in an indigenous plant nursery

Suzy and Hannah met many years ago through their shared interest in the arts.

Both Suzy and I joined a local Facebook group 'Save Balnarring's Trees. Our concern for the impact of development on local habitat inspired us to write this 'perspective' on why it is critical that we preserve and increase what we have. In Suzy's words 'Biodiversity is our best answer to climate change.'

When I first moved to Balnarring it was the era of old-fashioned roses and I set about creating a garden with some natives, lots of roses and a herb garden. While I still grow my fruit trees, vegetables and herbs, I have only a few roses left and have given over a large part of my garden, Hannah's Paddock, to natives and indigenous plants, as my knowledge and appreciation of them and the role they have in combating climate change has evolved.

My concern for the loss of habitat has come about from my own observations of life in my garden and the removal of so many established trees in my immediate neighbourhood. Whereas 10 to 15 years ago we had a koala or two or three in our manna gum, at least once a week, we would now be lucky to see one once in six months.



What I do see now, however, as I have strategically and consciously increased the habitat in my own back yard, is the proliferation of birds, lizards and frogs. Last Summer we were lucky enough to have a family of five blue tongued lizards sunning on our ¼ acre block.

Suzy has more local plant knowledge than me and I was lucky enough to enjoy a tour with her of the foreshore reserve, as part of the Bunjil festival. I decided to pin her down, to get her perspective and a few clues for others who may be interested in creating habitat gardens.

Suze why is it so important to preserve remnant habitat and trees in residential areas?

Trees not only provide a canopy and shade and act as a windbreaker around a house, they provide shelter, food and homes for our wildlife such as koalas. The birds and animals that depend on hollows in trees include parrots, bats, sugar gliders, ducks, ring tailed possums and feather tailed gliders.

From your perspective, what are the greatest changes you have observed in our local environment since you have lived in Balnarring?

The greatest change I have seen is the loss of ground story. The forest floor has gone. Our native grasses have disappeared with the development of land for housing and the built environment. Indigenous plants are part of the natural chemistry that has always been here. Certain weedy plants, that come with development, can change the chemistry of the soil catastrophically. Anything that is out of control or creating a monoculture is bad for biodiversity. Angled onion is an example of a weed that has proliferated. It spreads by seed and bulb. We have noticed it particularly along tracks on the foreshore and in the camping reserves

What are some of the advantages of healthy ground story?

Native grasses are a flowering plant. They attract native bees, hoverflies and a huge array of insects of all descriptions that feed off them. They provide cover for lizards and insects. They are less dependent on rain than other plants and don't require feeding.

What advice do you have for people wanting to create habitat gardens and increase biodiversity?

Avoid monoculture, that is, uniformity of planting. For example, cypress hedging may look nice and green, but it doesn't attract birds or animals. It is, in effect, a dead zone and it requires a huge amount of maintenance. Plant local indigenous plants wherever possible. Indigenous plants can be beautiful in the garden. Plants like weeping grasses and wallaby grass can create a lovely lawn and require infrequent mowing. Wallaby grasses are a component of natural pastures and are an example of a native grass that has agricultural potential. They also have lovely seed heads. They are excellent contrast plants, will grow in sun or heavy shade and thrive on neglect! Poas, sedges and kangaroo grasses are also ideal habitat plants.

There are so many local plants that produce beautiful flowerheads: chocolate lilies, which have a beautiful scent, trigger plants, yellow rush lilies, fringe lilies, purple flags, yellow stars the egg and bacon plants and dianellas to name a few.

I have noticed a proliferation of noisy miners that can be quite aggressive towards the smaller birds. How do we attract a range of birds to our gardens?

Larger birds, like noisy miners, that are colonisers, are doing better. The way we shape our gardens is the way we shape our birdlife. Variety is important. A lot of little birds like thornbills, wrens, finches and eastern spinebills need prickly and/ or scrubby plants for protection.

People often worry about Australian plants and bushfires. Do you have a comment on this?

There are lots of local plants that are suitable for our gardens. Native succulents such as seaberry and common saltbush, bower spinach and pigface, trees such as banksia and boobialla, sedges and rushes such as lomandra and lilies such as dianella are all fire resistant

and ideal for gardens in Balnarring. Large logs are called sump logs because they retain moisture. They provide shelter, habitat and create a healthy microbial environment as they break down.

Why is it important to find a balance when gardening or creating green spaces around a house or on a farm?

Last Summer we had the driest 5 months in Balnarring on record. The native berries were crucial for the survival of small birds and larger birds such as wattle birds and possums. When we remove a large tree, we are taking away shade for humans and animals, shelter, nesting sites and wind buffers. Trees produce oxygen and create carbon sinks and contribute to forming wildlife corridors for animals like koalas.

One tree changes the climate underneath and around it. As a tree grows you are watching a different microclimate evolve. While we need to be judicious about removing fire hazard material, we also need to allow the next layer of topsoil to form with the breakdown of organic matter shed by a tree as part of its life cycle. Equally the roots of a lot of our native trees, in particular wattles, have nitrogen nodules on their roots, which fix in the soil.

A final note from Hannah and Suze

Balance is the key and making informed decisions about what you remove and what you plant around your house or on your property is vital. A beautiful garden can include many different species from all-round the globe. Wherever possible keep existing habitat to support biodiversity, plant indigenous plants local to the area to create habitat and avoid planting noxious weeds.

There are several really good local nurseries that sell indigenous and/or native plants.





Balnarring Fire Brigade News

With summer fast approaching, it's time to consider your level of fire preparedness around your property. What preparation needs to be done to reduce the fire risk where you live?

Here are a few suggestions:

- ✓ reduce the amount of flammable mulch around your house by using pebbles or rocks.
- ✓ remove leaf litter from roof valleys and gutters.
- ✓ plant only small shrubs in gardens next to your house.
- ✓ cut grass to less than 10 mm in height.
- ✓ remove flammable items from decks and verandas.
- ✓ trim overhanging branches within 10 metres of buildings
- ✓ locate woodpiles well away from the house.
- ✓ dispose of ground level dry grass, twigs, leaves and loose bark.
- ✓ store flammable liquids in a structure away from your house.
- ✓ repair window and door fly wire screens.
- ✓ Write an emergency plan and practice it with your family - remember to include your pets.
- ✓ discuss with your neighbours their plans and how to help each other.
- ✓ make sure your driveway is accessible for emergency vehicles - 4 metres wide clear of obstructions and 4 metres height clearance of vegetation.
- ✓ Burn off safely, carefully and in compliance with Total Fire Ban declarations, Fire Danger Period provisions and Mornington Peninsula Shire bylaws.

Please take the time to inspect your property with this checklist to improve the level of fire protection. It's your safety and survival that's at stake here.

More detailed information is available via the CFA's website, cfa.vic.gov.au. Give the brigade a call on 03 5983 5379 or call into the fire station on a Sunday morning.

The brigade is keen to develop the "Adopt a Fire Hydrant" Program which has been promoted in the last two editions of The Bridge. Residents are encouraged to adopt a fire hydrant closest to their property to ensure it is accessible and visible to the fire brigade when fighting a fire or dealing with an incident in your area.

Give the brigade a call to register your participation in this community safety program on 03 5983 5379.

CURIOUS VOYAGES now available

An illustrated collection of true sailing tales, titled *Curious Voyages*, has recently been published by Mornington Peninsula based *Love the Pen*. Very much a Peninsula project, the author is Red Hill based Russell Kenery, and the Somers artist Andrew Murray illustrated the fifteen stories.

The collection is not a history of sail; it charts various voyages by those who “travelled in wooden boats but were iron men.” The following are a couple of reviews in praise of *Curious Voyages*:

‘Russell Kenery’s storytelling takes the reader on fifteen voyages of not so plain sailing; the eccentric, the harrowing, and the heroic. Brilliant sketches by Andrew Murray add a live-action dimension, a powerful setting for the words. Russell’s stories will refresh and rekindle a respect for the sea and those who accept the challenge of journeys, short or long. Seamanship matched to the demands of the elements and vessel. Craftsmanship in the design and construction of wooden boats. Courage and self-belief on a formidable scale. A commitment of time, difficult for present-day mariners to comprehend. Inspirational logs, beautifully told. Invest the time, who knows where it might take you.’ **John Mitchell, Westernport Yacht Club**

‘Voyaging has been the mother of many of humanity’s greatest tales of leadership, survival, endurance, tragedy, and at times just unbelievable good or bad luck. Russell Kenery’s *Curious Voyages* accounts for a broad collection of true events that will enthrall and inspire the old salts and landlubbers alike.’ **Wayne Parr, Shipwright, and Small Boat Sailor**

**The beautiful hardback publication is an ideal gift, and you can ask for it at
*Wise & Co Dispensary, Balnarring.***



Photo: Pacific Print

Balnarring Men's Probus Club

Our Club meets at the Balnarring Community Hall on the last Friday of each month (excluding December) commencing at 9:30 am.

These meetings provide an opportunity for retired and semi-retired local men to engage in a variety of activities in a congenial environment which encourages fellowship and fun.

Regular features include photographic exhibitions and outings, musical interludes and guest speakers who are invariably a source of information and entertainment.

Our most recent speaker in October was Bob Lachal who regaled us with tales of his extraordinary life from representing Australia at the Tokyo Olympics to his adventures in Antarctica and his most recent assignment as a patrol officer in Papua.

In November we will be hosting David Rand who will update us on developments in the rapidly changing world of electric vehicles. This follows a most successful outing to an electric truck manufacturing plant in Dandenong.

Following the recess in December, we are expecting to hear stories from three of our members in January prior to recommencing our regular speaker program in 2020.

Our final outing for 2019 under the Big Boys Business program will be a visit to the Police and Seafarers Museums in November.

Our club also hosts a variety of activities including book groups, photography, cycling, chess, cinema dine-outs, money matters and a renowned choir.

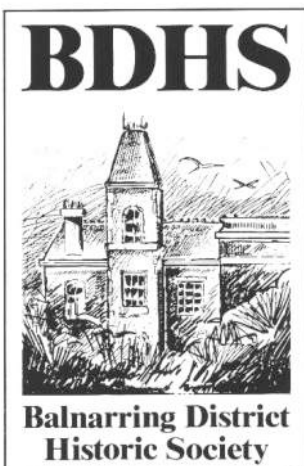
New members and visitors are always welcome.

For further information please contact

Roger James on 0400 837 884

or check out our website by typing

'Balnarring Men's Probus' into your browser.



Interested in the history of the Balnarring Area?

Have you local or family memories or mementos?

The History Room at the Balnarring Hall is open most Monday mornings from 10am to mid-day.

Drop in to look at our collection or for a chat.

Welcome to our next meeting 3pm on 13th June.

Balhist4@gmail.com POBox183, Balnarring 3926

RED HILL OP SHOP

Summer Browsing ...

If you like to browse, the Red Hill Op Shop is the perfect place to do that all summer! If perusing, leafing through and cruising through an op shop is your preferred activity, we have the most delightful setting to fulfil your needs, and our friendly volunteers are there to assist.

With Christmas so close and the holidays upon us, we have quality seasonal clothing for men, women and kids arranged beautifully for easy access. The bric a brac section, with all manner of items, sparkles and gleams inviting you to take a look and the Manchester section is packed with quality sheets, covers and cushions. There's bound to be a Christmas stocking filler there too.

Vinyl records are in abundance, and the CD and DVD range is extensive for the odd rainy day! Games, Puzzles and Jigsaws are another enjoyable way to spend an "inside" day and they are priced to sell.

Sporting equipment is varied and there are great toys for a new experience. Our books section is vast with good reading for all ages. We basically have something for everyone, so you just never know what you might find.

We are a 100% volunteer based organisation; we support the Peninsula Home Hospice and other 'not for profit' local initiatives.

**We are located at 33 Mechanics Road, RED HILL
and are open Wed and Fri 10am-4pm and Sat 10am-1pm.**

Email us at redhillopshop@gmail.com

or message us through our Facebook page www.facebook.com/redhillopshop



Apple Mac[®] assistance

Learn about

- The new Mac OSX, iOS, iCloud
- Skype, Share Photos or Videos on the Internet
- Improve your home WIFI
- Connect Video recorder, PVR, Digital TV

and/or training at your own location anywhere on the Mornington Peninsula
(Mordialloc to Portsea). Hourly rate \$75.00 Call or email

Pat the Mac

M 0419 330 497
E patthemacs@me.com

Crib Point Has A Township Vision – BP Oil Tanks Must Go!

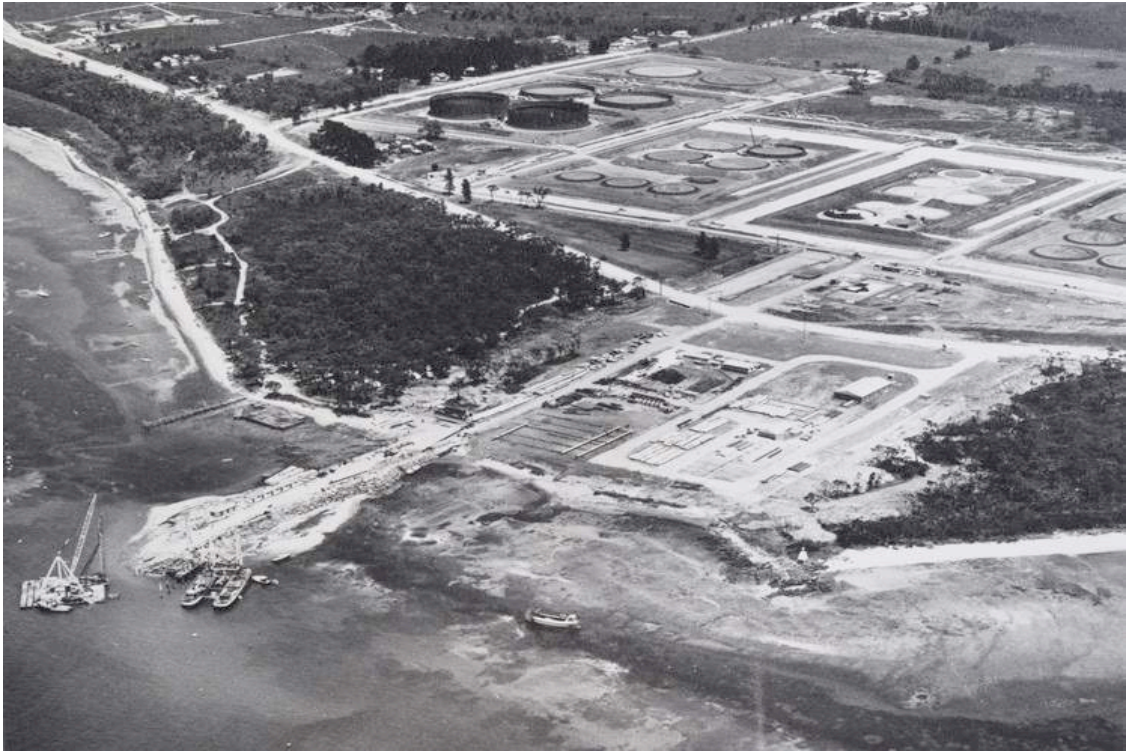


Photo credit: Port of Hastings Development Authority

During the early 1960s, the Victorian Government planned industrial developments around Crib Point and Hastings, including a BP oil refinery in 1965, an Esso oil refinery in 1967 and a BHP steel production facility in 1970. “The Ruhr of Victoria” was planned for Western Port Bay due to its close proximity to oil and gas exploration and production in Bass Strait.

After twenty years, the BP oil refinery at Crib Point closed in 1985 and the 321 hectares of unused industrial land and large oil tanks have sat untouched for over 30 years. This land is known as Special Use Zoned Land (SUZ1) for port-related activities such as the Port of Hastings Development Strategy and kept vacant for potential future port opportunities.

Unfortunately, the dismal landscape of an industrial wasteland and rusting fuel tanks at Crib Point has held back potential social and economic activities in the area. Due to the SUZ1 zoning regulations, the old BP oil refinery site can not be re-zoned without the involvement of Mornington Peninsula Shire Council, the Port of Hastings Development Authority, the Victorian State Government and the owners of Crib Point Terminal Pty Ltd.



Photo credit: Abandoned Melbourne

In 2011, Mornington Peninsula Shire Council, Hansen Partnership, Crib Point Advisory Group (CPAG) and the local community created a draft Crib Point Township Plan to establish a long term vision for the township as a basis for future planning and decision making about the use and future development of private and public land within Crib Point.

This draft township plan recommended changes to the planning scheme and opportunities to protect the environmental values of the area whilst encouraging low density residential housing development, tourism businesses and other suitable commercial enterprises.

[http://www.cribpointonline.org/docs/Draft Crib Point Township Plan approved for exhibition by Council on 10 October 2011.pdf](http://www.cribpointonline.org/docs/Draft_Crib_Point_Township_Plan_approved_for_exhibition_by_Council_on_10_October_2011.pdf)

Unfortunately, in June 2013 the Crib Point township plan recommendations were not fully included as part of the Mornington Peninsula Planning Scheme Amendment C163 (Part 2) partly in response to submissions from the Port of Hastings Development Authority and the Department of Transport.

It would not be until 2017 that another Crib Point vision for the future would arise...



In June 2017, the draft Crib Point Community's Plan was released by Crib Point Action Group (CPAG) as a working document to capture the views of local residents regarding the future use and development of the 321 hectares of SUZ1 land opposite Crib Point jetty.

The Plan would provide all levels of Government with an understanding of the local community's preferences for the future use and development of the port land in Crib Point.

Over 12 months, CPAG collected feedback from residents in Crib Point and Bittern, conducted surveys, held a public meeting and workshops so that voting could take place on the best planning options available for the future of Crib Point port land.

Since 1985, the old BP oil refinery site at Crib Point has sat vacant and unused while successive State Governments made investments in former industrial suburbs around Victoria. Crib Point has been tied to its industrial past and missed out on positive social and economic benefits for local residents who believe in a better future for their township.

With over 2800 hectares of port land available north of Hastings, the 321 hectares at Crib Point should be considered surplus to the needs of the Port of Hastings Development Authority and all the port-zoned land re-zoned for community use and development.

Crib Point Action Group (CPAG) will continue to lobby Mornington Peninsula Shire Council and the Victorian State Government on behalf of local residents and businesses to enhance Crib Point's reputation as a quiet coastal town on Western Port Bay while protecting its unique environmental values and creating a brighter future for our great community!

Pat The Mac Tips : to Upgrade or not to Upgrade

As it has done every September over the past 12 years, Apple is releasing its crop of new operating systems. These large and complicated pieces of software are the DNA that make the processors of each of your devices operate. Apple has divided its operating systems into groups : macOS for iMac and laptops, iOS for iPhones and iPods, iPadOS for iPads, watchOS for the watches and tvOS for Apple TV.

I will only describe below how to upgrade to iOS13 and to iPadOS. However, before doing so, I want to give a word of caution to anyone tempted to upgrade to the latest macOS 10.15. The new macOS Catalina makes a dramatic change "under the hood". If you are not sure, DO NOT upgrade your iMac or MacBook (Pro, Air, etc). Ask someone who knows if it is necessary to do so and learn what you may lose once the upgrade is finished.

For iOS or iPadOS, check if your devices are compatible (see the table below) and if so, follow these simple steps :

1. Back up your iPhone or iPad.
2. Plug your device into a power supply.
3. Make sure you are downloading over Wi-Fi
4. Go to Settings > General > Software Update. iOS will check if there's a new version.
5. Tap Download and Install, enter your passcode when prompted, and agree to the Terms & Conditions.
6. Your device will download the update in the background and you can carry on with other things. Once the download has finished you will receive a notification.
7. Tap Details. This will take you back to Settings > General > Software Update.
8. Tap Install Now. This may take a while...

Compatible iDevices

| iOS 13 | iPadOS |
|---|---|
| <ul style="list-style-type: none">. iPhone XS. iPhone XS Max. iPhone XR. iPhoneX. iPhone 8. iPhone 8 Plus. iPhone7. iPhone 7 Plus. iPhone 6s. iPhone 6s Plus. iPhone SE. iPod touch (7th generation) | <ul style="list-style-type: none">. 12.9-inch iPad Pro. 11-inch iPad Pro. 10.5-inch iPad Pro. 9.7-inch iPad Pro. iPad (6th generation). iPad (5th generation). iPad mini (5th generation). iPad mini4. iPad Air (3rd generation). iPad Air 2 |

If you have any question, contact
Pat The Mac on 0419 330 497 or by email via pat@patthemac.com



Gutter Vacuum Cleaning

Pressure Cleaning

Window Cleaning

Solar Panel Cleaning

Poly Tank Cleaning

Special Offer For Bridge Readers

Book 2 of services and we will give a **10% Discount**

Call Now: 0411 314 104

*\$20m Liability Insurance * Staff are police checked & Height Safety Trained

www.gutterwiz.com.au

PATON Estate
Agents
Pty. Ltd.

Ian Johnson

Licensed Estate Agent

Ph: 0490 042 458



WILDLIFE RESCUE Contacts

@Koala rescue
Jenny Bryant
0417 395 883

@WHOMP
(Wildlife Help On
Mornington Peninsula)
0417 380 687

@Klarissa Gaunaut
0488 494 667

8th Annual Pink Ribbon Breakfast



OCTOBER was Breast Cancer Awareness Month with many events fundraising for research. One was the 8th Annual Pink Ribbon Breakfast at Flinders Golf Club, Tuesday 29 October, which was attended by over 100 people and supported by Flinders District Lions.

The morning raised over \$9,300 for the National Breast Cancer Foundation, which is the only national body that sponsors breast cancer research through money raised from the public.

The Guest Speaker was Dr Antonella Papa PhD.

Dr Antonella Papa is a National Breast Cancer Foundation (NBCF) Career Development Fellow and heads the Cancer Biology and Cell Signalling laboratory in the Dept. Biochemistry and Molecular Biology, Monash University, Melbourne, Australia.

Also attending this year's Pink Ribbon Breakfast was Lisa Mastoras, the Head of Community Fundraising for The National Breast Cancer Foundation. Lisa came to acknowledge and thank the community for their wonderful support of this event for the past eight years.

An amazing local lady called Jo also attended the breakfast. Jo is a person who many know in the community as she has helped them when recovering from Breast Cancer. Jo is a McGrath Breast Care Nurse and works on The Mornington Peninsula not only to support the patient and their family, but also to work and educate our communities as well.

"The audience were eager to learn and understand the research and gave generously to the event," host Monica Holland said.



Working for a cure: Flinders District Lions Club host Monica Holland, Dr Antonella Papa PhD and members of the Lions Club Team at Flinders Pink Ribbon Breakfast.

Kid's Pages

Australian Immigration stories



At Balnarring Primary School we have been studying immigration to Australia just after World War 2. Since that time, immigration has continued in waves. Currently about 1 in 10 people living in Australia were born overseas. Our immigrant history has shaped Australia for the better. We have become a diverse multicultural melting pot.

Immigrants bring a different way of thinking that challenges our thoughts and prejudices. They bring different religions, food and help make a vibrant culture and economy. I couldn't imagine Australia without immigrants.

Here are some poems that some grade 6 kids wrote about immigration after the war.

On the TSS Jervis Bay
My life is in my hand.
Heading out over the deep
sea,
I hope I buy some land.

Everybody's in their rooms,
Can I cope with this
anymore?
I can't wait to get to the
edges of Australia.

It was finally, all over,
The trip was like hell and
back.

Grabbing my bag I walked
off the ship,
There was quite a big pack.

After time I found a job,
Building Melbourne as it
grows.
Life here in Australia
Is all I ever wanted?
I know.

Angus Walles Grade 6



Poem of an Immigrant

One cardboard suitcase
packs up my whole life,
I can't believe this is
happening.

A deep blue ocean filled my
heart,
weak kneed and
traumatised,
I boarded a ship that would
take me to a new place.

A place where I'd be safe
from war.
Only 5% of polish Jews
survived the Holocaust.
Grateful I was, as I watched
Ravens fly in solitude,
Over us and circle and swirl,
thus a Sign Of Change.

The Atlantic Ocean, a
furious almost fiery ocean,
makes people's stomachs
churn and twist.
I was to meet the love of my
life is on that ship,
Tutsi.

Finally the
Mediterranean, with its
cool, calm, warm water
welcomed the ship.
The tiny Suez Canal
carried us to the tippy
toes of Australia
(The land of
opportunities).

"Land ho" chortled the
captain.
In my mind I saw
kangaroos bouncing
around the wharf.
It was a much different
story.

It was a sigh of relief
when I got to Australia.
Like a wave washing off the dirt
and muck of the war.

I was proud to be Australian.
Hopes and aspirations filled my
heart.
For ever and ever until the day I
died.

Moscow Roller, Grade 6

War struck like lightning,
We had no choice but to leave,
Our parents, dead, by the wicked war.
I'm with my sister, her name is Arora, and my name is Lora,
We go through the Suez Canal,
And slowly pass the equator,

We arrived in Port Melbourne,
We were as poor as people without flesh.
Memories overflowed our heart.
We think about our Parents all the time.
We stayed at an immigration Camp for quite some time.

We are blessed that we are still
on this earth breathing.
If our instinct didn't send us here,
we would be as dead as a chicken with no head!
It felt like we were free to live our own life, and in fact
We Did, in Australia!

Gleeson Litchfield, Grade 6



Is there a Bigger and Brighter version of your life just waiting to be kick-started?

Whatever your age or stage; from busy mums and stretched dads to driven career makers and retirees seeking new purpose, life can take some navigating.

Does the idea of opening up to a fresh new way of seeing and approaching certain aspects of your life excite you? Together, working as a team, you can:

- Explore your self talk and gain insights into how it may be holding you back
- Learn about taking the driver's seat in life and 'making' things happen for you instead of 'letting' life happen to you
- Work through the steps from Stuck to Moving Forward
- Discover your True North; what you stand for, what you value
- Untangle a busy life and learn how to create balance
- Rediscover life direction, purpose and meaning
- Improve relationships, career and confidence

As a local Life Coach, Mentor, Copywriter and Marketing Coach working out of Warrawee Wholistic on Warrawee Road, I love to work within our community helping others work towards creating their best possible life.

Call for a free chat or check out my website on what people say about my coaching.

Lesley McMillan 0499 240 041 www.lesleymcmillanlifecoaching.com

Combined Probus Club of Balnarring

New members are very welcome.

We meet at the Balnarring Community Hall, Frankston/Flinders Rd.
Balnarring, on the 3rd Friday of the month at 10.00am.

Meetings consist of short general business, morning tea and speaker or other organised activity.

Interest groups include gardening, walking, book club, cinema, film discussion, photography, singing for fun, cards, scrabble, backgammon, dine out, travel.

We arrange interesting outings, also spring and autumn trips away.

Please contact Patsy Wilson on: 5983 9949

or Email: grapatwilson@bigpond.com

Friends of Daangean

Weather played a large part in the infrequent incursions into Woodland Break over the period since the last submission. However, Saturday September 28th six of us, ably assisted by Georgia from Parks Vic, managed to cut a good swathe through the pittos. These woody weeds are getting bigger and bigger and Georgia was equipped with a chainsaw to deal with them, but it wouldn't



start at the crucial time. On the track in a large tree had fallen over so the chainsaw was brought forth to clear the way, which meant Georgia had virtually done a day's labour before we reached our work site. The chainsaw probably thought the same thing so it rested on its laurels until

Georgia clearing the impediment – *image* Marnie Fitzsimons

morning tea at which time it started and was returned to the PV vehicle in disgrace. Mayfly Orchids were flowering near where the vehicles were parked and Bird Orchid leaves were about in the undergrowth but no flowers visible, and beside the track Love Creeper twined over bracken.



Twining Love Creeper – *image* Marnie Fitzsimons

Saturday October 26th was to be the next pitto working bee; however raging winds put paid to that day. As we work among large trees it was considered too dangerous due to the possibility of falling limbs. I imagine a lot of nests, and possibly nestlings were blown down during those winds.

As November 30th will be the final weeding day for 2019 one can but hope all will go well weatherwise and no other impediments crop up.

The Friends of Daangean applied for a grant to enable Parks Vic to engage a contractor to deal with the pittos; we failed though did receive \$500 for our efforts, so better luck next time. We'd like to move to another area within Devilbend NFR as we've been working in Woodland Break for around 10 years.

Friday October 18th was Waterwatch day with the Tyabb and Moorooduc PS Ambassadors attending, after which they went off to do their macroinvertebrate sampling. The day produced a howling gale and the WW paperwork was weighed down with rocks after the initial paper chase. Water levels at Devilbend and Bittern were still up, though had fallen a bit since September. Devilbend Ck was down to a trickle and the waterline on the catch drain banks was clearly visible. Frogs had been busy producing as this time tadpoles swam about the water's edge. I haven't seen taddies for years!



Turtle team - image Marnie Fitzsimons

Turtle monitoring has begun in earnest though no nests seen yet. Saturday November 2nd, was a wet turtling day and our boots filled with water from the wet grass, not from wading in the water. It was fine while our feet were warm in sodden socks but uncomfortable when they started to cool

down. Along the catch drain Milkmaids flowered and Sun Orchids awaited sun though those that had already opened had seed capsules along their stems.

Later in the day a motorist rescued one turtle from the road and gave it to the turtle team, whereas another was not so lucky. The rescued turtle was released at one of the Waterwatch sites and hopefully will stay away from roads.

Devilbend has been declared a Key Biodiversity Area and after a long process there's a sign to prove it. The new KBA sign is on the Eastern Shoreline of Devilbend.



Newly erected Devilbend KBA sign - *image* Marnie Fitzsimons

Marnie Fitzsimons

FoD Co-ordinator, marniefitz1@gmail.com



DISCOVER SAILING AT BALNARRING BEACH



There are a few ways to discover sailing at
Balnarring Beach this summer.



Discover Sailing afternoon – Saturday 7th December 12.00 - 4.00pm.

Come down and have a ride in a sailing dinghy, on a catamaran, in a power boat or have a try on one of our kayaks. Sausage sizzle. Have a drink at the bar afterwards.

Sailing Schools – as an accredited training centre with Australian Sailing, we offer sailing lessons for those 7 to 12 years old in the Tackers program, or sailing classes for older people in our regular sailing school. These are held in the first few weeks of January.

For more information please go to www.westernport.org.au or contact us on info@westernport.org.au

Tackers is an Australian Sailing program aimed at getting kids aged 7-12 into sailing. Each program includes 20 hours tuition from qualified YA Instructors & Assistant Instructors, Fun on-water & off-water games and a Tackers Kit.

Where: Westernport Yacht Club
When: 30th Dec–3rd Jan or 6th – 10th Jan

WESTERNPORT YACHT CLUB



Social Membership is just \$99.00pa

Full Membership \$165.00



At Westernport Yacht Club we are able to enjoy a beach front facility all year round. We have sailing, boating and social activities for all ages. After a day on the beach or on the water have a hot shower, enjoy a family bbq or picnic on the lawn. Members have all year round access to clubrooms and yard. Full members have free access to a range of club boats. Launch your fishing boat. We have our bar open every Friday night and during Summer, late Sunday afternoon. You will find us at

THE SCHOOL PROJECT/ MELBOURNE PERIOD PROJECT

MPP Cares for the homeless, by providing sanitary products, help and support, including basic school supplies for children homeless or in refuges

Either jump online to any store eg Officeworks, order whatever you can and have it sent straight to us at the warehouse.

HIGH DEMAND

School items: Backpacks, lunch boxes and drink bottles, red pens and calculators, exercise books and everything in between.

Diaries, notebooks.

NEW: small value cards (eg Coles vouchers \$10 - \$20), movie tickets (for very hot days)

Thongs, sunglasses, caps and visors, small sunscreen tubes.

SANITARY ITEMS are always required: Regular Pads & Tampons, Super Pads & Tampons, Small hand sanitiser bottles under 50ml and Liners, "hotel" size soaps /shampoos etc

DELIVER to Barb Rimington 5983 2245

OR Send your donation to

The School Project
4/345 Plummer Street
Port Melbourne
VIC 3207

OR Donate directly to Melbourne Homeless Collective BSB: 063027
ACC: 10118955 Commonwealth Bank of Australia

For more information contact Barb or check out MPP Website:

[http://www.MelbournePeriodProject.org.au/Facebook:](http://www.MelbournePeriodProject.org.au/Facebook)

<http://www.facebook.com/PeriodProjectMelbourne>

Balnarring Bowls and Social Club Inc.

Our popular Bare Foot Bowls has re-commenced and is on every Friday evening.

Corner Stradbroke and Bruce Streets, Balnarring
commencing at 4:30pm and going until dark.

Light (BBQ) meals. Bowls instruction. Discounts on membership.

A family event. Information: Harold 0417 347 552

Have you visited the friendly Op.Shop in Crib Point?

Westernport
Op Shop
149 Disney St,
Crib Point
0467 377 844

Volunteers welcome!

OPEN
Tues, Wed,
Thurs, Friday
10.00 - 3.30
Saturday
9.30 - 1.00



TICCUNDEROCC CONSULTING

Want to make your home a better fit?

Want to adapt your house to your needs without major renovation?

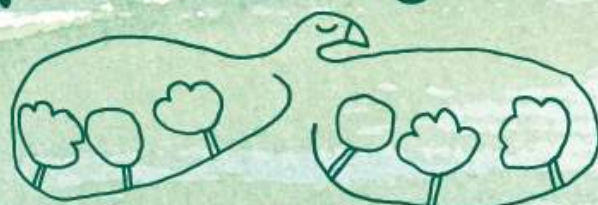
Looking at a new house, what are the strengths and drawbacks?

Retired Architect offering assessment and design ideas.

Celia Sexton RAIA celiann@bigpond.com 0427858378

BUNDJIL'S NEST PRESENTS

.Womin Djeka.



Balnarring Ngargee

14.03.2020

SATURDAY 14TH MARCH 2020

BALNARRING BEACH, ROBERTSONS PARK AND CAMPING RESERVE



COMMUNITY FESTIVAL

SHOWCASING AND CELEBRATING INDIGENOUS CULTURES

ENTERTAINMENT • FOOD STALLS • CRAFT STALLS

CULTURAL WORKSHOPS • CHILDREN'S ACTIVITIES

SO... ARE YOU COMING?

FOR MORE DETAILS CONTACT:

✉ womindjeka.balnarring.ngargee@gmail.com

📘 facebook.com/Bundjil2018

📷 instagram.com/womindjekabalnarring

BALNARRING LADIES PROBUS

If you are a retired or semi-retired lady looking for good company and interesting activities, come along to Balnarring Ladies Probus.

We have Stimulating Speakers, Book Group, Scrabble, Café Group, Craft Group, Films, Walking Group, Convivial Luncheons, Outings and Shopping Trips, as well as a regular monthly Newsletter to keep you up to date with events.

Join us as our guest for any meeting at:
Balnarring Hall No. 2 (opposite the shops)
10am on the **4th Wednesday** of the month
You will be made very welcome.

Just come along or get further information from Adele on 0419 522 513.

Printing for 30 years on the Peninsula and still going strong



Image supplied by Peninsula Pictures 0413 864 749
www.peninsulapictures.com.au



***Thank you for supporting your Local
Family Owned Printing Company***

{ 76 Reid Parade, Hastings VIC 3915
www.galaxyprint.com.au

Call 5979 7744 }
artroom@galaxyprint.com.au

Working Bee at Balnarring Beach: All Welcome!

We're having a rest for December and January from our working bee on the Foreshore.

But we would like to wish everyone a very happy and peaceful Holliday break and say thank you to all the dedicated people who help us throughout the Year.

Without all of them we would not be able to get so much done.

Rupert Steiner, for the Balnarring Beach Foreshore Working bee

Balnarring Musos Open Mike Nights December 2019 & January 2020



Wednesdays
December 4th and 18th
January 1st, 15th and 29th

at Balnarring Hall

Doors open at 7pm; music starts at 8pm and ends at 11pm.
Tea and coffee available, or (over18s) bring a bevvie to enjoy.

Come along and have a ball!!

***A huge thank you to all who continue to donate
at the door to help us to pay our way
and support musical endeavour within our community.
Thank you to all who help set up and pack up.
It's a big job and the help is appreciated.***

THE BRIDGE

CONTRIBUTING TO THE BRIDGE

The Bridge is a bi-monthly independent community magazine for Balnarring and surrounding areas. The views expressed within are those of the writers and not necessarily those of the Editor, Community or any organisation. Financial contributions are welcomed and a form to fill in is within this issue should you wish to contribute a donation.

GUIDELINES FOR THE BRIDGE CONTRIBUTIONS

The contributor's name must appear with the article and contact information is recommended. If emailing, please use A4 page format with 1.5cm margins, 14 point font size and single spacing. Headings with a font of 18. Send as a Word or Pages format file to info@bridgemag.com.au or PO Box 248 Balnarring VIC 3926. Ideally, file sizes no bigger than 1.5MB please.

Deadlines for submissions are as follows:

January 10th (February/March issue)

March 10th (April/May issue)

May 10th (June/July issue)

July 10th (August/September issue)

September 10th (October/November issue)

November 10th (December/January issue)

Our number of pages is limited so "first come, first served". Submissions for multiple issues must be made each issue unless otherwise agreed. Acronyms to be written in full at first mention followed by the acronym in brackets, e.g. "Community Centre (C.C.)".

The primary focus of The Bridge is to promote free community events. Volunteer organisations are encouraged to submit up to one page per month and will not be charged. All entries that create income, including employment and housing, count as adverts. **"What's On" entries are Free with a paid advert, or a small fee applies for income-creating entries otherwise.** Personal words from individuals are also free to enter. Businesses holding events, workshops, etc. in the coming months are encouraged to contribute.

Content that speaks negatively of any individual or group will not be published. Groups should comment on their own activities only, unless in appreciation. The editorial review team reserve the right to edit and/or refuse contributions where necessary. Copyright on images used remains the responsibility of the contributor, and photographers must be credited.

Please contact us for ad rates or visit our website www.bridgemag.com.au.
Please send queries regarding fees to info@bridgemag.com.au



THE BRIDGE

WHAT'S ON December 2019 and January 2020

| Date | Time | What | Where |
|-----------------------|------------------|--|--|
| December 2019 | | | |
| Sun 1 st | 12 noon | Save Westernport Community BBQ | Stone Pavillion |
| Wed 4 th | 8-11pm | Balnarring Musos Open Mike Night | Balnarring Hall |
| Fri 6 th | ---- From 6pm | Grand Live: Queen Forever Christmas Carols and Family Movie Night | Grand Hotel M'ton Balnarring Village Common |
| Sat 7 th | 12pm-4pm ---- | Western Port Yacht Club: Discover Sailing Balnarring Picnic Racing Club races | WP Yacht Club Coolart Rd, Bal |
| Fri 13 th | ---- | Grand Live: Killing Heidi | Grand Hotel M'ton |
| Wed 18 th | 8-11pm | Balnarring Musos Open Mike Night | Balnarring Hall |
| Fri 20 th | 10am ---- | Combined Probus Club of Balnarring Grand Live: The Forever 80s Party | Balnarring Hall Grand Hotel M'ton |
| Sun 22 nd | 1-7pm | Balnarring Annual Community Picnic | Balnarring Village Common |
| Sun 29 th | ---- | Grand Live: Spiderbait | Grand Hotel M'ton |
| Tues 31 st | 7pm | Peninsula SongRiders: President Roots & friends | WP Yacht Club |
| January 2020 | | | |
| Wed 1 st | 8-11pm | Balnarring Musos Open Mike Night | Balnarring Hall |
| Fri 3 rd | ---- | Grand Live: Ruby Fields | Grand Hotel M'ton |
| Fri 10 th | ---- | Grand Live: Bootleg Rascal | Grand Hotel M'ton |
| Sat 11 th | 10am | Balnarring Beach Community Assoc AGM | WP Yacht Club |
| Sun 12 th | ---- | Balnarring Picnic Racing Club races | Coolart Rd, Bal |
| Wed 15 th | 8-11pm | Balnarring Musos Open Mike Night | Balnarring Hall |
| Fri 17 th | 10am | Combined Probus Club of Balnarring | Balnarring Hall |
| Wed 22 nd | 10am | Balnarring Ladies Probus meeting | Balnarring Hall |
| Sat 25 th | 7pm | Peninsula SongRiders: Carus Thompson and Ben Smith | Western Port Yacht Club |
| Sun 26 th | ---- | Balnarring Picnic Racing Club races | Coolart Rd, Bal |
| Wed 29 th | 8-11pm | Balnarring Musos Open Mike Night | Balnarring Hall |
| Fri 31 st | 9.30am | Balnarring Men's Probus Club meeting | Balnarring Hall |

For more info www.bridgemag.com.au